

2010

November

Premature Death

Forty-two percent of Yolo County residents do not live to age 75.



Yolo County. © Michal Venera/Yolo Natural Heritage Program.

Most of us expect to live a long and healthy life. However, in 2007, 42% of all Yolo County resident deaths occurred before attaining the age of 75.³³ Analysis of deaths that occur before the age of 75 (a standard cut-off in public health) offers insight into potentially preventable events (e.g., motor vehicle accidents, homicides, suicides) and some diseases (e.g., coronary heart disease, diabetes, lung cancer) that may be prevented with a healthy lifestyle (routine exercise, eating healthy, stopping smoking) and better controlled through early diagnosis and treatment. Attention to these causes of death now may improve our lifespan and overall quality of life well into the 70s, 80s, 90s and beyond.

Rank	Leading Causes of Premature Death, 2005-07, Yolo County ³³
1	Coronary Heart Disease
2	Motor Vehicle Accidents
3	Suicide
4	Lung Cancer
5	Chronic Liver Disease
6	Stroke
7	Emphysema/COPD
8	Drug Overdose
9	Diabetes
10	Breast Cancer

American Diabetes Month • Lung Cancer Awareness Month • Alzheimer's Disease Awareness Month • Prematurity Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7 <i>Daylight Savings Ends</i>	8	9	10	11 <i>County Holiday Veterans Day</i>	12	13
14 <i>World Diabetes Day</i>	15	16	17	18	19	20 <i>Great American Smokeout</i>
21	22	23	24	25 <i>County Holiday Thanksgiving Day</i>	26 <i>County Holiday</i>	27
28	29	30	1	2	3	4

Leading Causes of Death by Gender, 2005-07, Yolo County³³

Rank	FEMALE: Leading Causes of Premature Death	Rank	MALE: Leading Causes of Premature Death
1	Coronary Heart Disease	1	Coronary Heart Disease
2	Motor Vehicle Accidents	2	Motor Vehicle Accidents
3	Lung Cancer	3	Suicide
4	Breast Cancer	4	Lung Cancer
5	Stroke	5	Chronic Liver Disease
6	Emphysema/COPD	6	Drug Overdose
7	Chronic Liver Disease	7	Diabetes
8	Suicide	8	Emphysema/COPD
9	Colorectal Cancer	9	Stroke
10	Drug Overdose	10	Infectious Viral Hepatitis



Knights Landing Cemetery. Copyright 2010 by Yolo County.

Leading Causes of Death by Ethnicity, 2005-07, Yolo County³³

Rank	HISPANIC: Leading Causes of Premature Death	Rank	NON-HISPANIC: Leading Causes of Premature Death
1	Motor Vehicle Accidents	1	Coronary Heart Disease
2	Coronary Heart Disease	2	Motor Vehicle Accidents
3	Chronic Liver Disease	3	Suicide
4	Homicide	4	Lung Cancer
5	Stroke	5	Emphysema/COPD
6	Suicide	6	Chronic Liver Disease
7	Colorectal Cancer	7	Drug Overdose
8	Diabetes	8	Stroke
9	Influenza/Pneumonia	9	Diabetes
10	Drug Overdose	10	Breast Cancer

- American Cancer Society
- American Heart Association
- American Lung Association
- California Department of Alcohol and Drug Programs

- www.cancer.org
- www.americanheart.org
- www.lungusa.org
- www.adp.ca.gov