

LOCAL MENTAL HEALTH BOARD

137 N. Cottonwood Street, Suite 2500 Woodland CA 95695 Office – 530-666-8516 Fax – 530-666-8294

# MEETING MINUTES

- Monday, August 26, 2013, 7:00 PM 600 A Street, Davis, CA, 95616 Community Conference Room
- Members Present: Brad Anderson; Bret Bandley; Richard Bellows; Davis Campbell; Robert Canning, Vice-Chair; Martha Guerrero; June Forbes; Caren Livingstone; Supervisor Don Saylor; Robert Schelen, Chair; Robert Sommer; Tawny Yambrovich
- Members Excused: Tom Waltz; Janlee Wong
- Staff Present:Patrick Blacklock, County Administrator<br/>Mark Bryan, ADMH Deputy Director<br/>Jill Cook, Director Health Department & ADMH<br/>Makayle Neuvert, ADMH Administrative Assistant<br/>Steve Rea, Assistant Deputy to Supv. Don Saylor<br/>Kim Suderman, ADMH Director<br/>Treva Sue Strain, Deputy Director ADMH
- Community Members: Lindsey Weston; Suzanna Gee; Sally Mandujan; Marilyn Schwartz
- 1. Call to Order and Introductions The August 26, 2013 Local Mental Health Board (LMHB) meeting was called to order at 7:01 PM; introductions were made.
- 2. Public Comment:

**Marilynn Schwartz:** requests support and a call to action regarding the following and the combined relationship to treatment of those with mental health issues:

- Expresses concern regarding the turn-over of psychiatrists at ADMH. Update is requested.
- Recommends that a protocol be established between ADMH and jail to provide continuity of care for mentally ill inmates at discharge. Follow-up is requested.
- Reports difficulties with obtaining 5150's and is concerned that those with mental health issues are being criminalized.

# Sally Mandujan:

- Representing NAMI Yolo, regarding the recent death at the jail and the relationship of polydipsia, requested some follow-up on how to recognize polydipsia for those in jails.
- Requests copies of draft LMHB minutes in advance of the meetings.
- 3. Approval of Agenda Motion: Davis, Second: June, Discussion: None, Vote: Passes unanimously

4. Approval of Minutes from June 24, 2013– Motion: Robert, Second: Martha, Discussion: None, Vote: 1 abstention, passes

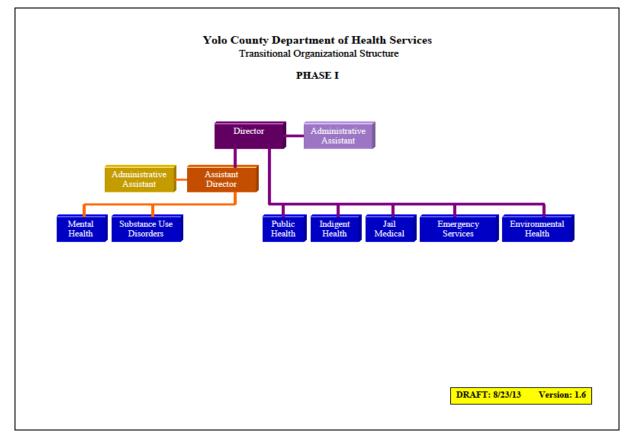
Approval of Minutes from August 5, 2013 – Motion: Tawny, Second: Richard, Discussion: Question asked that clarified that Mark Bryan does have a clinical background, Vote: Passes unanimously

5. Announcements and Correspondence – Richard Bellows

<u>Stroll through History</u> – and event being held on 09/07/13 in Woodland, CA. Flyers and information shared.

- 6. Review and Make a Recommendation to the Board of Supervisors on the Proposed Unified Leadership Structure for the Alcohol, Drug and Mental Health and Health Departments – Patrick Blacklock, CAO requested support in the following, with regard to the 08/05/13 special meeting:
  - The combined leadership structure of the Yolo County Alcohol, Drug and Mental Health (ADMH) Department and Health Department (HD) organized under the administrative lead of Jill Cook, current HD Director and also with Mark Bryan, current ADMH Deputy Director, taking on an expanded role as the Mental Health Director and Alcohol and Drug Administrator.
  - Asked for LMHB Member feedback and interests, (e.g. using the strategic plan as a guiding document, what do you want the leadership to focus on or follow-up on)

**Jill Cook** introduced the organizational chart which was reviewed and discussed. This is a transitional phase organizational chart showing the structure until the RDA report is received. Feedback and guidance from the Board members was/is requested. The vision is to achieve parity for mental health and take a holistic approach to health.



