

THIS IS ONLY A DRILL !

**YOLO COUNTY EMERGENCY RESPONSE DRILL
JUNE 10, 2004 UCD CAMPUS**

On behalf of the Yolo County Health Department. I want to thank you for volunteering to help us with this Emergency Response DRILL. Please let me remind you that this is only a drill. There is currently no disease outbreak of Avian or Pandemic Flu in Yolo County. We will only pretend to give you an immunization - you will NOT be getting a real immunization.

In a real vaccination clinic, we would ask all participants to watch a video about the disease, how you might get the disease and symptoms of the disease. We would also give you information about the benefits and any risk to getting a vaccine or medication. I will now begin the video just as if this were a real vaccination clinic. Remember – this is only a DRILL.

**An Important Message
from the Yolo County
Health Department**

My name is Dr. Bette Hinton. I am the Director and Health Officer for the Yolo County Health Department. This video was created to provide you with information about the new Avian Flu, how you might get it and some of the signs and symptoms of the disease. Also included is information about the Mock Avian Flu vaccine we are giving today.

You will NOT receive a vaccination

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By now, you may be aware that there have been several cases of a new strain of Avian Flu in California, including one case reported in Yolo County.

The Centers for Disease Control and Prevention has recommended that all health departments provide vaccine to county residents to protect them against getting this new strain of Avian Flu.

Influenza viruses, commonly known as flu, can infect humans and other animal species. The Avian Flu strain recently identified in California started in birds, but has now spread to humans and can be transmitted from person-to-person. This new strain can cause sudden and severe breathing problems and high death rates.

Symptoms of the new strain of Avian Flu can include:

- Typical flu-like symptoms such as fever, cough or sore throat
- Sudden breathing problems
- Pneumonia
- Rapid worsening to more severe and life-threatening complications

If you get symptoms of Avian flu..

- Call your physician or urgent care center and describe your symptoms and your concerns that you may have the “Avian Flu”
- Go to the emergency room if you are having breathing problems or feel very ill.
- Let providers know if you were in direct contact with someone who has been diagnosed with Avian Flu

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You may be at risk for Avian Flu if you have...

- Visited Chickenville, CA after June 4
- Been in direct contact with someone who was in Chickenville after June 4
- Fever with a cough or breathing problems that started after June 4
- Been in direct face-to-face contact with someone sick with symptoms of Avian Flu

Avian Flu can be transmitted by:

- Living in the same household with an infected person
- Sharing or touching utensils or personal items used by an infected person
- Providing care for people ill with Avian Flu-like symptoms

Avian Flu can be transmitted by:

- Having direct face-to-face contact with people who are coughing and who are ill with Avian Flu
- Having direct contact with infectious body fluids from someone with Avian Flu. These may include saliva or phlegm from coughing or sneezing.

Avian Flu is NOT transmitted by casual contact. You are unlikely to get the flu from someone if you are more than 6 feet away from them.

Symptoms of fever and cough begin 2-4 days after exposure to someone who is ill . Severe illness and difficulty breathing can develop quickly, usually within 5-6 days after exposure. The Avian Flu is a new strain of flu that is causing severe illness and risk of death. At this time there are few medical treatments for the new strain of Avian Flu. The best protection is to get immunized with a Mock Avian Flu vaccine specifically made to protect against this new strain of Avian Flu.

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The Mock Avian Flu vaccine is similar to other vaccines you may have had before. The Mock Avian Flu vaccine is a live virus vaccine that has been altered to prevent illness. There are usually few risks or side effects to these shots. However, there are some people who may be advised against getting the vaccine today.

You may not be able to get immunized if you are ...

- Immunocompromised. Your body's ability to fight disease may be limited if you have lupus, cancer, certain medications or treatments, HIV/AIDS, or some blood disorders.
- Pregnant or breastfeeding
- Seriously allergic to eggs or have had an adverse reaction to flu vaccine
- Ill now or have a history of serious diseases

After you get the shot, you may have mild problems due to the vaccine for 1-2 days that may include:

- Soreness, redness or swelling at your injection site
- Mild fever and aches
- Mild cough

Serious problems are very rare, but include:

- Allergic reactions immediately following the immunization
- High fever
- Difficulty breathing
- Pneumonia

A vaccine, like any medicine, can cause serious problems in a few people. The risk of the vaccine causing serious harm, or death, is extremely small. Serious problems from the Mock Avian Flu vaccine are very rare. We have medical personnel available in the clinic to assist you if necessary.

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Please read over the Avian Flu Fact Sheet you've been given which provides information about the new Avian Flu strain and more detailed information about the Mock Avian Flu vaccine. Each of you will have a chance to talk to a health care provider after this video and ask any questions you have about Avian Flu or the Mock Avian Flu vaccine you are being offered.

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In addition to getting immunized today, remember to:

- Cover your cough with a tissue, a paper or your arm
- Wash your hands before eating and after using the bathroom
- Don't share food or beverages
- Avoid public places when you are sick

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To learn more about Avian flu:

- Call The California Department of Health Services toll-free 1-800- 550-5234
- Visit the Centers for Disease Control website: www.cdc.gov/flu/avian/index.htm
- Visit the California Department of Health Services website at: www.dhs.ca.gov/ps/dcdc/disb/avianflu.htm

Thank you for participating in our DRILL.

This is only a Drill..... There was NO Avian Flu outbreak. Avian Flu is real but it is currently NOT transmitted human-to-human. Although researchers are working on new vaccines for Avian Flu, there is NO vaccine available at this time.

Thank you again for helping us test our Yolo County Emergency Response and Disease Investigation System.

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