



MEETING MINUTES

Monday, February 24th, 2014, 7:00 PM – 9:00 PM

Arthur F. Turner Community Library Meeting Room, 1212 Merkley Avenue, West Sacramento, CA 95691

- Members Present:** Brad Anderson; Bret Bandley; Davis Campbell; Robert Canning, Vice-Chair; Martha Guerrero; June Forbes; Nicki King; Robert Schelen, Chair; Janlee Wong; Tawny Yambrovich
- Members Excused:** Caren Livingstone, Richard Bellows; James Glica-Hernandez; Michael Hebda; Supervisor Don Saylor; Tom Waltz;
- Staff Present:** Jill Cook, Director
Mark Bryan, Assistant Director, Interim Mental Health Director
Makayle Neuvert, ADMH Administrative Assistant
Supervisor Jim Provenza
Steve Rea, Assistant Deputy to Supervisor Don Saylor
- Community Members:** Lindsay Westin; Sally Mandujan; Karen Larsen; Jodi Nerell; Anne Hadreas, DRC; Karen Treacher;
- Guests:** Shelia Allen, Yolo Healthy Aging Alliance
Joan Beesley, Yolo Healthy Aging Alliance
Sonja Bjork, Partnership HealthPlan

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- 1. Call to Order and Introductions** – The February 24, 2014 meeting of the Local Mental Health Board (LMHB) was called to order at 7:11 PM. Introductions were made.
 - 2. Public Comment** –
 - Community member and consumer Karen Treacher shared information on her history, personal and professional endeavors and her current advocacy for consumer called CSHARKS, a company run by and for ex-patient survivors. She noted being interested in further meetings and discussion over current issues related to mental health consumers in Yolo County.
 - 3. Approval of Agenda – Motion:** Nicki, **Second:** Robert, **Discussion:** None, **Vote:** Passes unanimously
 - 4. Approval of Minutes from January 27, 2014 – Motion:** June, **Second:** Davis, **Discussion:** None, **Vote:** Passes unanimously
 - 5. Announcements and Correspondence** –
 - Community member Lindsey Weston shared that on May 3rd, [Welcome to 2014 NAMIWalk Northern California](#) was planned at William Land Park, more information on this fundraiser is available online.
 - The [Pat Williams Mental Health Dinner](#) scheduled for 02/27/14 at the Davis Senior Center.
 - The following questions were shared by June Forbes on behalf of Member Richard Bellows regarding CIT (Crisis Intervention Team) Training:
 - What are Davis and Winters doing right that they can send such a high percentage of sworn officers to attend CIT when the Sherriff and West Sacramento are lower?
 - The Sheriff is running the largest mental health facility in the County. How can he justify such a low percentage of (CIT) attendance? Does he have an equivalent program?

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6. Board of Supervisors Report – Don Saylor

Steve Rea, Assistant Deputy to Supervisor Don Saylor shared on behalf of Supervisor Saylor the following brief updates.

- The Board of Supervisors (BOS) has approved the Mental Health Services Act Three-Year Program and Expenditure Plan.
- Department updates of Alcohol, Drug and Mental Health as well as the Health Department will be presented at the 02/25/14 BOS meeting

7. Joint Meeting with Yolo Healthy Aging Alliance (YHAA) – Jim Provenza

a. Introduction of YHAA:

Supervisor Jim Provenza opened this agenda item with an introduction of YHAA. This group began as an out-growth of a community forum in 2010 and focuses on the issues, needs, and service gaps related to the aging population. Among the recurring issues, facing this population, mental health is a concern that often gets wrapped in a different package or defined as part of other health concerns like dementia and general aging. This YHAA was created and is chaired by the 4th district with a variety of representation in its board. The group works in three primary areas: 1) Education 2) Collaboration, and 3) Advocacy.

b. Report on the Mental Health Needs and Recommendations among the Aging Population:

The YHAA Executive Director, Sheila Allen was introduced. She shared some additional information including the website. Referencing the minutes from the 12/02/13 Special Forum: Mental Health Services Needs of Yolo County Seniors, Sheila opened the discussion on the mental health challenges for seniors and their caregivers. Several questions

Sonja Bjork, Director of Policy and Program Development for Partnership HealthPlan California (PHP). This is the Medi-Cal Managed Care plan for Yolo County among others. Yolo County has 35,000 Medi-Cal members with increases expected due to Affordable Care Act (ACA). People who have both Medi-Cal and Medi-Care are called “Medi-Medi” and Partnership Advantage is the Medicare managed program available to people who have Medi-Medi.

