



Turning Point Community Programs

Mission & History

- **Mission Statement**

Turning Point Community Programs provides integrated, cost effective mental health services, employment and housing for adults, children and their families that promote recovery, independence and self-sufficiency.

- **History**

- Year Founded- 1976
- TPCP has had a long history of providing adults with recovery-oriented services that are both multi-disciplinary and highly individualized, including outreach and engagement (to un-served or underserved individuals, including those who are homeless, incarcerated, living in remote areas, or challenged in recognizing the need for treatment), psychiatric services, 24/7 crisis/on-call support, case management with focused aftercare planning, peer support, substance abuse treatment, and both individual and group therapy/counseling.
- Our primary goals are to prevent recidivism and promote recovery by providing multi-agency care, support and treatment. We also provide services to other demographics, including services for children, youth, and families, which aim to remove or reduce risk factors such as unsafe environments, exposure to violence, and bullying behaviors, and replace them with protective factors promoting wellness and resilience.

Budget & Staffing

- Annual Budget – 25 million
- # of employees – 18 Part-time & 292 Full-time
- Type of Staff:
 - Program Directors (13)
 - Assistant Program Directors (5)
 - Regional Managers (3)
 - Executive Managers (5)
 - Medical Staff (22)
 - 7 medical staff are from UC Davis
 - Career Exploration (46)
 - Support Staff/Direct Service Staff (216)

Our Programs

○ Counties Served

- Sacramento
- Merced
- Nevada
- Placer
- Stanislaus
- Yolo

○ Types of Services (Adults)

- ACT
- Homeless/Housing
- Co-Occurring
- Warm Line
- Respite
- Crisis Residential
- Full-Service Partnerships
- Full and Partial WRAP Around
- Harm Reduction treatment Groups

○ Types of Services (Children)

- Therapeutic Behavioral Services
- Parent-Child Interaction Therapy
- Trauma Focused CBT
- Alternatives for Families CBT
- Aggression Replacement Training
- Latino Multi-Family Group
- Developmental and Social/Emotional Screening

- **Turning Point Yolo ACT**
- **Pine Tree Gardens**
- **Yolo Limited Housing Support Services
(YLHSS)**
- **Free to Choose**
- **Cool Beans!**

Program Description

Turning Point's Yolo ACT program provides intensive, team-based, mental health treatment and community supports to adults with mental illness. The services assist individuals with a history of psychiatric hospitalizations to become more fully integrated into the greater community as they work toward their personal recovery.

Services Provided

- Skill Development/Symptom Management
- Medication Supports
- Managing Activities of Daily Living
- Psychiatric/Nursing Services
- Building Resilience into Life Roles
- Advocacy
- Housing Support
- Individual Therapy
- Groups
- 24/7 crisis support

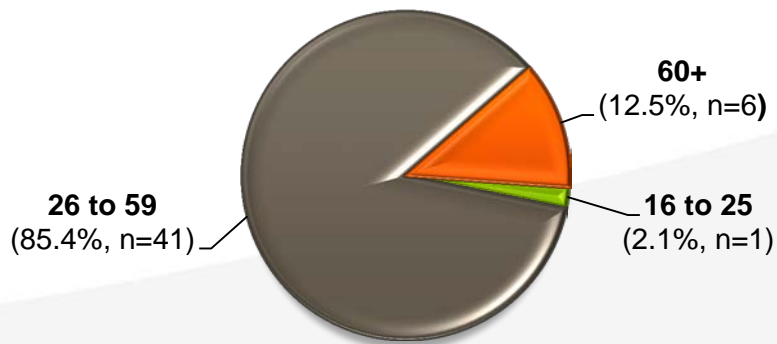
Referrals made through Yolo County Dept. of Drug, Alcohol and Mental Health

