



COUNTY OF YOLO

Office of the County Administrator

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FOR IMMEDIATE RELEASE
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Community Meetings re: Novel H1N1 Influenza

(Woodland, CA) – The Yolo County Health Department continues to hold community meetings throughout Yolo County to discuss Novel H1N1 Influenza to provide community members opportunity to ask questions and learn how they can protect themselves. Upcoming community meetings include:

Woodland - Held August 20

Davis – Held August 31

Winters – Held September 3

Knights Landing

September 9, 6:30 p.m. in Spanish / 7:00 p.m. in English
Knights Landing Community Center
Northeast Corner of 7th and Oak Grove, Knights Landing

Madison

September 10, 6:30 p.m. in Spanish / 7:00 p.m. in English
Madison Town Hall
29041 Main Street, Madison

Dunnigan, Yolo, Zamora

September 14, 7:00 p.m.
Zamora Town Hall
9810 Blacks Street, Zamora

West Sacramento

September 16, 5:30 p.m. (for Russian-speaking community)
Russian Baptist Church
1000 Sacramento Avenue, West Sacramento

September 16, 7:00 p.m. (Spanish translation will be available)
City Council Chambers

(online streaming: http://www.cityofwestsacramento.org/city/agendas/meeting_videos/default.asp)
1110 W. Capitol Avenue, West Sacramento

Esparto

September 17, 6:30 p.m. in Spanish / 7:00 p.m. in English

Esparto Boy Scout Cabin

Yolo & South Grafton, Esparto

Yolo County Health Officer Dr. Joseph Iser would like to remind all Yolo County residents to take the following precautions to protect themselves from becoming ill:

- Wash your hands with soap and warm water to get rid of germs and to prevent the spread of disease. If you do not have soap and water, use a waterless hand gel with an alcohol base of at least 60%.
- Avoid kissing or shaking hands with people, and do not share food, drinks or utensils.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- Get the vaccine for seasonal flu, and if you are in a risk group for H1N1, get that vaccine when it becomes available.

For more information on Novel H1N1 Influenza, visit: www.yolocounty.org.

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Attached: Preparing for the Flu Season (in English, Spanish & Russian)