



MEETING MINUTES

Monday, August 5, 2013, 7:00 PM

137 N. Cottonwood St., Woodland, CA 95695 – Bauer Building, Walker/Thomson Conference Room

Members Present: Davis Campbell; Robert Canning, Vice-Chair; Martha Flammer; June Forbes; Michael Hebda; Caren Livingstone; Supervisor Don Saylor; Robert Schelen; Chair; Robert Sommer; Janlee Wong; Tawny Yambrovich

Members Excused: Brad Anderson; Bret Bandley; Richard Bellows; Tom Waltz;

Staff Present: Mark Bryan, Deputy Director ADMH
Jill Cook, Director Health Department & ADMH
Emily Henderson, Assistant Deputy to Don Saylor
Makayle Neuvert, ADMH Administrative Assistant
Treva Sue Strain, Deputy Director ADMH

Community Members: Sally Mandujan; Steven Godden; John Buck; Marilyn Schwartz

1. Call to Order and Introductions – The August 5th, 2013 Special Meeting of the LMHB was called to order at 7:02 PM.

2. Public Comment –

Marilyn Schwartz offered updates to her previous comments (see meeting minutes dated 05/28/13): After talks with the Sheriff, the following changes have been implemented.

- New “rip less” mattresses were ordered for those on suicide watch.
- Short term medication for released individuals has been instituted with funding from either the Sheriff or AB 109, as applicable.

3. Approval of Agenda – Motion: June Forbes, **Second:** Michael Hebda, **Discussion:** None, **Vote:** Passes unanimously

4. Department of Public Health/ Department of Alcohol, Drug and Mental Health Leadership Merger –

Patrick Blacklock, CAO, shared the following with the Board members:

- Proposed Structure: A single executive team for both departments with the current ADMH Deputy Directors, Mark Bryan and Treva Sue Strain offering expanded support roles.
 - Timing: Timing is driven by the BOS interest in integration and related success as an “Evidence Based” or “Best” Practice model. Also, Kim Suderman’s retirement has created need for a decision. Salary savings from the vacant position is not the primary reason for the decision and this savings will not necessarily be removed from the department.

LOCAL MENTAL HEALTH BOARD – MEETING MINUTES

Monday, August 5, 2013

- Mental Health Visibility: Mental health is going to rise in visibility with this proposed structure as one team will be looking at the whole person. Examples of increased prominence include the Health Department's coordination of Community-wide Health Assessments and the high community interest in mental health. Also, the BOS wants mental health to be a top policy issue per recent meeting feedback.
- RDA Study Update: A review of the purpose and 4 phases of the report were shared; 1) Readiness, 2) Literature Review, 3) Fiscal Analysis, 4) Recommendation. Once the final recommendation is available (anticipated in October,) stakeholders including the LMHB will be asked to review and offer feedback to the BOS.
- LMHB Role: Per the County code, the LMHB plays a role in the choice of the Mental Health Director. The plan is to return to the August 26th 2013 LMHB meeting and ask the members to officially weigh in on the following plan:
 - Mark Bryan will fill the Mental Health Director role
 - Jill Cook will be the Administrative Lead over both departments
 - Then hold until the RDA report is ready for review and move forward after this...

Jill Cook, Director – Health Department, shared the following with the Board members:

- Jill gave an overview of her education and career history, highlighting her Yolo County roots, having begun her career here, as well as her successful implementation of behavioral health screenings for those she worked with in Solano County.
- Jill returned to Yolo County Health Department two years ago as the Director but her nursing origins make her very client centric. She is interested in prioritizing mental health issues and substance use disorders. She supports holistic health – treating the whole person. Also well versed in stigma reduction.
- The Health Department is already a collaborating partner with ADMH, e.g. IGT funds and Community and Demonstration Garden.
- She has reviewed the Strategic Plan and appreciates the path provided, appreciates the Board members, and welcomes questions and feedback.
- Healthy Yolo: This program is a grass roots, comprehensive community health concerns review being conducted now. Mental health was ranked the highest concern at a recent Davis event. The outcomes of this program will direct the community health improvement plan.
- She and Mark are already working closely and plan to offer updates as available on a variety of current issues.

Mark Bryan, Deputy Director – ADMH, shared the following with the Board members:

- With just under 20 years with the County, he has both clinical and administrative experience.
- Considering the Healthy Yolo ranking of mental health, an Health and ADMH integration is a way of getting care for those who are the sickest and in need.

Supv. Don Saylor, shared the following with the Board members:

- Supports Patrick's decision and the proposed structure change
- Jill brings energy and numerous accomplishments. Including her ACA efforts, CMSP and increases in the number of beneficiaries and participation, cost savings to the

LOCAL MENTAL HEALTH BOARD – MEETING MINUTES
Monday, August 5, 2013

county, her advocated changes in ambulance services, IGT success, etc. Jill and Patrick's advocacy in the recent statewide budget crisis that affected counties and the resulting, "Yolo Model" saved county from significant cuts.

Treva Sue Strain, Deputy Director – ADMH, shared the following with the Board members:

- Introduced herself and shared some of her career details and history. She has confidence in the changes and also believes in treating the whole person.

Questions and Comments from the Board Members:

Suggestion: Member(s) would like to encourage more LMHB representation from the Hispanic community citing changes in the immigrant population including increased education.

Question: Regarding the Health Council (HC) and LMHB relationship, how will the relationship with the HC impact mental health from an ordinance perspective? Who would be the reigning advisory body?

- Jill: This is under review and they are meeting in September to address this and other issues.
- Tawny: As the HC representative, she invited others to share concerns.

