## THIS IS ONLY A DRILL!!!

# ANTHRAX DRILL POST EXPOSURE PROPHYLLAXIS DRUGS

## **DOXYCYCLINE 100 MG. TABLETS**

You have been given this drug to prevent potential Anthrax infection after a biohazard alarm in your facility. <u>Begin taking this medicine immediately</u> and continue until instructed to stop. You will be informed if you need and additional supply of the drug if Anthrax is positively found in the facility.

Doxycycline belongs to a class of drugs called tetracycline antibiotics. It is approved by the Centers for Disease Control to protect people who have been exposed to anthrax spores.

## How to take Doxycycline

Dosage: Take 1 tablet every 12 hours

- Take Doxycycline with food and at least one full glass of water.
- Avoid taking antacids (Tums or Maalox) Questran, Colestid, dairy products (milk or yogurt), calcium, iron supplements, or vitamins for 3 hours before or after taking Doxycycline.
- <u>If you miss a dose</u>, start taking 1 pill every 12 hours. Do not take 2 pills to make up for the missed dose.
- <u>Finish your pills, even if you feel okay</u>, unless your doctor tells you to stop. If you stop this medicine too soon you may become ill.

#### **Side Effects**

- Common side effects of this drug include upset stomach, vomiting, or diarrhea.
- Less common side effects include dark urine, yellowing of the eyes or skin, sore throat, fever, unusual bleeding or bruising, fatigue, or white patches in the mouth.
- If any of these symptoms occur, call your doctor immediately.

## Allergic Reactions are rare

Signs of an allergic reaction are rash, itching, swelling of the tongue, hands, or feet, and trouble breathing. If any of these occur, call your doctor immediately.

## **Precautions**

- Doxycycline can make the skin sensitive to the sun, which increases the chance of severe sunburn. Avoid the sun as much as possible. When outside, wear a long sleeve shirt and a hat. Always apply sunscreen (30 SPF)
- Birth control pills may not work well when taking this medication. <u>Use an</u> alternate form of birth control while taking this medication.

## If you have questions call your doctor or 800-xxx-xxxx