



COUNTY OF YOLO

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Probation Chief Takes Home the Gold

(Woodland, CA) – Before moving on to Sacramento County, former Yolo County Chief Probation Officer Don Meyer, age 65, represented Yolo County this past year as he competed in three different weightlifting events, ultimately bringing home four gold medals.

Don Meyer's first competition was in May, 2009 at the Davis Athletic Club, participating in an event sponsored by Yolo County District Attorney Jeff Reisig which supported the Sexual Assault and Domestic Violence Center. Chief Meyer bench pressed 295 pounds, winning both his age and weight division.

In June, he participated in the Western States Police and Fire Games, held in Santa Clarita, California. He won two gold medals, one for bench pressing 297 pounds and the other for lifting 633 pounds in the Push/Pull competition.

Just before leaving Yolo County, Chief Meyer participated in the World Police and Fire Games, held in Vancouver, British Columbia at the beginning of August. He won two gold medals, one in the bench press, lifting 303 pounds and the other in the push/pull competition lifting 677 pounds. Both marks surpassed the previous World Police and Fire Games records by over 80 pounds.

"I clearly qualify as a senior citizen and didn't seriously start lifting weights until my early 50s," said Don Meyer. "I hope this sets a positive example for other senior citizens who should know that life truly begins at 60."

"Don Meyer was an extraordinary Chief Probation Officer for Yolo County who served us well in many ways," said Yolo County Board of Supervisors Chair Mike McGowan. "Not only did he bring home the 'gold,' he also did this on his time and his dime. His generosity, talent and enthusiasm show no bounds."

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