

LOCAL MENTAL HEALTH BOARD

137 N. Cottonwood Street, Suite 2500 Woodland CA 95695 Office – 530-666-8516 Fax – 530-666-8294

MEETING MINUTES

Monday, January 27, 2014, 7:00 PM – 9:00 PM

Davis Police Department Community Room, 2600 5th Street, Davis, CA 95618

- Members Present: Brad Anderson; Bret Bandley; Richard Bellows; Davis Campbell; Robert Canning, Vice-Chair; Martha Guerrero; June Forbes; Michael Hebda; Nicki King; Caren Livingstone; Supervisor Don Saylor; Robert Schelen, Chair; Tom Waltz; Janlee Wong; Tawny Yambrovich
- Members Excused: None

Staff Present:	Patrick Blacklock, County Administrator Joan Beesley, MHSA Program Manager, ADMH Mark Bryan, Mental Health Director, Asst. Director of Health Services Jill Cook, Director of Health Services Makayle Neuvert, ADMH Administrative Assistant Steve Rea, Assistant Deputy to Don Saylor
Community Members:	Sally Mandujan; Nancy Temple; Leslie Carroll; Diane Sommers; Ting Ting Lee; Anne Hadreas; Cass Sylvia
Others/Guests:	Roberta Chambers, RDA; Rvan Wythe, RDA

- 1. Call to Order and Introductions The January 27, 2014 meeting of the Local Mental Health Board (LMHB) was called to order at 7:04 PM. Brief introductions were made.
- 2. Public Comment: None
- 3. Approval of Agenda: Motion: Robert, Second: Janlee, Discussion: None, Vote: Passes unanimously
- **4.** Approval of Minutes from December 2, 2013: Motion: Richard, Second: Robert, Discussion: Typo correction requested, page 2, last paragraph, regarding FSP, change "no" to "now", Vote: Passes unanimously

5. Announcements and Correspondence:

Mark Bryan announced that ADMH has been awarded the first of the Senate Bill 82 (Mental Health Wellness Act of 2013) grants, administered by Mental Health Services Oversight and Accountability Commission which funds crisis triage personnel. This will allow: expansion of the Crisis Intervention Program (CIP) already planned as a pilot within the department. Resource Development Associates (RDA) was congratulated for writing a proposal that received the highest score in the state. We were fully funded for \$1.7 million. This amount will be coupled with the current Intergovernmental Transfer (IGT) funds designated for the CIP pilot program. The second of the SB82 grants administered by the California Health Facilities Financing Authority was submitted and a decision is expected in the coming weeks. This proposal was dedicated to expanding crisis capacity and written to purchase vehicles for mobile crisis. Brief specifics on both grant proposals were shared. SB82 talking points were requested for LMHB members.

June Forbes shared an announcement on the <u>NAMI Can-Do Program</u> details and suggested it as a volunteer opportunity.

Nancy Mandujan announced the upcoming <u>Pat Williams Mental Health Dinner</u> scheduled for 02/27/14 at the Davis Senior Center. Ticket are available.

6. MHSA 3-Year Program & Expenditure Plan – RDA

A <u>presentation</u>, <u>handout</u>, and <u>fiscal overview</u> were shared. The next step after receiving the LMHB recommendation is to present the final plan to the County Board of Supervisors on 02/11/14 for approval. Once approved, the RFP process will kick-off immediately after.

Comments regarding Information Technology related plan items and funding:

- Electronic Health Records continue to be instituted
- Electronic Prescribing was recently put in place
- iPads for clinicians in the field
- We are in the beginning stages of allowing electronic record access to select county providers at various level of access as determined by their services. Additional information was requested for a future discussion.

Questions/Answers and Comments:

Q: What is the status of the MHSA housing dollars as applies to the homeless components? A: Approximately \$3.1 million was assigned to CAL HFA in 2008. Progress is working slow with the intention to use the dollars appropriately while navigating the regulations and parameters. Our department has been working with the Housing Authority since 2009 and recently went through a RFA process which identified a developer, Mercy Housing. Within a planned 75 unit complex, fifteen units plus twenty years of subsidizing has been planned as permanent supportive housing for FSP clients. The location is not yet zoned.

Q: Are budgets included and do they include SMART goals? Concern was shared that the represented numbers seem disconnected.

A: Budgets were confirmed as being part of the plan development process. Also, data was reported as difficult to gather for this plan and SMART goals will not likely be found in the plan but mostly because it is not a required element. ADMH is utilizing ad hoc committees pulled from our provider stakeholder group to review and develop outcome measures to collect data on the impact that MHSA dollars are having on the mental health community. This effort in underway but will be influenced by the LMHB and the BOS.

Q: What is the plan to meet the workforce shortage needs? What proportion/percentage will be interns, family members, or professionals?