Regarding item 4.B of the 12/02/13 YHAA Special From: *Changes to Partnership Advantage program*

Sonja shared that the PHP Board of Directors has been watching this program for some time as it continues to lose money. It is on the “high watch list” and may be discontinued despite a 4 star quality rating of the plan. After January 1st of next year, the program will likely be dropped. If discontinued, the choices remaining for plan participants are to move to another advantage plan (i.e. Kaiser Permanente) or move to “fee for service” Medicare.

Discussion / Comments / Clarifications:

- If Partnership Advantage is discontinued, those in the county will not lose Medi-Cal or Medicare benefits, just the use of them as a package and the “extras” like dental, vision, transportation, etc. will no longer be available. These extras are costly and are difficult to maintain.
- In response to the question “...will participants have to do anything?” The Federal rules for notifying members of the changes are strict and this information and instructions will be sent when approved and allowed.
- Previously cut dental coverage is expected to be restored in May
- In home supportive services (IHSS) will still retain some transportation benefits. There will still be some transportation benefits under Medi-Cal but these have a more narrow eligibility. Transportation is not a billable service under specialty mental health. Yolo Bus may have some transportation programs or a voucher system available through the senior center and similar venues.
- Mental health can be covered by Medicare with an accepting provider.

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- Mark Bryan confirmed that though ADMH was not previously a Medicare provider, we do take those Medi-Medi clients and have an ongoing treatment for a small number of Medicare clients. The Partnership Advantage program prevented all counties in the state from getting reimbursement for the past three years. This has been an ongoing issue that has cleared up recently, and PHP is providing feedback and assisting counties in billing direct to Medi-Cal.
- Concerns shared over losing or having to choose between long-term psychiatrist and medication payment.
- Sonja clarified how the program underperformed. With the approach being a shift to managed care instead of fee for service, the idea was to save money by keeping people healthy. Getting Medi-Cal and Medicare combined was difficult and only tried in three counties. This program was easier for the seniors to use but changes like benefits based on the star system, increasing costs, and lessening or lost funding combined with costly extra benefits are causing problems.
- A member shared frustration with the ACA and the limited flexibility and patience that seems apparent in the policy makers and consumers. Sonja added that if the Coordinated Care Initiative (CCI) associated with ACA is implemented, it mimics in many ways the Partnership Advantage program and could be a positive step.
- Additional questions were raised about improvements to the regulatory environment. Sonja noted that they expect increased scrutiny in the future as a big push to limit fraud, waste, and abuse is underway.
- Per a recent conversation Shelia cited and with respect to the decrease in payments which is causing detriment to the Partnership Advantage program, Congressman Garamendi is aware of the effects of the cuts to reimbursements and how they are impacting us.

Regarding item 4.C/D of the 12/02/13 YHAA Special From: *Changes to Partnership Healthplan Behavioral Health (Optum versus Beacon)*

The YHAA asked if people know about the services available and if there was sufficient number of providers in the community to provide services.

- Mark confirmed that ADMH still has contracts with Optum to continue to provide services to Medi-Medi recipients. Under the ACA, the mild to moderate service needs are provided by Beacon, under PHP. The county still provides the specialty mental health services.
- As of January 1st through ACA, the state added mental health benefits including individual therapy for people with mild to moderate issues. There are no limits but they may escalate to a higher level which would be the ADMH in Yolo County. The county decides through the assessment process who is eligible for specialty mental health services. A toll free number is established for those seeking services and a short screening is administered over the phone. The counties and Beacon are working together to review the screening tool.
- The ACA / Beacon start-up was accelerated so Yolo County mental health providers were identified and invited to begin participating from the initial stages based on just a letter of interest and confirmation of licensure. Meanwhile the contract with Beacon was being prepared and these providers were approved to see clients. Approximately 12-15 in Yolo are in this process.
- Additional clarifications on the role of Sutter Health and Woodland HealthCare for mental health services was shared. For anyone trying access services there should be no issue with physical health care and for mental health, people will still need to find a provider willing to bill Medi-Care. Despite the desire to include interns, they will not at this time be allowed to participate.
- Fee for service and low rates cause issues for providers and the incentives are not there. We need a system where providers are adequately compensated and then the supply of providers can be increased.

