



For information concerning the Statewide Adolescent Family Life Program, contact:

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## Adolescent Family Life Program

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## About the Program

The Adolescent Family Life Program (AFLP) serves California's pregnant and parenting adolescents. It is designed to improve their health, social, and economic well-being and enhance their education.

AFLP is administered by the California Department of Public Health, Maternal, Child and Adolescent Health Program.

The Maternal, Child and Adolescent Health Program funds agencies throughout California to provide AFLP case management services to eligible teens. Agencies may be located in hospitals, schools, public health departments, or community organizations.

## Program History

The program began in 1985, based on successful models in Los Angeles and San Francisco.

During the first three years, 4,000 clients were initially targeted. By the end of the first three years, 5,570 pregnant and/or parenting teens had participated in AFLP.

The program has achieved national recognition from the American Medical Association for excellence as an innovative program for improving the outcome and reducing the incidence of teen pregnancy.

In recognition of the effectiveness of the AFLP, the California legislature approved its expansion in 1988. As of 2008, there are 41 AFLP agencies, serving over 17,000 pregnant and/or parenting teens throughout California.

## Services Provided

AFLP provides case management services to eligible pregnant and/or parenting teens. Based on a comprehensive assessment of need, AFLP case management services may include but are not limited to:

- Building self-esteem
- Prioritizing personal goals
- Assisting with staying in or returning to school
- Attaining a positive pregnancy outcome
- Developing effective parenting skills
- Obtaining social and economic independence
- Locating and utilizing appropriate community resources such as:
  - Pre and post-natal care
  - Mental health services
  - Domestic violence intervention
  - Sexually transmitted infection education and prevention
  - HIV and AIDS education and prevention
  - Family planning services
  - Parenting education
  - Food
  - Shelter
  - Clothing

## Services Provided (Continued)

- Substance abuse intervention
- Child Care
- Vocational assistance and counseling

Services are provided to eligible clients regardless of socioeconomic status, race, ethnicity, or physical, developmental, or mental disability.

## Client Eligibility

Eligible teens must be pregnant and/or parenting. Services are provided to females up to age 20 years and males up to age 21 years. The male client must be actively involved in caring for the child (children). Adolescents that are not Cal-Learn eligible can be served by AFLP.

## Payment for Services

Clients served by the Adolescent Family Life Program are not charged for the case management services provided.