There is a history of Public Health encompassing Mental Health in other counties. Kim and Jill collaborated frequently on projects. Some discussion of how the loss of the ADMH director will not initially have significant impacts on day to day operations, adding Jill will allow the department to continue forward in the short term with limited impact on daily operations, while the Health and Human Services Study is completed.

#### Comments regarding the organizational chart included:

- While this is a transitional phase organizational chart showing the structure and not daily operations—which is awaiting the RDA report, some would have preferred more information. It was noted that the structure inserts another level between the ADMH director and the CAO, and it was clarified that they are only voting on Jill and Mark's positions, not the structure under them. Supv. Don Saylor reiterated that the org chart is a visual representation of the shell structure but this is phased and only the initial structure. The inherent unsteadiness of an acting director makes appointing Jill the preferable choice since she is already invested and familiar with the goals and mission.
- There were concerns about the Director's time to manage all these responsibilities, and questions as to why make the change without the RDA report. A "super whip" idea was introduced to regulate the flow of information going to Jill so she is not overwhelmed. It was explained that the structure is expected to change significantly. Clinical, policy, and fiscal operations are all areas that will be addressed as the RDA report is reviewed, with a holistic approach to the consumer and the delivery system.

#### **Regarding Timing:**

- Members were still unsure why these changes are taking place at this time. Supv. Don Saylor outlined the practicality of the decision due to a departing director (Kim Suderman's retirement,) combined with the BOS strong desire for integration and in the void of the upcoming RDA report. Jill will be able to provide leadership during the transition process or whatever direction the BOS decides to take. Even though the RDA report is expected shortly, it will not result in immediate changes.
- The LMHB Members are crucial to providing insight, input, and will have an opportunity to participate with suggestions and aide in increasing visibility of mental health.

#### **Regarding financial motivations:**

Concerns were expressed as to whether this was a decision based on budget savings. It
was explained that even if money is not expended, it does not automatically return to the
General Fund. Mental Health Service Medi-Cal revenue does not work that way. Patrick
stated that any savings from consolidating staff would remain in the department. There
will be an opportunity for the LMHB Members to comment on where this money is used.

#### Regarding lack of LMHB Members involvement:

 Concern was expressed as to the quick decision, the LMHB not being involved, and given their role is to "advise" the BOS, requested assurance that their input would be sought and seriously considered. To do so effectively, a request was made for more background or understanding of the <u>rational rationale</u>, reference materials that led to this decision versus other options like making Mark Bryan the interim or acting director. There was an emphasis on their responsibility as representatives to be able to explain the plan going forward and to cite concerns.

#### Client Focused:

- There is a desire to see a move to a client driven services being the marker for success, which fits with one of the goals of the RDA report that focuses on the client.
- Questions were raised regarding public health's skill set in working with mental health clients, which would increase the resources to clients and reflect a client centric approach.

#### Moving forward, LMHB Members request:

• The Board is asked to focus on the "transition" aspect of the structure. Without these changes, the status quo remains and enhancement possibilities are limited. To do so, the LMHB needs to have information as decisions go along, not after the fact. And it was requested that more information be provided regarding programs and service flow, as the structure would flow under the administrative chart provided.

The board supports the transitional team put in place and will reserve how we recommend services be delivered until the RDA report is reviewed. Motion: Bret Bandley, Second: Richard Bellows, Vote: 1 abstention. Passes

**Discussion:** Concern was expressed that the LMHB mandate as an advisory body was not fulfilled. A request is made to the BOS and CAO that once the RDA document is finished, the LMHB receives a copy of the report before the BOS discusses it, and we get a chance to weigh in. Supv. Don Saylor and CAO Patrick Blacklock agree that the board will be engaged in this process from this point forward.

- 7. Laura's Law Update: Kim Suderman: ADMH is still working on the program details and plans to implement in September as planned. We are working to develop a tracking system to reflect those in the plan and those who don't meet criteria, etc. Other counties are looking into similar programs. We are meeting with the Sheriff and Public Defender next week and the plan details should be completed in the next few weeks. Mark Bryan will offer updates to the LMHB regularly, and to the BOS quarterly as agreed, with 1 presentation bi-annually.
  - When available, brochures/literature on the plan is requested.
  - <u>Community Corrections Partnership (CCP)</u> minutes requested for distribution to the LMHB Members. Members clarified that these minutes are not related to Laura' Law.