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- Supervisor Provenza reminded that as this period of transition moves forward, whatever the gap is (transportation, specific doctors, medications) finding and maintain continuity of services is important and we should anticipate these issue to address them early. For seniors with mental health concerns, transportation issues are compounded by the other potential issues

Regarding item 4.G of the 12/02/13 YHAA Special From: *Need for access to Geriatric Psychiatry for Yolo County residents*

- The Mental Health Services Act Three-Year program and Expenditure Plan is trying to address this with tele-medicine. This will also impact the transportation issues.
 - Sonja shared a chart from DHCS showing a list of services.
- c. Joint Next Steps:
- The two boards look forward to continuing collaboration.
 - An adult referral form is available on the YHAA webpage, showing a links to all available services for seniors

8. Department Report – Jill Cook and Mark Bryan

- a. Health & Human Services Integration Update: The BOS has granted approval to move forward with the Health & Human Services (HHS) Integration. Calendar year 2014 will be used to plan for this integration. A recurring meeting of the mangers from all three of the HHS departments has been instituted with the first occurring on 02/10/14. At this initial meeting introductions and the fears and hopes were reviewed. The next meeting will focus on mapping services and programs by population.
- b. Mental Health Director Recruitment Update: The candidate appointment goes to the BOS on 02/25/14 and Karen Larsen will begin on 03/03/14.
- c. Senate Bill 82 Grants Update: This grant, awarded to Yolo County to fund the Crisis Intervention Program (CIP) is undergoing Mental Health Services Oversight and Accountability Commission (MHSOAC) administrative coordination while we await the official notice of award. The MHSOAC is contacting each funded county individually to establish the process for receiving funds and this process is taking some time. Once notice of grant award and BOS approval is received, the Request for Proposal (RFP) process will move forward. The California Health Facilities Financing Authority (CHFFA) is still pending feedback.
- d. Mental Health Services Act (MHSA) 3-Year Program & Expenditure Plan Update: The BOS approved the plan and we are busy with the next steps. Resource Development Associates (RDA) is seeking BOS approval to write the MHSA RFPs. LMHB members may be asked to review RFPs.
- e. Department of Rehabilitation (DOR) Update: The DOR does still exist in Yolo County but doesn't offer the same services as they historically have, including the training components at no cost. We will continue to look to state and local department resources that will be made available.

9. LMHB Chair Report – Bob Schelen

- a. Legislative Report: a meeting is scheduled for the near future to review recent updates.
- b. Metric Plan Report: Mark shared that the metric plan group has not had an opportunity to meet. RDA will assist in defining outcome measures for the MHSA Plan and there will be an effort to apply these across the whole system. Regarding CIT training, Joan Beesley and Tom Waltz will attend a training meeting rescheduled from February to March. All training officers will be represented and the hope is to find out what aspects of the training could be revised.
- c. Jail Tour: Several LMHB members, Mark Bryan, and representatives from CFMG participated in a tour of the jail on 02/18/14.
 - Positive discussion with jail and CFMG included the use of AB109 funds for mental health services and the impression that mental health services overall are improving. Lt. Rademaker

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is retiring and this will be a loss because he has been a champion for the mental health services.

- Negative aspects noted include refusal to eat and drink as criteria for 5150 designation and hospitalization for rehydration. Upon return these inmates are placed in suicide watch rooms where accommodations are sparse, with no traditional beds and no privacy. Suicide watch is not therapeutic. AB109 proposed updates include more therapeutic observation rooms. The LMHB would like to see increased treatment and this would in the long run be the best use of these funds and improve outcomes. The use of restraint chairs is still in practice and noted as used for inmates who are under the influence of drugs.

- d. Yolo County Health Council: Tawny is our representative and Robert is our alternate. A second alternate is requested to guarantee coverage. Nicki King volunteered. Meetings are on the 2nd Thursday of each month from 9:00 – 11:00 AM.

10. Plan Next Meeting Agenda Items

- The Sheriff and or his representatives will be attending the next meeting to discuss jail mental health.