Yolo ACT

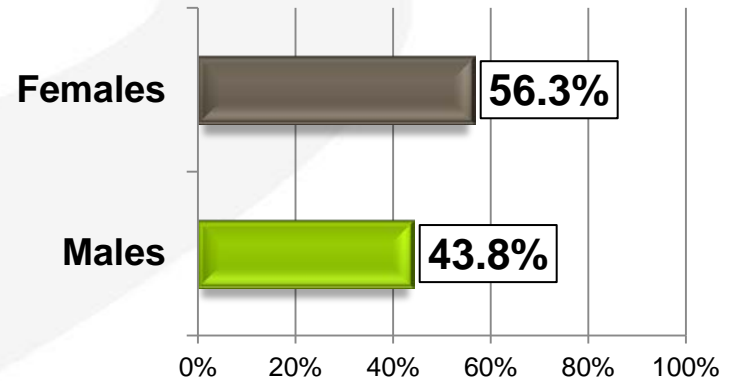
Unduplicated Clients Served (July-Dec., 2012)

48

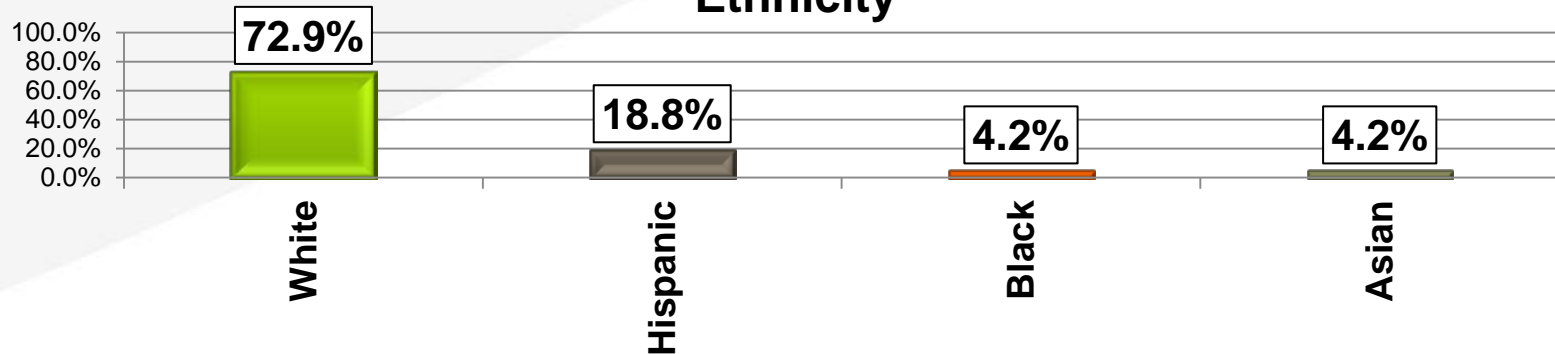
Age



Gender



Ethnicity



Program Description

Turning Point Pine Tree Gardens offers adults with a history of serious and persistent mental illness a range of supports to help them build more independent, meaningful lives. Day Treatment services help create a support system that enables them to reach their rehabilitative goals and to realize new milestones in their lives. Groups and individual instruction are designed to educate our clients about their illness and develop the skills necessary to maintain productive and meaningful activity. Additionally, our program encourages community involvement and peer interaction to help build important social and life skills for more independent living.

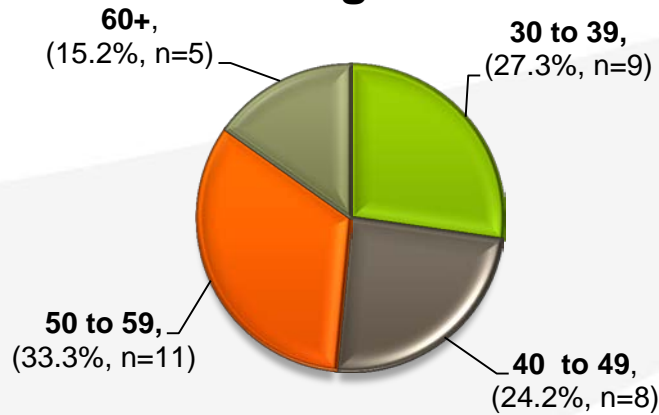
Services Provided

- Social and Recreational Activities
- Psychosocial Rehabilitation
- Transitional Independent Living Program
- Individualized treatment planning
- Linkages to community supports
- Money Management
- Day Rehabilitation
- Education on Mental Illness
- Self Help Support Systems
- Relapse Prevention Skills
- Basic Skills for Everyday Living

