Free Public Health & Wellness Fair

Date: Wednesday, April 3, 2013

<u>Time:</u> 10:00 a.m. - 1:00 p.m.

Location: 137 N. Cottonwood St. Woodland, CA 95695



Ride your Bike!!! Free Bike Safety Checks & Helmet Fittings







CELEBRATE NATIONAL PUBLIC HEALTH WEEK!

Free Activities include:

- Tdap immunizations
- Smoothie Bike and Nutrition Information
- Lead Poisoning Prevention Demo
- Car Seat Inspections
- Emergency Preparedness Information
- Environmental Health Information
- WIC & Breastfeeding Peer Counseling Information
- Health Check screenings (blood pressure, cholesterol, BMI)
- Sidewalk CPR
- And Much More!!



For More Information Please Contact: Ana Enriquez @ 530-666-8749 For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP, an equal opportunity provider and employer. Visit www.cachampionsforchange.net for healthy tips. •California Department of Public Health