



# COUNTY OF YOLO

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## Healthy Yolo: Our Community, Our Future

(Woodland, CA) – Today, the Yolo County Health Department launched a countywide strategic planning initiative to enhance the health and wellbeing for all in Yolo County, entitled “Healthy Yolo: Our Community, Our Future”. Healthy Yolo is a long-term systematic effort to improve community health. Over the next 18 months, Healthy Yolo will engage the community and strengthen the local public health system through a process where community members can come together to share and understand the specific health concerns and strengths of their community, prioritize public health issues, and determine goals and strategies to achieve a healthier Yolo County.

Looking ahead, Healthy Yolo will be conducting four community assessments throughout Yolo County. The community’s health status will be assessed looking at health issues, contributing factors and demographics. Community open houses and focus groups will be held where community members will be asked about strengths and assets of their community, perception of quality of life and health issues that concern them. Key leaders will provide information on trends, events and factors that can influence health in our community. Local public health agencies will meet to assess the competencies and capacities of our local public health system.

Based on the assessment findings, Healthy Yolo will help Yolo County communities prioritize public health issues, develop goals and strategies, identify resources and take action. Healthy Yolo will publish a community health assessment that will combine the information from the four assessments. In addition, a community health improvement plan will be published reflecting the identified health issues, formulated goals and strategies, and the action plan.

To learn more about Healthy Yolo, contact:

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