

Michele Kellogg, LCSW 2/20/14

# Yolo Community Care Continuum Mission Statement

Yolo Community Care Continuum is a non-profit organization established to better the lives of people with a mental illness through direct services, advocacy, education and volunteer efforts.

YCCC excels as a dynamic presence in our community. Our goal is to provide client driven services that assist people to attain the highest level of mental health possible.

# YCCC History

- Founded in 1979
- Started with funding from the Bates Bill
- Farmhouse was the first program
- Safe Harbor
- New Dimensions Supported Housing
- \* GAP

#### The Farmhouse

- Rural Davis
- Transition to independent living
- Long term residential program
  - Independent living skills
  - > Pre vocational program
  - Transition to supportive housing
- Outcome: Moves individuals from long term locked hospitalization to supportive housing
- Farm to Mouth Program



#### New Dimensions Supportive Housing

- Co-op Houses: 9 bedrooms
  - Davis, Woodland
  - > Affordable to those on SSI
- SHP co-op housing: 9 bedrooms
  - Woodland
  - For those who do not have SSI
- New Dimensions Apartments: 15 units
  - Woodland
  - > Residents pay 1/3 of their income
- Homestead Co-op Apartments: 21 units
  - Davis
  - > Affordable for those on SSI
- Outcome: 90% do not use hospital services



# YCCC Main/GAP Office

- Originally a day rehabilitation and wellness center
- Greater Access Program (GAP)
  - Serves unserved/underserved with a serious mental illness
  - Assists with benefits acquisition, accessing medicines, psychiatric evaluation, case management, crisis residential mental health services, residential substance abuse treatment, and connection to community supports



#### Safe Harbor Crisis House

- Semi-rural Woodland
- Short term residential program
  - > Crisis intervention for acute episodes
  - > Step between hospital & home
  - > Define & limit crisis
  - > Plan immediate future
  - Mobilize appropriate resources
  - Group & individual counseling
- Outcome: Reduces hospitalization during crisis

# Safe Harbor Crisis House





# **Budget & Staffing**

- \$2.23 Million budget per year
- County contracts, Insurance contracts, Federal funding, Grants and Private donations
- 54 full time and part time employees
- Bachelor's level, Master's level, and Master's level interns make up the staff
- Volunteers used for specific program projects
- Nursing students provide health support

#### Who we serve

- Over 500 unduplicated clients served in all the programs
- Ethnic breakdown
  - 60% Caucasian
  - 20% Hispanic
  - 10% African American
  - 5% Asian/Pacific Islander
  - 5% Other ethnicities

### Types of Services

#### Categories

- Adult Services
- Substance Abuse Services
- Outpatient
- \* Residential
- Vocational

#### **Target Population**

- Mild to moderate
- \* Homeless

# Funding Streams

- Medi-Cal referrals come thru ADMH
- Safe Harbor is on the insurance panels of Kaiser Permanente, Magellan, and Insight
- Single case agreements
- Private Pay
- New Dignity Health grant allows referrals from Suicide Prevention to Safe Harbor

## Referral Pathways

- Call the program directly
- Call insurance provider to get authorization for residential treatment
- Call GAP to get a referral to that program
- Call ADMH for any Medi-Cal client

# Contact information YCCC Main Office

Phone: 530-758-2160

Website: www.y3c.org

Email: main@y3c.org



A community resource since 1979

**Building Hope**