11. Adjournment –The meeting was adjourned at 9:02 PM.

12. Next Meeting Date and Location – Monday, March 24th, 2014, 7:00 PM – 9:00 PM at the Bauer Building, 137 N. Cottonwood Street, Woodland, CA 95695 in the Walker/Thomson Conference Room



Board of Directors Meeting
SPECIAL FORUM: MENTAL HEALTH SERVICES NEEDS OF
YOLO COUNTY SENIORS
MINUTES

December 2, 2013

7pm – 9pm

Yolo County Administration Building
Atrium Training Room
625 Court St., Woodland, CA

BOARD MEMBERS PRESENT: Jim Provenza, chair, Peggy Goldstein, vice-chair, Alysa Meyer, secretary, Fran Smith, Connie Caldwell, Dawn Myers Purkey, Sheila Allen (Executive Director)

INVITED GUESTS PRESENT: Richard Fleming (Partnership Healthplan), David McCollum (Partnership Healthplan), Jeff Olson (Optum Health), Tonya Shean (Optum Health), Jill Cook (Health and ADMH Depts),

PUBLIC PRESENT: Mary Helen Uribe (IHSS Advisory), Johanne Lewis (IHSS Advisory), Frances Gracechild (IHSS Advisory), Winnie deAnda (IHSS Advisory), Brad Toy (IHSS Advisory), Liz Yeh (Yolo Ombudsman), Craig Bloomberg (Sutter Davis), Peggy Phelps (YADHC), Janus Holt (Yolo Housing), Alicia Ruiz (Yolo Housing)

NOTE: This meeting was planned as a joint meeting with the Yolo County Local Mental Health Board but because of time urgent issues the members of the mental health board needed to reschedule their participation to another month. YHAA Board of Directors continued with the participation of the public and invited guests from Partnership Healthplan and Optum Health.

- 1) **Call to order and roll call and approval of agenda ACTION** Introduction of all members and guests present. Agenda approved by acclamation. YHAA November and December minutes and financials held for approval at January regular board meeting.
- 2) **Executive Director Report INFORMATION** Sheila Allen announced that YHAA received a \$5,000 grant from the Woodland Healthcare Community Foundation. The proposal was for \$30,000 for a collaborative effort with Legal Services of Northern California and Elderly Nutrition Program. YHAA was the sole recipient and was instructed to work over the year to

further develop the 3 agency proposal. Sheila will follow up with the WHC Foundation to better understand the expected scope of work for the amount granted.

3) Candidate Forum on Yolo County Aging Issues- 4th Assembly District- February 2014 INFORMATION

Sheila Allen, Fran Smith and Dawn Myers Purkey met today to plan the forum. It is an educational event with first half educating the public and the candidates on issues for the aging population in Yolo County as identified in the YHAA Community Assessment. Candidates will have an equal opportunity to introduce themselves and then audience members will ask questions. Sheila will see about having call-in for homebound seniors and Dawn will work on arranging transportation and sponsored snacks. IHSS Advisory has offered \$200 so the Woodland Senior Center can be used on a Saturday in February when all 4 announced candidates are available.

4) Senior Mental Health Services in Yolo County ACTION

a) **Gaps in Senior Services** (see handout) Sheila presented the powerpoint presentation that was developed by our UCD student that identified four areas of gaps in services for seniors in Yolo County which included access to mental health services.

b) **Changes to Partnership Advantage program-**

Affordable Care Act (ACA) changes have included reduction in reimbursements to managed care Medicare to the same as fee for service Medicare. Partnership Advantage includes enhanced services that Partnership cannot sustain financially. To be eligible for product must be eligible for Medicare A and B. Yolo County currently has 3000 people on Advantage. These people will go back to fee for service. Dental, vision, transportation to medical appointment will no longer be available. Dental benefits will likely come back for enhanced MediCal. Vision will likely be restored in some fashion but big issue will be transportation. Partnership will help find transportation but not provide it. Partnership will continue to administer MediCal in Yolo County. Everybody is capped (very small number of "special members" can seek outside network). Usually, Medicare covers 80% and MediCaid (Partnership) 20%. Current Partnership is cab service door-to-door. Must be actively enroll in Partnership Advantage. About 50% of the people use the transportation. Partnership Advantage is planned to end on December 31, 2014 but waiting to see what happens federally. Kaiser, Partnership and fee for service are the only Medicare options in Yolo Co. **FOLLOW UP NEEDED** – talk to federal representatives regarding decrease in payment which is causing most Medicare Advantage insurance providers to close.

c) Jan. 1 – Enhanced Mental Health for MediCal as a part of Health Care reform. State restored some services. (See Handout from DHCS) Partnership would like to pull back some of mental health services. Beacon Mental Health will be providing the services for straight MediCal for Yolo County as the subcontractor for Partnership beginning January 1. Optum will continue to provide the Medicare Advantage behavioral health carve-out

for 2014 and currently has thousands of people in Yolo County. Approximately 7-9% of recipients access their behavioral health coverage.

