



# COUNTY OF YOLO

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## **Don't Miss Yolo County's Public Health and Wellness Fair on April 3**

**(Woodland, CA)** – The Health and Wellness Fair, scheduled for Wednesday, April 3, 10:00 a.m. to 1:00 p.m. at the Yolo County Health Department located at 137 N. Cottonwood Street in Woodland, is growing thanks to the many partners in health throughout Yolo County wishing to observe and support National Public Health Week (April 1-7).

Yolo County's Public Health and Wellness Fair is one of hundreds of National Public Health Week events happening in communities nationwide. In Yolo County, there will be 31 exhibitors with free items and interactive activities for all ages. Recent additions to the day's activities include: a cookbook raffle every 15 minutes; eye examinations; bike checks and helmet fittings; car seat inspections [must call (530) 666-8561 in advance for an appointment], mosquito prevention demonstrations; a proper hand washing station; and information related to Medi-Cal and Cal Fresh eligibility, emergency packs and container patching to avoid potential hazardous leaks into the environment.

Previously advertised activities include: Tdap immunizations; lead poisoning prevention demonstrations; car seat inspections; Health Check screenings (blood pressure, cholesterol, BMI), Sidewalk CPR; and information related to smoothie bike, nutrition, emergency preparedness, environmental health, WIC and breastfeeding peer counseling.

The theme of this year's Public Health Week is "Public Health is Return on Investment: Save Lives, Save Money". The Yolo County Health Department and its partners encourage the entire community to join them in supporting National Public Health Week by riding their bikes and attending this free event with friends and family.

Yolo County's Public Health Wellness Fair is supported by Yolo County departments, Network for a Healthy California, Northern Valley Indian Health, Red Cross, Lions International, First 5 Yolo, Planned Parenthood, 211 Yolo, California Telephone Access Program, Woodland Bike Campaign, Yolo County Children's Alliance, Woodland Catholic Healthcare West, Sacramento-Yolo Mosquito & Vector Control District, UC Davis Fire Department, Food Bank of Yolo County, CommuniCare Health Centers, First 5 Yolo, American Medical Response, Sexual Assault & Domestic Violence Center and RSVP-Yolo.

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