



COUNTY OF YOLO

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Garden Goddesses Coming to Winters Community Library

(Woodland, CA) – What is there to gardening beyond tending roses or just growing parsley? Ever wonder what it would be like to grow your own food rather than a lawn? Or what sort of things to grow to spice up your life or cure what ails you? Meet the Garden Goddesses – Spring Warren and Kami McBride – who are making their first presentation and book-signing together on Wednesday, August 17 at 6:00 p.m. at the Winters Community Library located at 708 Railroad Avenue in Winters.

Spring Warren, author of *The Quarter Acre Farm*, will talk about her experience in growing 75% of her food on her own quarter-acre residential lot in Davis. Not one inch of her front or back yard is wasted, all filled with a bounty from fresh greens to fruit trees, as well as a backyard chicken coop. Ms. Warren will talk about how she learned about residential farming, all on her own, one step at a time.

Kami McBride, author of *The Herbal Kitchen*, will discuss the many things that can easily be grown in the Yolo County area to ease coughs and allergies, soothe skin rashes and be sipped as relaxing teas. An expert on herbal medicine, Ms. McBride teaches classes on topics ranging from making lotions to a full-year course on herbal medicine. She has led numerous hikes at Stebbins Cold Canyon to teach participants about the many healthful plants that are native to the area.

Both women are Davis residents and will have copies of their books at the talk for purchase and signing. This visit from the Garden Goddesses is sponsored by the Yolo County Library.

“This is a great opportunity to learn what you can do in your own backyard from experts right here in Yolo County’s backyard,” said Yolo County Librarian Patty Wong.

For more information, call the Winters Community Library (530) 795-4955 or Debra DeAngelo (530) 795-4551.

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