



YOLO COUNTY
ALCOHOL, DRUG AND MENTAL HEALTH DEPARTMENT
POLICY AND PROCEDURES MANUAL

SUBJECT: Adolescent / Youth Treatment Services

POLICY

Substance-related disorders among youth occur in varying degrees of severity. A youth's AOD use can range from experimental use with minimal consequences to abuse and dependence with continued severe consequences. The level and type of treatment provided should be consistent with the youth's degree of AOD problem severity. Biopsychosocial factors should be considered in order to maximize the benefit youth will obtain from treatment.

PROCEDURE

In compliance with the regulations for Substance Abuse Prevention and Treatment (SAPT) block grant funding, Adolescent/Youth Treatment funds will be used for alcohol and other drug treatment for adolescent and youth. Services will be provided through community contractors and county providers.

- 1) The target population for youth treatment is individuals ages 12 through 17 (inclusive).
- 2) To serve youth ages 18 through 21 and individuals younger than 12, the program, should:
 - a) Document clinical appropriateness individually for each client: and
 - b) Have a written protocol that addresses developmentally appropriate services for that age group.

Additionally, treatment will adhere to the Youth Treatment Guidelines and any evidence-based practices employed for youth treatment must be recognized by SAMHSA.

REFERENCES

Youth Treatment Guidelines (attached)

ATTACHMENTS

State of California, Department of Alcohol and Drug Programs Youth Treatment Guidelines

APPROVED BY:

ADMH Director

Date