ISSUE FOR FOLLOW UP: Medicare has limited mental health coverage but very poor reimbursement so very few providers accept it as payment (e.g: only 1 mental health provider for Medicare at WHC who is very impacted).

d) **Changes to Partnership Healthplan Behavioral Health**

Optum Health Behavioral (formerly US Behavioral Health) Presenter: Jeff Olson and Tonya Shean

Optum representatives presented instructions on utilizing their website as a consumer and as a provider. They reported that Optum has added some Yolo County providers recently. Providers can request to be in the network. Unfortunately, Marriage and Family Therapists can't be reimbursed through Medicare. If a consumer is not able to use the website there is a contact phone number on the back of their insurance card with assistance 24 hours per day. Optum re-credentials all providers every 3 years and periodically they do outreach to an area. Optum reports there are 17 prescribing providers in Yolo County (MD, DO and NP) and many more non-prescribers

Behavioral Health and medical health integration-essential. Primary physician will have more responsibility for coordination of services and referrals. Goal should be to get everybody a medical home. In Yolo-Communicare can be their medical home. UCD Medical Group is being utilized more.

Cover California-there is a regulation that requires "mental health parity" in order to be in the exchange.

ISSUE TO FOLLOW UP ON: Beacon Health Strategies (new Behavioral Health does not have a full network of providers for Yolo County. There is time needed and a process for a provider to become a part of their network. Sonya Bjork is helping to establish these connections between behavioral health providers and Beacon.

e) **County Mental Health Services** (cuts to services and previous programs)

The group discussed the correlation between physical and behavioral health and the need for coordination and integration of care and early identification and intervention. While there have been significant cuts to mental health services provided by the county over the past 5 years, they still provide care to the most profoundly mentally ill and refer to primary physician for follow up. Now is an excellent time to be discussing mental health needs of seniors as the Mental Health Services Act is completing a community input process for their next 3 year plan for use of the funds. There was a discussion of how MHSA funds might bridge the gap for geriatric psychiatry including telemedicine. The in home piece is of high need. On Dec 17, the MHSA findings will be presented to the Yolo Board of Supervisors.

f) **Impact in reduction of fees being paid to providers for MediCal and Medicare**-this is a huge problem. **FOLLOW UP ISSUE**-there is a need to better define the number of providers in Yolo County now and after first of year of ACA implementation when there

may be additional reduction in reimbursement along with expansion of the number of those eligible for services through expanded MediCal.

- g) Need for access to Geriatric Psychiatry for Yolo County residents. Currently is no Geriatric Psychiatrist accepting referrals in Yolo. The group discussed means to address this gap in service including:
- Telemedicine. Jill Cook from the Health/Mental Health Department noted the Health Department has equipment for telemedicine.
 - Increasing the supply of providers: work with UCD to have geriatric specialty in medicine and nursing and include the loan forgiveness program that the county has already participated in.
 - Multi-county collaborations.
- h) Jail release program- Jill Cook reported there is a new program for those released from jail on psychiatric meds. It is a 30 day discharge program and includes follow up with a social worker and connection to a medical home prior to discharge.

ACTION STEPS: The findings and issues identified at this forum will be brought to the YHAA Board of Directors, and the Collaboration and Advocacy Committees for further discussion and identification of next steps. **NOTE:** The joint meeting with the Local Mental Health Board will be rescheduled for February 2014.

- 4) Next YHAA Board of Directors meeting, January 16, noon-2pm, Yolo County library, Davis**

Yolo Healthy Aging Alliance (YHAA)

Adult Services Referral Form

Client Information	Referring Agency Information
Name:	Name of Agency:
Street Address:	Person Making Referral:
City & Zip Code:	Telephone:
Telephone:	Date of Referral:
Date of Birth:	Client Primary Language:
Alternate: _____ Relationship: _____ Phone: _____ 1 st Contact: <input type="checkbox"/> Client <input type="checkbox"/> Alternate	**Specify Services Needed:
<input type="checkbox"/> Support for Home	<input type="checkbox"/> Home Instead
<input type="checkbox"/> Adult Day Health Care	<input type="checkbox"/> Senior Link: Information & Assistance **
<input type="checkbox"/> Elderly Nutrition Services (MOW)	<input type="checkbox"/> Legal Services of Northern California
<input type="checkbox"/> In Home Supportive Services	<input type="checkbox"/> Assisted Transition
<input type="checkbox"/> Yolo Hospice	<input type="checkbox"/> St. John's Retirement Village
<input type="checkbox"/> Citizens Who Care	<input type="checkbox"/> Yolo Alcohol, Drug & Mental Health
<input type="checkbox"/> Caregiver Support Program	<input type="checkbox"/> Adult Protective Services (<i>include form</i>)
<input type="checkbox"/> Veterans Program	<input type="checkbox"/> Senior Center - City? _____

