

2012 Yolo County Library Summer Reading Suggestions for Adults

NON-FICTION

Factory Girls, by Leslie T. Chang

An eye-opening and previously untold story, *Factory Girls* is the first look into the everyday lives of the migrant factory population in China.

The Warmth of Other Suns: The Epic Story of America's Great Migration, by Isabel Wilkerson

From 1915 to 1970, almost six million African-Americans move from the South to Northern and Western states in a historic migration that changes our country.

Horse Soldiers: The Extraordinary Story of a Band of U.S Soldiers Who Rode to Victory in Afghanistan by Doug Stanton

U.S. Special Forces soldiers secretly enter Afghanistan after 9/11 and ride horses against the Taliban to capture a strategically key city.

The Memory Palace: A Memoir, by Mira Bartók

Memories lost after a terrible accident lead a young woman to seek out her gifted but schizophrenic mother in an effort to unlock her past.

Blood, Bones & Butter: The Inadvertent Education of a Reluctant Chef, by Gabrielle Hamilton

A woman chronicles her path through a New Jersey childhood and a dysfunctional family life to become the successful chef / owner of NYC's East Village Prune restaurant.

Little Princes: One Man's Promise to Bring Home the Lost Children of Nepal, by Conor Grennan

Volunteering at an orphanage in Nepal, a young man uncovers a terrible secret that turns into a dangerous rescue mission that will change his life.

Sweet Judy Blue Eyes: My life in Music, by Judy Collins

A vivid, highly evocative memoir of one of the reigning icons of folk music, highlighting the decade of the '60s, when hits like "Both Sides Now" catapulted her to international fame.

My Song: a Memoir, by Harry Belafonte

Harry Belafonte is not just one of the greatest entertainers of our time; he has led one of the great American lives of the last century.

From This Moment On, by Shania Twain

The world may know Shania Twain as many things: a music legend, a mother, and recently, a fixture in the news for her painful, public divorce and subsequent marriage to a cherished friend.

David Bowie: Starman, by Paul Trynka

Trynka illuminates Bowie's seemingly contradictory life and his many re-inventions as an artist, offering more than 300 new interviews

Red: My Uncensored Life in Rock, by Sammy Hagar

Sammy Hagar-legendary lead singer of Van Halen, founder of the Cabo Wabo Tequila brand, and one of rock music's most notoriously successful performers

Trust me, I'm Dr. Ozzy: Advice From Rock's Ultimate Survivor, by Ozzy Osbourne

Wondering if science could explain how he survived his 40-year avalanche of drugs and alcohol. Part humor, part memoir, and part bad advice,

American Sniper: the Autobiography of the Most Lethal Sniper in U.S. Military History, by Chris Kyle

A member of Navy SEAL Team 3 describes his life as a father and husband, and as the serviceman with the most confirmed sniper kills in the history of the United States military while serving in Iraq and Afghanistan.

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Are You Smart Enough to Work at Google? Trick questions, Zen-like Riddles, Insanely Difficult Puzzles, and other Devious Interviewing Techniques you need to know to get a job in the new economy, by William Poundstone

Presents answers and solutions to some of the weirdest and most challenging interview questions and discusses the importance of creative thinking and how to beat your competition in today's job market.

Bossypants, by Tina Fey

From her youthful days as a vicious nerd to her tour of duty on Saturday Night Live; from her passionately halfhearted pursuit of physical beauty to her life as a mother eating things off the floor; from her one-sided college romance to her nearly fatal honeymoon, comedian Tina Fey reveals all, and proves that you're no one until someone calls you bossy.

Drift: the Unmooring of American Military Power, by Rachel Maddow

Explains how the focus on national security is actually compromising national stability, tracing the historical events and contributing factors that have promoted a deeply militarized American culture.

Escape from Camp 14: One Man's Remarkable Odyssey from North Korea to Freedom in the West, by Blaine Harden

North Korea is isolated and hungry, bankrupt and belligerent. It is also armed with nuclear weapons. Between 150,000 and 200,000 people are being held in its political prison camps, which have existed twice as long as Stalin's Soviet gulags and twelve times as long as the Nazi concentration camps. Very few born and raised in these camps have escaped. But Shin Donghyuk did.

Moneyball: the Art of Winning an Unfair Game, by Michael Lewis

This book explains how Billy Beene, the general manager of the Oakland Athletics, is using a new kind of thinking to build a successful and winning baseball team without spending enormous sums of money.

Power of Habit: Why We Do What We Do in Life and Business, by Charles Duhigg

Identifies the neurological processes behind behaviors, explains how self-control and success are largely driven by habits, and shares scientifically-based guidelines for achieving personal goals and overall well-being by adjusting specific habits.

Quiet: the Power of Introverts in a World That Can't Stop Talking, by Susan Cain

Demonstrates how introverted people are misunderstood and undervalued in modern culture, charting the rise of extrovert ideology while sharing anecdotal examples of how to use introvert talents to adapt to various situations.

Some Assembly Required: a Journal of my Son's First Son, by Anne Lamott

In Some Assembly Required, Anne Lamott enters a new and unexpected chapter of her own life: grandmotherhood.

Thinking, Fast and Slow, by Daniel Kahneman

A psychologist draws on years of research to introduce his "machinery of the mind" model on human decision making to reveal the faults and capabilities of intuitive versus logical thinking.

Wild: From Lost to Found on the Pacific Crest Trail, by Cheryl Strayed

Traces the personal crisis the author endured after the death of her mother and a painful divorce, which prompted her ambition to undertake a dangerous 1,100-mile solo hike that both drove her to rock bottom and helped her to heal

How we do harm: a doctor breaks ranks about being sick in America, by Otis Webb Brawley

Exposes the underbelly of healthcare today—the overtreatment of the rich, the under treatment of the poor, the financial conflicts of interest

This is how, by Augusten Burroughs. Groundbreaking book that explores how to survive the "un-survivable" and will challenge your notion of self-help books.