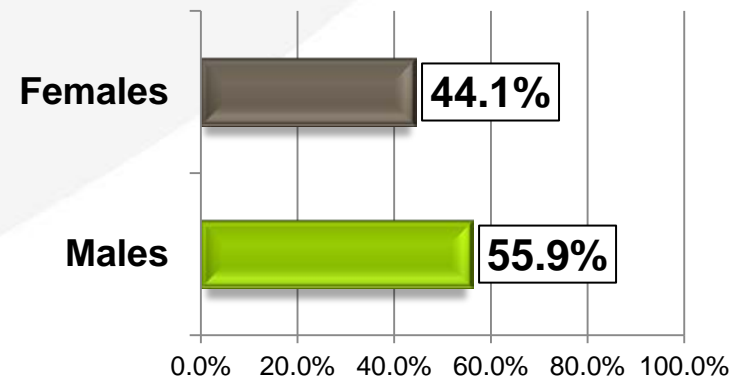
Pine Tree Gardens

| Unduplicated Clients Served | (July-Dec., 2012) | 33 |
|--|-------------------|-----|
| Total Days of Day Treatment/Rehab Groups | | 123 |
| Total Groups Held (3 grps/day) | | 369 |
| Total Group Hours Held (2.5hrs/group) | | 923 |

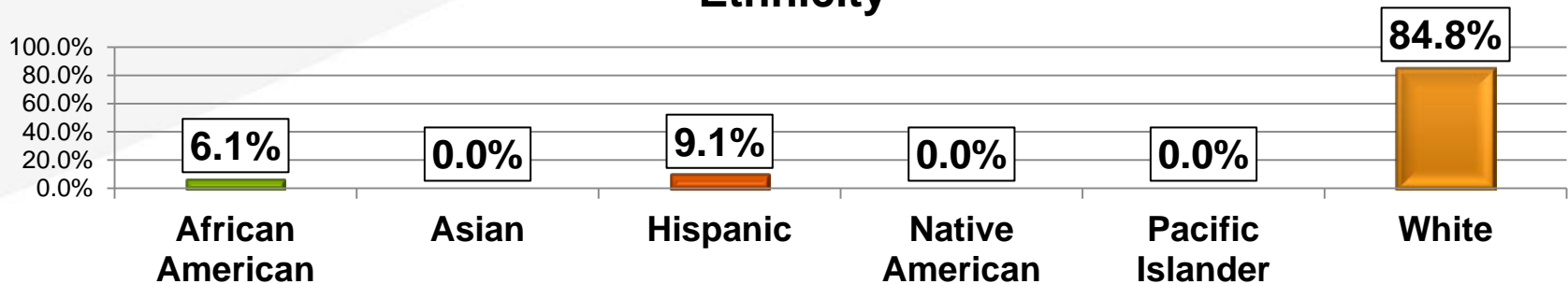
Age



Gender



Ethnicity



Program Description

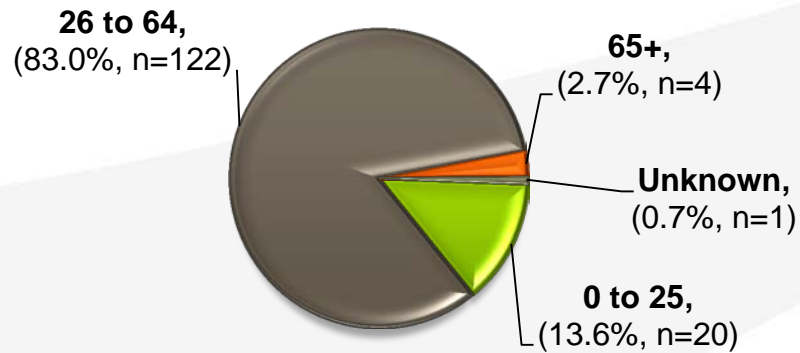
The Yolo County Limited Housing Support Services (LHSS) provide housing support for mentally ill adults with a history of homelessness. LHSS provide services 24 hours a day, seven days a week, including: supported housing, employment and education; volunteer work opportunities; social, recreational and community integration activities; and referral and linkage to other services. Services are offered in a recovery model that emphasizes consumer/member choice, and a commitment to work with every member for as long as necessary on his/her road to recovery.