Authorization to Release Contact Information

This information release will be used to make referrals to the agencies listed on this form. I agree that the referring agency named above may share information about my circumstances. Yes No
(Initials) _____

This permission will remain in effect for six months from the date it is signed by me unless I revoke it in writing at any time. (Initials) _____

I can cancel this authorization at any time, but I understand that the cancellation will not affect information that was already released before the cancellation. I understand what this agreement means. I am signing of my own free will and have not been pressured to do so.

Signature of Person Authorizing Release of Information

Date Signed

Name of Person Authorizing Release of Information (Please Print)

Client Authorizing Agent

Relationship to Client

Alternative Contact (OPTIONAL) I authorize the release of information to the above named alternative contact on my behalf. Yes No (Initials) _____

Confirmation by phone to release contact information to agency for referral (no signature required)

Adult Day Health Center provides assistance to disabled adults 18 yrs & older to help manage chronic health conditions related to illness, injury or cognitive impairment such as Alzheimer's disease & other dementia. The program offers diverse health, social, rehabilitation & recreational services. T: 530-666-8828; F: 530-666-8826

Adult Protective Services (APS) provides intervention activities which strive to safeguard the well-being of elders & dependent adults suffering from or at risk of abuse or neglect, including self-neglect. [Attach form](#) T: 530-661-2955; F: 530-661-2761

Assisted Transition is a free resource to help seniors find long term care specializing in Assisted Living, Residential Care, Skilled Nursing and Alzheimer's & Dementia Care. Contact Dee Bailey T:916 372 3762 F: 916 375 0570

Caregiver Support Program provides assistance to family caregivers in Yolo County. Services by a resource specialist include assessing need and providing information regarding specific resources. Other services include workshops, counseling and support groups. T: 530-666-8828; F: 530-666-8826

Citizens Who Care for the elderly provides social support services to frail elderly and their family caregivers including in-home respite, convalescent visitation, and Time Off for Caregiver programs. T: 530-758-3704; F: 530-662-6866

Davis Senior Center is a community focal point for recreational, social, and supportive services for mature adults and their family members. Our goal is to link visitors with a wide array of services essential for maintaining and improving overall health, independence, and quality of life. F: 530-758-0463

Elderly Nutrition Program provides hot, nutritional meals each week day to homebound seniors. Volunteers provide social contact & safety/well-being check of participants when they deliver meals. Eligibility Requirements: 60 years and over; Yolo County resident; homebound (needs assistance to leave home); physical, cognitive or emotional disability; no one available to assist with meal preparation. No income requirement. Donation suggested. T: 662-7035 x 201 F: 530-662-7097

Home Instead provides private pay care in the home including personal assistant, nursing, 24 hr care and Alzheimer specialty care. T: 530-666-0613, Fax 530-666-0283

In Home Supportive Services (IHSS) is a Medi-Cal program intended to enable aged, blind and disabled individuals who are most at risk of being placed in out-of-home care to remain safely in their own home by providing assistance with domestic and/or personal care services. T: 530-661-2955; Fax 530-661-2763

Legal Services of Northern California is a non-profit legal organization that provides free legal assistance to individuals and older adults 60+ regardless of income. Potential clients must be legally present in the U.S. to receive services. Cases handled include housing, public benefits, consumer issues, elder abuse, health care, unemployment insurance appeals, education, and end of life planning (simple wills, power of attorney, advance health care directives). T: 530-662-1065 or 916-447-5798; F: 530-662-7941

Senior Link is a free information & assistance program of LSNAC that serves older adults 60+ in Yolo County. Program provides information & assistance accessing resources including in-home help, consumer problems, education & employment programs, financial assistance, fitness & recreation, food & meals, health insurance counseling, health care & wellness services, housing, minor home repairs, legal assistance, mental health & counseling, support groups, tax & rebate assistance, transportation and veterans services. T: 530-207-4250 or 877-883-4927; F: 530-662-7941