A: The plan does not specifically offer this information in percentages but some detail is reflected in the background budgets that were developed and these include numbers of FTE projected. Larger budgets were created but were not required to be included in the plan. Interns in the Senior Peer Counseling area are specifically outlined to address this identified gap. In other areas, the workforce component of this plan creatively addresses gaps and meets the shortage at the same time.

Comment: The state-wide MHSA review did not fare well and this causes some concern if Yolo County's plan is not complete with detailed budgets. Budgets are necessary and should directly relate to the plan elements.

Additional member comments submitted in writing were briefly read through but sent directly to RDA for inclusion in the process.

Clarifications were made that "proposed" items in the plan were those that would be put in place should the plan be approved. Additional feedback and opinions on the process were shared based

on stakeholders who participated, needs reflected and comparisons to previous planning cycles. The values that inform all decision of the plan were clarified as impacting all the plan programs.

Clarification and discussion of the Crisis Intervention Team (CIT) training program took place including the relationship between CIT and CIP or SB82. Current potential hindrances to CIT participation include the high number of course hours that are required. The current contract and course hour commitment is in place but this may be modified as we move forward, potentially along with evaluation/refreshing of course materials. Comments were gathered by ADMH in consideration of future RFP. Where CIP comes to play with law enforcement, there is an opportunity for a culture shift in terms of the available options for those in crisis. The experience with CIP and SB82 included a high level of law enforcement support. The original support for CIT was very high but manpower and coverage are universal challenges all agencies face.

The LMHB made a motion to approve the MHSA 3-Year Program & Expenditure Plan.

Motion: Caren, **Second:** June, **Discussion**: Occurred following the presentation and then an amendment was discussed and streamlined to the following:

The LMHB approves the MHSA 3-Year Program & Expenditure Plan with the amendment that staff will bring back in March a list of what measureable outcomes will be looked at or resulting from the plan; and then we will put forth a regularly scheduled review of those outcomes.

Vote: Yes: 12, No: 2, Abstention: 1

- Janlee Wong voted against the recommendation because of the missing performance measurements.
- Brad Anderson abstained from voting because he did not feel he had a full understanding of the plan nor agreement with the philosophies in the plan.

7. Health & Human Services Integration Update – Mark Bryan, Jill Cook, and Joan Planell

Mark, Jill, and Joan gave an update to the LMHB on the plans for a single phase integration of the departments of ADMH, Health and Employment and Social Services into a Health and Human Services Department. RDA has completed the work on the HHS study project and will be issuing a final report to the BOS on 01/28/14 in which they recommend that the county should proceed and look at a HHS approach with the three departments. RDA suggested a two-step approach. Unify Health and ADMH under Jill, then later making a fuller integration with DESS. Mark, Jill, and Joan will be recommending to the BOS a single phase integration of all three departments using the calendar year 2014 to develop a plan the implementation. The goal is to streamline the processes and make it simpler for clients to access the services. Wrapping services around the recipient and creating a unified presentation and application: where there is "no wrong door" for accessing services. As a combined department there is more opportunity to offer services to rural areas and better support clients. If this approach is approved by the BOS updates will continue and this will be a recurring agenda item.

Joan Planell introduced herself and agreed with the necessity for outcome measures of which she believes there are three levels:

- 1. Outputs: What did we do?
- 2. Ratings and Feedback: How well did we do?
- 3. Results: Is anyone better off and did we make a difference?

The proposal to the BOS will include the establishment of a baseline in all three of these areas and we will reviewed and inform forward momentum.

Janlee called a **Point of Order** to consider the time allotted to this topic. The Chair, with agreement of multiple other board members, allowed limited additional discussion.

Concerns and comments shared by LMHB Members have been aggregated below:

- Many members expressed support of the decision and approach.
- Both board members and the public expressed concerns that under an integrated system, mental health and mental illness need to be an important part of the process including improved treatment and improved delivery of treatment.
- If a common database with access to client records is implemented, it will require planning and protections of confidential information.
- The LMHB members did not get to review the RDA recommendation prior to presentation to the BOS.
- Outcome measures are needed.
- Feedback on changes to staff and job descriptions was requested as available
- Additional integration is needed with the District Attorney, Law Enforcements, etc.
- There is skepticism in that the three departments have limited success separately, what will improve when they are combined?
- Transportation for rural clients may pose a problem to a central location but centralized services may make the effort and time commitment worthwhile.
- Increased access, limited bureaucracy, and more streamlined services would be a benefit.
- There are concerns that mental health will get lost in the integration. The addition of a Mental Health Director will add representation.
- The plan to take a full year for planning was supported in order to effectively integrate staff mindsets.
- Leadership and inclusion of the LMHB input was applauded and asked to continue as the process moves forward.
- 8. Board of Supervisors Report Don Saylor
 - Supervisor Saylor welcomed Supervisor Jim Provenza and identified him as the alternate designated liaison to the LMHB. This coordination is consistent with the AB 109 realignment work, which both are members of the BOS appointed sub-committee on implementation.
 - Supervisor Saylor was very clear to note that the LMHB members' concerns are not going unheard. The BOS is focused on mental health and have identified mental health in Yolo County as a top priority. There are many mental health related BOS meeting agenda items in process; examples include the HHS Agency Integration Discussion and the Laura's Law / Assisted Outpatient Treatment Pilot on 01/28/14, and the MHSA 3-Year Program & Expenditure Plan 02/11/14.
 - Supervisor Saylor shared his support of the sentiment behind the HHS integration idea of "no wrong door" and the idea of wrapping cervices around clients.
 - BOS Vacancy Update: The position is still vacant however a nomination is expected soon.
 - Upcoming Meetings/Workshops: 2014 will include a series of policy workshops on various topics. Several BOS members are teaming on various ad hoc committees in order to review best practices and promote policy:
 - AB 109 Policy: Saylor/Provenza (update set for 01/28/14 BOS meeting)
 - Homelessness Issues: Saylor/Rexroad

- Domestic Violence: Saylor/Provenza
- Yolo Leaders Meeting: A special meeting including Yolo Leaders and with LMHB member representation is scheduled for 02/26/14. This workshop is focused on how different systems, (e.g. school districts, cities, or counties) interact in the world of mental health.

9. Department Report – Jill Cook and Mark Bryan

- a. Mental Health Director Recruitment Update: Final interviews for this position were completed on 01/24/14 and selection is in process. Once a decision is made an update will be shared.
- b. SB82 Grants Update: This information was shared under Announcements.
- c. Crisis Intervention Program (CIP): Update shared in conjunction with the SB82 Grant announcement.
- d. Inmate Discharge Medication Program Update: This program is up running and serving clients. We do not yet have any specific dispensing numbers but expect this to be periodically reported. The basic program provides inmate with a paid 30 day supply of mental health medications upon release. A new social worker named Amanda Amos is on board and will be focused on discharge planning and is approved to pick-up medications. The prescriptions are filled by Raley's Pharmacy. Clarification was shared that Raley's was chosen because they currently partner with the county and provide PAP prescription assistance program and the county was able to utilize an existing MOU.
- e. Laura's Law/ Assisted Outpatient Treatment (AOT) Update: We have received five total referrals and three are being engaged, putting us at 75% of capacity with a total of four available slots. We have not yet had any participants refuse engagement to the point of needing to go before the judge.

Based on a member request, information on the Department of Rehabilitation will be shared at the next meeting as part of the Department Update.

10. LMHB Chair Report – Bob Schelen

- a. Legislative Report: A budget update handout was shared which included details on funding and services.
- b. LMHB Metric Plan Report: Richard Bellows shared an update. The committee was established and introduced in October of 2013. In mid-November the committee met with Mark Bryant to identify some available data. Some information is readily available but not outcome related however, as with the previous MHSA conversations, these will be defined in the future. Additional data to potentially include on a recurring basis:
 - Information / data from 3B North: Mark is preparing
 - Information/ data from law enforcement: Tom Waltz suggested a method for measuring law enforcement contact with the mentally ill outside of those classified as 5150. In the Davis Police Department, there is the option to add a flag or officer disposition of a call and this could result in tracking calls where mental illness was a contributing factor but not the primary reason for the call; similar to how AB 109 related calls are flagged. This could potentially fall to the CIP personnel and become a weekly report and an early warning mechanism for getting services to individuals.
 - CIT attendance data was shared and reviewed by the group.
 - 3 Levels of outcomes as noted above by Joan earlier in the meeting
 - Information / data from the Public Defender's Office or the District Attorney

- c. Neighborhood Court Report: Tom Waltz shared that Davis has this program in place and is focusing on homelessness issues as well as petty crime and misdemeanors. Staffing of advocates is needed for issues surrounding the homeless and volunteers were requested. Though in the preliminary stages, the group is soliciting Davis board members to go meet with the DA's office. Robert Canning volunteered his time.
- d. Jail Tour: Robert Canning shared that on the morning of 02/18/14 a tour would be taking place at the Monroe Detention Center. CFMG will be available to answer specific questions.
- 11. Plan Next Meeting Agenda Items: This was omitted due to lack of time.
- **12. Adjournment:** The meeting was adjourned at 9:47 PM.

Next Meeting Date and Location – Monday, February 24th, 2014, 7:00 PM – 9:00 PM in the meeting room of the Arthur F. Turner Community Library (West Sacramento), 1212 Merkley Avenue, West Sacramento, CA 95691