Services Provided

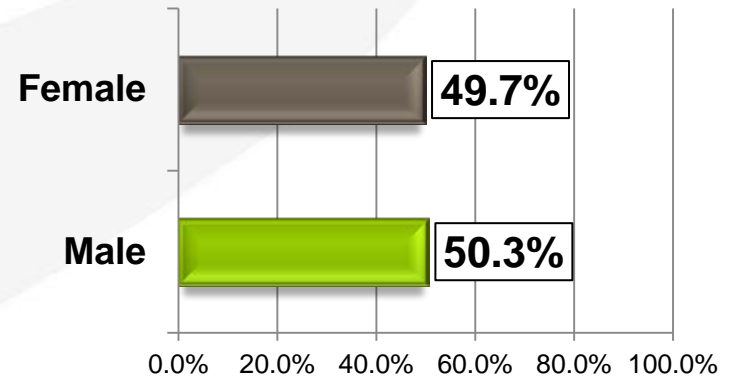
- Supported housing, employment, and education
- Volunteer work opportunities
- Benefits Counseling
- Social, recreational, and community integration activities
- Referral and linkage to:
 - Self-help, recovery and peer support groups
 - Benefits counseling
 - Substance abuse treatment
 - Veterans services
 - Independent living skills training
 - Health assessments and referrals
 - Psychiatric assessment and services
 - Warm-line and crisis response, 24 hours per day, every day

| | | |
|---|--------------------------|------------|
| Clients Served (Practical Support) | (July-Dec., 2012) | 147 |
| Unduplicated Clients Served | | 44 |

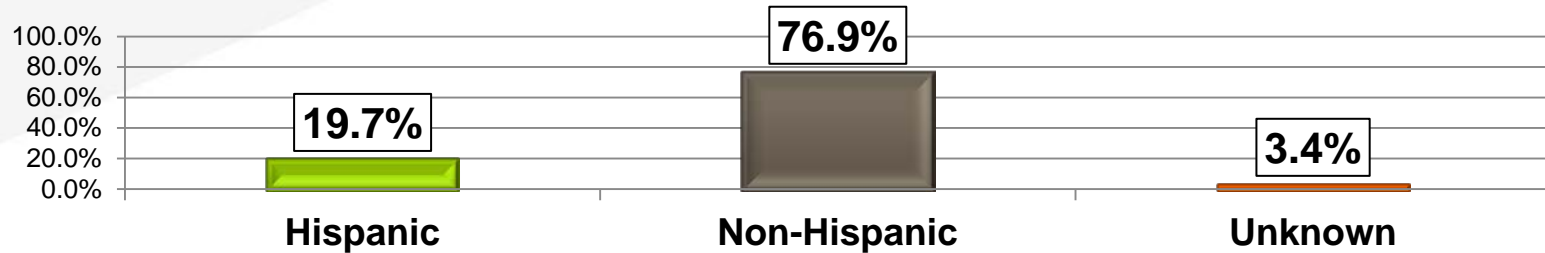
Age



Gender



Ethnicity



Program Description

FTC offers adults with a history of mental illness and co-occurring substance abuse, individualized treatment and supports. Our Alcohol/Drug and Peer Counselors provide both individual and group support opportunities through a Harm Reduction model, ideal for clients who can't or won't accept abstinence as the only goal, or as a requirement for getting help. Groups currently operating in Davis, West Sacramento, Woodland.