Question: Regarding the LMHB's role in appointment process of Mental Health Director, what is the difference between Director versus Administrator?

- The Mental Health Director is subject to the regulatory requirements that they must fall into one of the following 4 categories of education and/or experience or get an exemption, then; they may or may not report to an administrator.

Question: What is the timeline for the actual appointment?

- Kim's retirement is on 09/13/13, the BOS meeting on 09/10/13 so the 08/26/13 LMHB meeting leads into the BOS meeting.

Question: What does the health department provide for clients and the community?

- Jill: There are many different programs under public health including , indigent, the contract for jail medical, CA Children's Services case management, infections disease, WIC, healthy nutrition network, etc...foods,
- Pat: Prior to Jill, costs for indigent service increased significantly; we now act as the healthcare plan and have successfully expanded services.

Question: Regarding jail services and public comments (referenced M. Schwartz), the Sheriff is offering new mattresses and short-term meds at discharge. Concern was expressed as to ADMH not providing meds immediately at discharge.

- Since ADMH is not the responsible party to provide meds immediately at discharge for all inmates, this will be covered by the Sheriff or ADMH, as applicable.
- Jill: The Health Department contracts with CFMG to provide healthcare service in the jail but she is not familiar with any other conversation regarding this issue. This has always been a challenge, inmates being released without coverage so in the past, agreements with pharmacies have been made under indigent health. Some of the work with the DRC and Jail is making efforts to correct these issues.
- Patrick: The Sheriff may not be privy to or familiar with the AB109 planning thus far.
- June: The priority should be on reestablishing of SSI and medication availability.

LOCAL MENTAL HEALTH BOARD – MEETING MINUTES
Monday, August 5, 2013

- Marilyn: She clarified that the health and mental health treatment receive provided the jail was fine.

Comment: With 2014 coming up and suspected inundation of needs, what kind of measurements will be used to gage success? Maintaining stability in programs and mental health in general is important and communication is key. Mark's role will be critical but there is concern that this is moving too quickly and this decision feels abrupt.

- Suggestion: Perhaps the LMHB executive committee could be involved in future confidential discussions and decisions.

Comment: Integration is not evident if a family member is going to the Sheriff to ask for changes such as getting new beds in the Jail (*Note—these are specialized beds designed to protect inmates by preventing them from using bed materials in an unhealthy and unintended way*).

- Comment: Housing is a big issue and should be related to the integrated agency along with the jails. It's not just physical health but housing, jail, continuing care, etc.; the whole picture should be kept in mind. Who is offering case management? Many efforts feel crisis oriented and this is reflected in Steinberg's funding and focus on crisis.
- Comment: An example can be seen with AB109 and public safety. A big wave of releases are expected. It is anticipated that these released inmates will have health, mental health, and related needs. The potential to offer support and prevent recidivism seems possible but not if the efforts are separated out by a single department, which is less effective.
- Comment: Concern that diverse communities are not adequately served because of the model and staffing used. Immigration reform offers another example where integration could be beneficial. With reform we may see increases in the numbers of people seen consuming services.

Question: Why did you not conduct a search for a new Director?

- Patrick: The BOS supports and believes in integration and Jill instills great confidence. A new person might want to move in a different direction and cause instability with new ideas and practices.

Suggestion: From a training aspect, civic groups (e.g. Moose, Masons, Odd Fellows) are good options to consider. Suggests cooperation between the County, city and civic groups or churches to get training integrated in the community.

Comment: It seems that the public schools and other (based on the Healthy Yolo outcomes in Davis) access to mental health services is not widely known. The referral process is not clear, what outreach are we doing to be sure people have access to services?

Suggestion: We have a network of non-profits that offer services, we should ask for meeting time to discover specific populations served.

Comment: There is a potential for a more powerful voice in single agency representative such as Jill Cook.

Comment: Lauds responsiveness of Sheriff and agrees that he should not have learned of issues in this way. Aftercare is needed and appropriate for AB109. June proposes we send a letter outlining these items.

Comment: The LMHB's primary responsibility is to voice to BOS for this community. There are nine statutory requirements that Board must fill. With a small subcommittee, we are working on these through fall.

LOCAL MENTAL HEALTH BOARD – MEETING MINUTES
Monday, August 5, 2013

Comment: There is shared hope for continued consumer support, public awareness, and continued or increased access to support, e.g. suicide prevention.

Comment: It was clarified that for now the integration is only on the administration side and RDA report is looking at all 3 departments from a service and program perspective. Patrick reviewed goals of RDA.

Comment: Parity will result from integration of mental health into the health system.

Suggestion: A request for a complete discussion on the organization of Health Department was made along with an organization chart.

5. LMHB Chair Report – Bob Schelen, Chair

- Legislative Report: Senator Steinberg has added money in the state budget to deal with crisis services. This is relevant to the Strategic Plan goals. Questions on the availability and timing of the funds were asked. Martha shared that they still need to develop a process for accessing this money. No “All County Letter” has been received yet but is presumably being worked on. The LMHB/ ADMH will track this information. The LMHB members were encouraged to consider what this opportunity may look like in Yolo County.
- Handout shared and discussed: SB 22 and SB585
- Former congressman Kennedy’s link was mentioned and members were encouraged to watch.

Supv. Saylor announced that this is Emily Henderson’s last LMHB meeting as she is moving. We all wished her well.

6. Adjournment – The meeting was adjourned at 8:25 PM

7. Next Meeting Date and Location – Monday, August 26th, 2013, 600 A Street, Davis, CA 95616 – Community Conference Room