



# County of Yolo

## PROBATION DEPARTMENT

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**Community Corrections**

**Brent Cardall**  
**Chief Probation Officer**

Community Correction Partnership

June 9<sup>th</sup>, 2014

## Community Substance Abuse and Transitional Housing Analysis and Recommendations

### *Executive Summary*

Under the current year's Realignment Plan, capacity for substance abuse treatment services was supported by contracts funded through the \$1.4 million set aside for Realignment Treatment Interventions. The Community Corrections Partnership and the Board of Supervisors approved contracts with CommuniCare Health Services to provide Outpatient Substance Abuse, Dual Diagnosis, and Moral Reconciliation Therapy Services to people under community supervision with Probation. The CCP and Board also approved contracts with Fourth and Hope and Cache Creek Lodge to provide Residential Substance Abuse Treatment and Transitional Housing for probationers and EM clients. Below is a brief description of each of the success rates for each of the substance abuse treatment contracts and a recommendation for support of next year's community treatment need based on referral trends and changes to MediCal eligibility. Provisions made in the existing contracts with the CCP providers require each of them to submit data to Probation on behalf of the CCP so that the Partners can understand the relative success of their placement activity. Thank you to the providers for working with Probation to compile this information for analysis.

### *Analysis from CommuniCare below:*

CommuniCare Health Centers  
Substance Abuse Programs

Annual Report May 1, 2013 – May 1, 2014

The following data collected represents all probationers referred for substance abuse treatment, assessment, alternative programming and individual counseling for the reporting year. Services include those conducted at the Day Reporting Center (DRC) and duplicated clients who may have been referred and/or received services more than once.



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### **Total Referrals (includes duplicate clients) = 150**

- 114 Substance Abuse Treatment (35% for Dual Diagnosis treatment)
- 21 DRC Counseling (12 for Mental Health and 9 for Mental Health and Substance Abuse Services)
- 8 Alternative Services
- 7 Assessment only

Total currently enrolled in treatment = 22

Total referred clients that engaged (attended 5 or more sessions) in services for 2013/2014 = 87 (58%)

Total engaged clients completing their treatment plan = 18 (21%)

Average number of positive tests from those completing treatment = 1.3

### **Discharge Dispositions (Duplicated clients)**

*Clients who did not engage in services (attended < 5 sessions) = 41*

Treatment	= 33
DRC Counseling	= 5
Alternative Services	= 3
Assessment Only	= n/a

*Referred to residential = 26*

Treatment	= 22
DRC Counseling	= n/a
Alternative Services	= n/a
Assessment Only	= 4

*Voluntarily left services = 9*

Treatment	= 9
DRC Counseling	= n/a
Alternative Services	= 0
Assessment Only	= n/a



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*Discharged for absences* = 22  
Treatment = 14  
DRC Counseling = 6  
Alternative Services = 2  
Assessment Only = n/a

*Total clients who made no contact to services* = 22 (not discharged)

Treatment = 17  
DRC Counseling = 4  
Alternative Services = 0  
Assessment Only = 1

### *Discharges by Treatment Phase*

Phase I = 52  
Phase II = 15  
Phase III = 4

### **Client Funding:**

#### *Substance Abuse Treatment*

Probation funded = 36  
MediCal funded = 43  
Other = 34

#### *Day Reporting Center Counseling*

Probation funded = 21  
MediCal funded = 0  
Other = 0

#### *Alternative programming*

Probation funded = 5  
MediCal funded = 2  
Other = 1

#### *Assessment only*

Probation funded = 5  
MediCal funded = 2  
Other = 1



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Based on the changes under the Affordable Care Act, the funding for Probation clients is largely covered by MediCal for CommuniCare’s scope of services. It is for this reason that it is the recommendation to the CCP that their contract be extended, but no additional funding added on top of the existing allocation. There is approximately \$30,000 left in the contract, and by extending their term, the existing allocation would cover gaps in coverage for those being placed into services. Also, the contract does include an adjustment so CommuniCare can be fully reimbursed for the cost of curriculum of Moral Reconciliation Therapy starting July 1 of 2014. The anticipated cost would be an additional \$1000 dollars over the course of the year at the rate of enrollment seen in this last year.