Services Provided

- Co-occurring Disorder Assessments
- Community Integration
- Individual therapy or referrals
- Step-down peer-facilitated groups
- Case Management
- Resource Linkage
- Peer Counseling
- Group Counseling

Referrals made through Yolo County Dept. of Drug, Alcohol and Mental Health Wellness program

Free to Choose

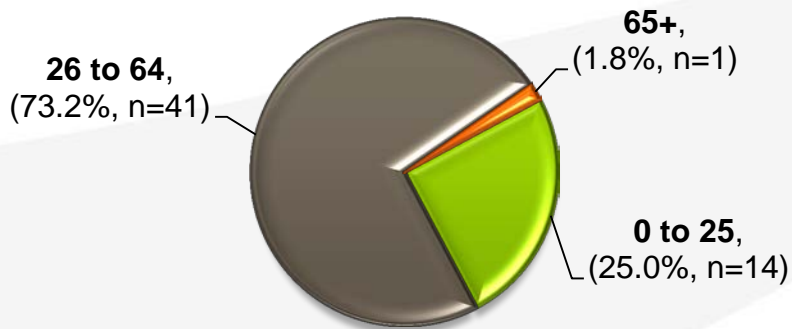
Unduplicated Clients Served

(July-Dec., 2012)

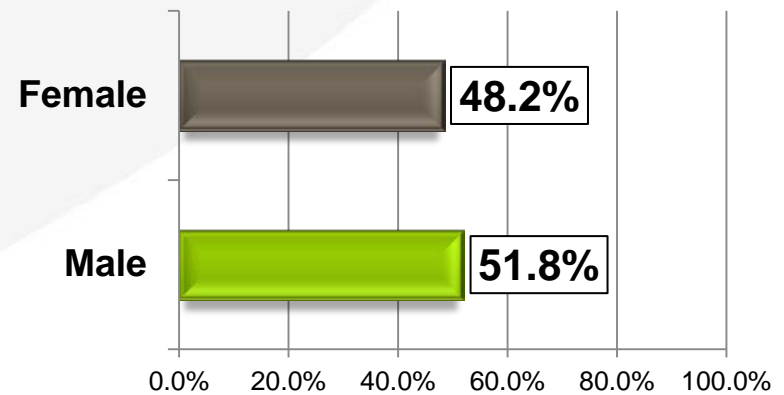
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- **Groups Locations:** Davis (2) and Woodland (2)
- **Individual Support Locations:** Davis, Woodland, W. Sacramento, Winters

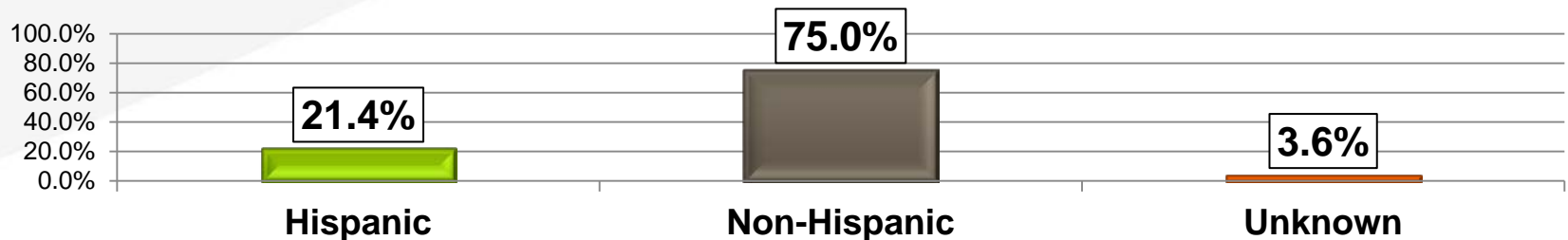
Age



Gender



Ethnicity



Program Description

The Cool Beans coffee cart provides employment and job training for mentally ill adults receiving mental health services in Yolo County.

The coffee cart provides training in general work orientation, safety, coffee production, time management, customer service, and register operation.

Services are offered in a recovery model that emphasizes consumer/ member choice, and a commitment to work with every member to help them transition into independent employment in the community. The program is run mainly by consumers, with some support from staff, and a majority of the training is done by peers.



Between July and December 2012...

- Cool Beans had a gross sales amount of \$12,795.54
- A total of 9 mental health consumers were employed
 - 7 males
 - 2 females



Contact Information

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***Yolo ACT, Pine Tree Gardens,
Free to Choose, Cool Beans!***

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