

## **COUNTY OF YOLO**

Office of the County Administrator

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FOR IMMEDIATE RELEASE

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## Public Health & Wellness Fair April 10

(Woodland, CA) – In celebration of National Public Health Week, April 7-14, the Yolo County Health Department invites the community to attend this year's Public Health & Wellness Fair on Thursday April 10 from 12:00 to 4:00 p.m., at 137 N. Cottonwood Street in Woodland.

This free, family-friendly event includes bike helmet fittings and traffic safety games, car seat inspections, blood pressure screenings, healthy eating activities and food samples, Sidewalk CPR activities, rides on the smoothie bike, and much more. Residents are encouraged to walk, bike, stroll or roll over to the fair and find out how public health services in Yolo County can help make America the healthiest nation in one generation.

"Join us April 10 to find out how you can take preventive measures, both big and small, in your families, neighborhoods, workplaces and schools to live longer and healthier lives," said Yolo County Board of Supervisors Chair Don Saylor.

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