### **CommuniCare Contract**

FY 2013/14 Approved Contract Appropriation	\$90,000
FY 2014/15 Recommended Additional Contract Appropriation	\$0
Total Two Year Contracted Amount:	\$90,000

### **Analysis from Fourth and Hope Below:**

For the Calendar Year of 2013, Walters House (of Fourth and Hope), served 71 probationers in residential treatment. 49 were funded by Probation (69%) and 22 were not (31%). 31 completed 90 days of treatment successfully (43%).

Thus far in 2014, Walters House has served 24 probationers, 18 funded by probation and 6 were not, as of May 1<sup>st</sup>, 2014.

Due to Cache Creek closing their capacity for female placements, Fourth and Hope represents the only non-pregnant local residential substance abuse treatment facility for females. Based on the average monthly placements in Walters’s House currently, which is now approximately 5 paid placements total, it is the recommendation to the CCP to increase the annual residential treatment allocation from \$100K per year to \$130,000 to account for the influx of additional female placements. It should be noted that Fourth and Hope works closely with Probation staff to leverage ministry beds (non-funded placements) for referrals. This has lowered the overall cost of placements at Fourth and Hope.



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No tallies were prepared for Transitional Housing, however, based on the trends from billing, the average people on EM or probation housed in Fourth and Hope has been 13 per month, and at a rate of \$550 for both food and housing, that means transitional housing placements cost the CCP approximately \$85,800 per year. To buffer fluctuations in this placement activity, the recommendation to the CCP is to increase the allocation from \$50,000 to \$90,000 annually. The \$300,000 that was originally approved in addition to the \$1 million included funding for the unfunded amount of the transitional housing costs. Probation is currently working with Fourth and Hope to collect additional data for further analysis.

### **Fourth and Hope Contract**

FY 2013/14 Approved Contract Appropriation	\$150,000
FY 2013/14 Recommended Increased based on need	\$70,000
FY 2013/14 Total Recommended Annual Allocation	\$220,000
FY 2014/15 Recommended Appropriation	\$220,000
Total two year contracted amount:	\$440,000

### **Analysis from Cache Creek Lodge Below:**

Cache Creek Lodge is a provider of male residential substance abuse treatment services and transitional housing. They have a 45 Residential Bed capacity, and of those, 35 are contracted with Parole. Of the 26 transitional housing beds available, their average use is 23 beds at any given time. The CCP has allocated \$100,000 for placements into residential treatment and \$50,000 for transitional housing.

Cache Creek Lodge received 34 residential treatment referrals between the months of May, 2013 and April 2014 with an average length of stay of 51 days. Of those, 12 completed treatment (35%). The average number of times a person was referred before successfully completing treatment was 2. The following numbers failed for the following reasons: 1 for deviation, 2 for drug use/relapse, 3 for medical purposes, 1 for an inappropriate relationship, 1 for staff intimidation, and 12 walked away/left. That represents a 65% failure rate. The average placement currently experienced is 4 placements per month. No increase is recommended to



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this capacity, but the same capacity is recommended to be retained through an extension of the contract and allocation of \$100,000 for FY 2014/15.

Probation and Sheriff's staff placed 49 people into transitional housing during the same period with an average length of stay of approximately 65.5 days. 39 total were discharged. Of that number of placements, 18 successfully completed their placement and were discharged successfully and an additional 6 moved out on their own. That represents 61.5% success rate. Of the unsuccessful discharges, 3 were for non-compliance, 3 were for drug use, 4 went back to jail, and 4 left voluntarily.

10 are currently still in transitional housing. Based on this need, it is the recommendation to also increase Cache Creek Lodge transitional housing capacity to accommodate the current placement needs by increasing their annual contract capacity from \$50,000 (under 8 per month) to \$90,000 (about 13 per month).

### Cache Creek Lodge Contract

FY 2013/14 Approved Contract Appropriation	\$150,000
FY 2013/14 Recommended Increased based on need	\$40,000
FY 2013/14 Total Recommended Annual Allocation	\$190,000
FY 2014/15 Recommended Appropriation	\$190,000
Total Two Year Contracted Amount:	\$380,000