



COUNTY OF YOLO

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Celebrate National Public Health Week at Yolo County's Public Health Wellness Fair on April 3

(Woodland, CA) – Every year in the United States, seven out of ten deaths are due to preventable chronic diseases, such as diabetes and heart disease. In fact, chronic disease accounts for 75% of national health care spending, yet only 3% of health care dollars go toward prevention. The good news is there are steps that can be taken to turn these statistics around. To find out how, the community is invited to attend the Public Health Wellness Fair on Wednesday, April 3, 10:00 a.m. to 1:00 p.m. at the Yolo County Health Department, located at 137 N. Cottonwood Street in Woodland.

Yolo County's Public Health Wellness Fair is one of hundreds of National Public Health Week (April 1-7) events happening in communities nationwide. Free activities will include: Tdap immunizations; lead poisoning prevention demonstrations; car seat inspections; Health Check screenings (blood pressure, cholesterol, BMI), Sidewalk CPR; and information related to smoothie bike, nutrition, emergency preparedness, environmental health, WIC and breastfeeding peer counseling.

“The theme of this year's Public Health Week is on target – Public Health is Return on Investment: Save Lives, Save Money,” said Yolo County Health Officer Constance Caldwell, MD. “Preventing diseases before they start is critical to helping people live longer, healthier lives, while managing health-related costs. Many small preventive steps can add up to make a big difference in transforming a health care system focused on treatment to one that equally values prevention.”

“Chronic diseases cause Americans to miss 2.5 billion days of work each year, resulting in lost productivity totaling more than \$1 trillion,” said Yolo County Board of Supervisors Chair Duane Chamberlain. “Strong public health systems are critical for sustaining and improving community health.”

Yolo County's Public Health Wellness Fair is supported by Yolo County departments, Woodland Bike Campaign, Yolo County Children's Alliance, Woodland Catholic Healthcare West, Sacramento-Yolo Mosquito & Vector Control District, UC Davis Fire Department, Food Bank of Yolo County, CommuniCare Health Centers, First 5 Yolo, American Medical Response, Sexual Assault & Domestic Violence Center and RSVP-Yolo.

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