

Yolo County Department of Health Services

ALCOHOL, DRUG AND MENTAL HEALTH

Local Mental Health Board Mental Health Director's Report September 22, 2014

Personnel/Recruitment:

We are happy to introduce Ms. Sandra Sigrist, our new Adult System of Care Manager. We are grateful to have her join our team. Sandra comes to us with more than 20 years of experience at Turning Point Community Programs, Alta Regional, and CARES Community Clinic. Unfortunately, one of our Psychiatrists left and we have interviews scheduled this month. We continue to recruit and interview for the positions posted in July and will be issuing new recruitments following the September 23rd Board of Supervisors meeting.

Multi-Cultural Community Council:

On September 18, 2014, our own Officer Tom Waltz was honored at the Multi-Cultural Justice Leadership Awards Luncheon for his Administration of Justice in the Mental Health realm. We are lucky to have him as a partner and Local Mental Health Board member.

Suicide Prevention:

On September 9, 2014, the Board of Supervisors acknowledged Suicide Prevention Week in a resolution presented to Diane Sommers of Suicide Prevention Crisis Line (SPCL). Our department also issued a press release that included other county-wide prevention efforts and training opportunities. Additionally, we will be using some IGT funds to expand SPCL's "Choose Life" signs of suicide school program, as a mechanism for intervening in the increasing trends of youth suicide attempts and self-injurious behavior.

Crisis Intervention Training:

We are in the process of modifying the contract for this training to include 8 hour refresher courses that will be open to officers who have completed the 32 hour course in prior years but would like a refresher. Additionally, we do receive all evaluations of the course and comments and will be having an employee audit the course at least once over the next year. We would suggest that Tom Waltz join our staff in this, if he has the time, as he was trained in the Memphis Model elsewhere and could speak to fidelity of the model itself.

Community Based Crisis Response (CBCR) and Companion Grants:

Turning Point has hired their Program Director for this project and are proceeding with additional recruitment and interviews. We have ordered the vans for this project. Turning Point will be attending next month's Local Mental Health Board to present on the project.

Jail Medical:

On September 3, Dr. Canning, June Forbes, James Glica-Hernandez, and myself met with Sheriff's department staff and Lionakis regarding the plans for the new jail facilities. The conversation was extremely collaborative and productive. The team was receptive to suggested and agreed to incorporating some of the suggested edits into the design. Dr. Villamor is now doing quarterly peer reviews at the jail and juvenile detention facility and our department has a strong presence at the CFMG Quality Assurance meetings. We plan to provide a list of recommendations for improvements to CFMG leadership.

**Local Mental Health Board
Mental Health Director's Report
September 22, 2014**

Mental Health Service Entry/Orientation:

Mental Health Triage 07/2014-09/2014

	Percentage Referred	Total Triaged	Total Referred
Adults:	67%	66	44
Older Adults:	29%	7	2
Total Adults:	63%	73	46
Total Children:	9%	32	3
Total Appointments:	47%	105	49

Mental Health Community Forum:

On September 10th, the California Mental Health Planning Council hosted a community dialogue on mental health at Woodland United Church in Woodland. There were more than 50 people in attendance representing consumers, family members, county staff, contract providers, law enforcement, courts and other counties. There was a rich dialogue and lots of great suggestions for improvements to our system. Bob Schelen and June Forbes were both in attendance.

Clinical Outcomes/Evidence Based Programming:

On October 6th, RDA will be returning to finalize the Logic Model process with staff and providers aimed at identifying outcome tools and data points. Additionally, our department is hosting or supporting a variety of trainings in evidence based programming as follows: Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Why Try, Seeking Safety, Motivational Interviewing, Wellness Recovery Action Planning. Finally, our department will begin using the Child, Adolescent Needs & Strengths (CANS) October 1st and the Adult Needs & Strength Assessment shortly thereafter.

Health Related Initiatives:

In October our department will begin Smoke-less groups aimed at assisting Wellness Center consumers in decreasing their tobacco use. We will be combining existing curriculum with information around SMI medications and tobacco use and Wellness Recovery Action Planning in a group setting.

Upcoming Dates:

- October 6th – Mental Illness Awareness Week Candlelight Vigil 5:30 PM (see flyer)
- October 7th – Board of Supervisors Mental Health & Homeless Workshop
- October 7th – Mental Illness Awareness Week Interfaith Service at noon (see flyer)

IT'S TIME

Mental Illness Awareness Week

FOR
UNDERSTANDING
AND RECOVERY
October 5-11, 2014

RALLY

Monday October 6, 5:30PM

Heritage Plaza

600 Main St., Woodland

PIZZA & ICE CREAM CONES



OPEN MIC

CANDLE LIGHT VIGIL will follow the

Welcome by NAMI-Yolo Director Richard Bellows

Reading of Resolutions by Woodland Mayor Tom Stallard and Chairman Don Saylor of the Yolo County Board of Supervisors declaring October 5-11, 2014 to be Mental Illness Awareness Week.

Presentation of Awards to a supportive peer, a volunteer and a mental health care professional.

PLEASE JOIN US TO SPREAD
UNDERSTANDING AND HOPE FOR RECOVERY

IT'S TIME

Mental Illness Awareness Week

FOR UNDERSTANDING
AND RECOVERY

October 5-11, 2014

INTERFAITH SERVICE



CANDLE LIGHTING CEREMONY

BLESSINGS

St. Martin's Church

640 Hawthorne Lane, Davis

Tuesday October 7, at Noon

Refreshments on the Redwood Deck after the Service

CLERGY

Margaret Grayden & Mark Allen, St. Martin's

Michael Hebda, St. Anthony's

Elizabeth Brick, United Methodist

Greg Wolfe, Congregation Bet Haverim

Beth Banks, Unitarian Universalist

Bill Habicht, Davis Community Church

LAY READERS

Al Rowlett, Turning Point

Michelle Kellogg, YCCC

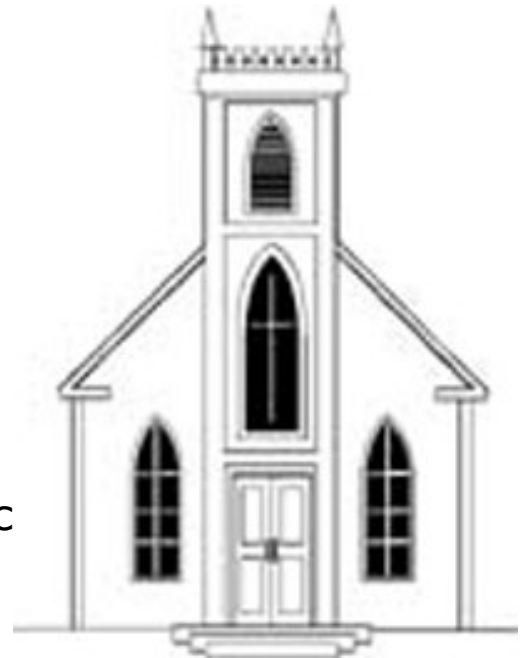
Karen Larsen, Yolo County Mental Health

Gabriel Lockshin, In Home Supportive Svc

Bill Pride, Davis Community Meals

Nancy Temple, NAMI-Yolo

Doug Zeck, 4th and Hope



PLEASE JOIN US TO SPREAD
UNDERSTANDING AND HOPE FOR RECOVERY