St. John's Retirement Village is a non-profit, multi-level senior care and housing community built for the changing needs of residents. From the active independent senior to those in need of 24-hour nursing care, St. John's provides 6 levels of housing choices and support. Financial assistance is available for residential hospice services. T:530-662-1290 F:530-662-4639

Support for Home provides non-clinical home care assistance by Certified Nurse Assistants led by RNs who are trained to look beyond the basic ADLs to identify issues facing medically complex seniors to remain safely in their home. Programs of service range from 1 to 24 hours per day. T: 916-482-8484 or 530-792-8484 F:916-564-6847

Veterans Program is the access point for the Yolo Co. veteran to apply for Veterans Administration Medical services, compensation for disabilities and injuries incurred while on active duty in the military, pensions and other special veteran programs. There are some non-service connected programs available for the veteran and his dependents. The Non Service Connected Pension with Aid and Attendance is available for the veteran, his spouse and in some cases, for the veteran's surviving spouse. T: 530-406-4850; F: 530-666-7456

West Sacramento Active Aging Programs offers a variety of activities, events and services for residents who are 50+ such as: Information and Assistance, Tai Chi, Low Impact Exercise, Ceramics, Wii Gaming, Bingo, Bunko, Scrapbooking, Socialization, A Senior Lounge, Book Exchange. F: 916-372-1918

Woodland Senior Center is an access point for programs that encourage healthy aging, provide basic social services, information and referral and socialization opportunities for older adults. T: 530-661-2001; F: 530-666-7257

Yolo Alcohol, Drug and Mental Health Services, Adult Services Program provides treatment & services for Seriously Mentally Ill Adults who have Yolo County Medi-Cal or no insurance coverage at all. Services may include crisis response, assessment, case management or medication monitoring. T: 530-666-8630 F: 530-666-8633

Yolo Hospice provides end-of-life transition care emphasizing clinical expertise, individualized plans of care, and support connecting with other community services, all delivered in a spirit of loving service. Yolo Hospice offers bereavement and grief services including group and individual support to *any* member of our community who has lost a loved one, regardless of whether the loved one was a Yolo Hospice patient. All clinical and grief services are provided at no charge. T: 530-758-5566; Fax 530-758-9017



Medi-Cal MHSUD Delivery System

Att. #3

Medi-Cal Managed Care Plans (MCP)

Target Population: Children and adults in Managed Care Plans who meet medical necessity or EPSDT for Mental Health Services

MCP services to be carved-in effective 1/1/14*

- ✓ Individual/group mental health evaluation and treatment (psychotherapy)
- ✓ Psychological testing when clinically indicated to evaluate a mental health condition
- ✓ Psychiatric consultation for medication management
- ✓ Outpatient laboratory, supplies and supplements
- ✓ Screening and Brief Intervention (SBI) (new service not currently offered)
- ✓ Drugs, excluding anti-psychotic drugs (which are covered by Medi-Cal FFS)

County Mental Health Plan (MHP)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Medi-Cal Specialty Mental health Services

Outpatient Services

- ✓ Mental Health Services (assessments plan development, therapy, rehabilitation and collateral)
- ✓ Medication Support
- ✓ Day Treatment Services and Day Rehabilitation
- ✓ Crises Intervention and Crises Stabilization
- ✓ Targeted Case Management
- ✓ Therapeutic Behavior Services

Residential Services

- ✓ Adult Residential Treatment Services
- ✓ Crises Residential Treatment Services

Inpatient Services

- ✓ Acute Psychiatric Inpatient Hospital Services
- ✓ Psychiatric Inpatient Hospital Professional Services
- ✓ Psychiatric Health Facility services

County Alcohol and Other Drug Programs (AOD)

Target Population: Children and adults who meet medical necessity or EPSDT criteria for Drug Medi-Cal Substance Use Disorder Services

Outpatient Services

- ✓ Outpatient Drug Free
- ✓ Intensive Outpatient (newly expanded to additional populations)
- ✓ Residential Services (newly expanded to additional populations)
- ✓ Narcotic Treatment Program
- ✓ Naltrexone

New Services

- ✓ Voluntary Inpatient Detoxification Services
- ✓ (Administrative linkage to County AOD still being discussed)

* MCP carve-in services, except for SBI, are currently offered through Medi-Cal FFS