8. CalMHSA Update – Public Service Announcements on Mental Health Stigma and Suicide Prevention: From the <u>Directing Change Student Video Contest</u>, three submissions from each category were shown to the board, including the Yolo County submission. Suggestions for sharing with the community: These videos fall under prevention and this is a great example of social media and approach to youth.

- Show in schools? (Davis offered to assist)
- Add to local channels?
- Share website?
- Add to Yolo County website?
- Movie theater pre-trailers?
- NAMI Meeting?
- City Council/BOS meeting recess breaks?

Kim referenced the article that Martha sent on the audit of MHSA funds. <u>Mental Health</u> <u>Services Act, Report 2012-122 Full Report</u>, (<u>Brief Report</u>, & <u>Audit Advisory</u>.) The findings related to the counties were very positive but those regarding the State they were problematic. The State does not have a process for the counties to report consistently. Counties did direct data entry into their system; unfortunately the State has not returned any reports since the onset in 2005. A reminder was given that when reading the document, that when it states the "Mental Health Department," that is a reference to the State, not county mental health.

# 9. Department Report – Kim Suderman

- a. **The MHSA Plan Update is due,** and it is anticipated that it will be presented by Joan Beesley at the next meeting. This is the time to make small changes as long as it fits with our bigger plan. The WET dollars are expected to be part of this. This is not the 3 year plan that the consultant RDA will be facilitating with Stakeholders, where the LMHB among others will be encouraged to participate, along with consumers, providers, NAMI, the community, etc.
- b. Crisis Intervention Program (CIP): A Bidders Conference was held and 4 agencies attended. Today was the closing date for submissions and no responses were received. We will be contacting other counties and various contacts to seek a provider. A brief CIP overview was shared including the shift concept and data collection method. The goal is to focus on de-escalating situations and to prevent 5150s.
- c. Transition: Jill and Kim have been meeting weekly to ensure a smooth transition.

# **10. Board of Supervisors Report –** Don Saylor

- a. The BOS has taken a break, with the next meeting on 09/10/13. Planning sessions have been underway and these are built around questions of how to be more effective and strategically aligned. This is a time for strong leadership. In the fall, there will be a proposal for Jail construction and improvements. LMHB members are encouraged to pay attention and weigh-in. AB109 budget will be coming up again in early fall. Review the CCP minutes to see how this is unfolding.
- b. The LMHB is making great progress and valuable contributions. Just in the past year; Laura's Law, Mental Health Court, Inter-Governmental Transfer (IGT) and CIP, etc.
- c. The Bauer Building Community Garden dedication and naming is being held on 09/23/13.
- d. New staff member introduced, Steve Rea, Assistant Deputy to Supervisor Don Saylor. He is a recent US Davis graduate, sensitive to mental health issues and stigma from military experience. Invited emails and requests.

# 11. LMHB Chair Report – Bob Schelen, Chair,

# a. Concerns/suggested agenda items for September discussion:

Extend an invitation to Sheriff or representative to answer questions or offer feedback on concerns, including CFMG's role and Jill Cook's in oversight, including: Discuss ADMH and Sheriff coordination of discharging inmates' psychotropic medications, death related to polydipsia, procedures for suicide watch, inmate segregation based on MH issues, or send an invitation to the Sheriff, the Chiefs of Police, and the State Dept. of Corrections for policy responses to concerns.

At Patrick's suggestion, Robert, June, and Bob will work together in narrowing the focus. The letter/approach/invitation will be decided at a later point.

- b. Legislative Report: Handout shared and briefly discussion.
  - SB82 Meeting this Thursday (see link)
  - SB 364 information shared
  - Bureau State Audit report, as referenced by Kim in the Department Report
- c. This is Kim's last meeting: She was honored for her leadership in an adverse time and wished well in her retirement.
- d. The LMHB bylaws are in process and will be shared, per the implementation of the strategic plan. They may be available for adoption in October.
- e. We anticipate a joint meeting in November with the Aging Alliance to discuss mental health issues among aging populations.
- **12. Adjournment –** The meeting was adjourned at 10:05 PM.
- **13. Next Meeting Date and Location** Monday, September 23<sup>rd</sup>, 2013, 500 Jefferson Blvd., West Sacramento, CA 95605 River City Conference Room