



COUNTY OF YOLO

Office of the County Administrator

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Older Adult Book Group Meets January 12

(Woodland, CA) –The Mary L. Stephens Davis Branch Library, located at 315 East 14th Street in Davis, welcomes readers to the Active Older Adult Reading and Discussion Group on Thursday, January 12, 11:00 a.m. to 12:30 p.m. in the Blanchard Room.

The active older adult book group shares and explores resources on aging, especially those related to good health and a positive attitude, including having a healthy body, healthy lifestyle and an active mind. This month, instead of discussing a specific book, all are encouraged to bring an article, editorial or book about healthy aging for discussion.

No reservations are required. The Blanchard Room of the Mary L. Stephens Davis Branch Library is accessible for persons with disabilities. Presented by the Yolo County Library, all programs are free. For more information, contact Joan Tuss (530)757-5588 or joan.tuss@yolocounty.org.

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