

**Yolo County MCAH Advisory Board**  
Woodland, California

November 12, 2014

**MINUTES**

The Yolo County MCAH Advisory Board met on the 12th day of November 2014, in the Thomson Conference Room, Suite #1600 in the Bauer Building, 137 N. Cottonwood Street, Woodland, California at 8:45 a.m.

**Voting Members Present:** Jessica Cerniak, Julie Gallelo, Katy King-Goldberg, John McKean, Kathleen Middings,

**Voting Members Absent:** Kristen Alexander, Dian Baker, Barb Boehler, Jenifer Newell, Stephen Nowicki, Tia Will

**Staff & Guests:** Ashley Logins-Miller, Katya Lopez Arreola, Zach Romawac, Anna Sutton, Amy Thurman

**8:45 A.M. CALL TO ORDER**

**1. Welcome and roll call.**

**2.** The Advisory Board did not achieve quorum. The Advisory Board will table consideration for the approval of August 13, 2014 and September 10, 2014 at the January 14, 2015 meeting.

**3. Public Comment:**

- John McKean recently attended a presentation by the DA office on Restorative Justice that has been established in Davis and West Sacramento. This is a neighborhood court system that deals with first time misdemeanor defenders. John would like to explore the options of expanding this to Woodland as well, as it is an opportunity to divert people of the criminal justice system. John will connect with the presenter and Ashley to schedule a presentation.
- Anna Sutton shared that the Restorative Justice connects to Trauma Informed Care, which now has a Yolo chapter that meets monthly. More information can be found [HERE](#). Anna will coordinate a presentation at the same meeting as the Restorative Justice presentation.

**REPORTS**

**4. SB-857:**

- Anna Sutton & Katya Lopez provided an overview of the history of SB-857. There are several challenges regarding this bill.
  - There is a population of pregnant women \*(138%-213% FPL) who are eligible for dual coverage but the computer interface does not inform them adequately about dual coverage (Medi-Cal and Covered California).
  - The women who are dually covered are unable to access the CPSP services unless they select a Medi-Cal provider who is also networked with their chosen Covered California Plan. For local provider information, please contact the CPSP program/Anna Sutton at (530) 666-8649 directly or the CPSP Provider. A premium assistance program for dually covered women who elect to use their Covered CA benefits for pregnancy has been delayed for at least another year.
  - More information can be found [HERE](#).

**5. Debrief on Upstream Sonoma field Trip:** item was tabled to future meeting.

**6. MCAH Director's Update:**

- Please see [Attachment A “MCAH Director’s Update”](#)
- Due to Medi-Cal Expansion, 90% of providers will be moving to managed care. That will remove the incentive to perform CPSP services. The providers that are already providing CPSP services are committed to continue, however new providers are not interested.
- Anna Sutton has become the MCAH Coordinator, which means you may see her cover for Jan a bit more.
- The Winters Service Center is now open. The Grand Opening and Ribbon Cutting is tomorrow. Currently, the Service Center is staffed with eligibility and employment services staff from DESS. In January, WIC will have staff working out of that office on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays. The address for the Winters Service Center is 111 E. Grant Ave, Winters, CA and the phone number is (530) 406-4444
- WIC services have been expanding and shifting in Davis and West Sacramento, thanks to ADMH coordinating with WIC to utilize space when they are not. WIC will be moving there in January. 2<sup>nd</sup> and 4<sup>th</sup> Friday services. Will have staff at the opening.

## NEW BUSINESS

### 7. Yolo Children’s Movement:

- Please see [Attachment B “Yolo Children’s Movement”](#)
- A Children’s Status Report has been developed and can be found [HERE](#).
- In the spring, there will be a Children’s Workshop to identify policy priorities.
- Yolo Children’s Movement is in the process of recruiting a project management consultant. Please see Julie Gallelo for more information.

### 8. Retreat Planning:

The annual retreat will be held in January and is hosted at First 5. A discussion around agenda items occurred and the potential topics to include are:

- Data presentation by Jan (she needs more time than she usually gets)
- FIMR Report highlight by Anna Sutton
- PMHC update by Anna (5-10 min)
- MCAH Needs Assessment review & Action Plan looking forward
- Review policy agenda
- Supervisor Provenza
- Integration efforts updates
- Children’s Movement Update

### 9. E-Cigarette Update:

- Please see the presentation [HERE](#).
- Keri asked the MCAH Advisory Board if there was interest in writing a letter of support to take to the Board of Supervisor to expand the current efforts to include e-cigarettes in the current no smoking policy for the unincorporated areas of the County. The Advisory Board is supportive and will work with Steve Jensen at Health Services to craft a letter to the Board of Supervisors.

## ANNOUNCEMENTS

- DESS has staff permanently assigned to the Winters Service Center. In addition, they are gearing up to have more staff on the phones lines in preparation for Covered California Open Enrollment starting November 15.

- California Maternal Mental Health Collaborative/2020 Mom will be hosting the Annual Emerging Considerations in Maternal Mental Health forum in February in LA. Anna Sutton is attempting to find someone in Northern California who has the resources to host a webcast. If you know of a partner that may be able to host that, please contact Anna. Please see [Attachment C](#) for more information.
- Katy King-Goldberg spoke some about the period of purple crying DVDs that will be phased out and Safe Sleep messaging.
- Laurie shared some reminders about WIC. There are no restrictions on when a pregnant mom can enroll in WIC, so please encourage women to enroll as soon as they know they are pregnant. In addition, eligible mothers can receive 6 months postpartum WIC coverage after a miscarriage with documentation from a doctor.
- Kathi Middings shared that she is working with approximately 30 pregnant or parenting teens in the Woodland school district.
- First5 Yolo has started a Home Visiting Collaborative, which includes Jan Babb and Katy King-Goldberg. The focus is to look at what programs are available in the county and how to sustain a continuum of those programs/services.
- First5 Yolo has developed the framework for their Strategic Plan for FY 15-16 and are working on the implementation plan.

## ADJOURNMENT

**10. Next meeting** scheduled for: January 14, 2015 at First 5 Yolo

**11. Attachments:**

- Attachment A – “MCAH Director’s Report”
- Attachment B – “Yolo Children’s Movement Presentation”
- Attachment C – “Emerging Considerations in Maternal Mental Health Forum Flyer”

Respectfully submitted by:

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Ashley Logins-Miller, Secretary  
Yolo County MCAH Advisory Board

# Attachment A - MCAH Director's Update

## MCAH Director's Report

November 12, 2014

**General updates:** HHS integration update: monthly meetings continue for executive leadership from all three departments. A multiphase organizational restructuring has been proposed. Advisory Boards were recently asked to take a survey providing feedback on the plan. A report on HHS integration planning was presented to BOS at Nov 4<sup>th</sup> meeting. The Winters Service Center Grand Opening Celebration is scheduled for 11-13-14 @ 3:30. Department of Health Services is hosting quality improvement and performance measurement training for staff during Nov-January.

### **AFLP (Adolescent Family Life Program)**

Budget and plan for 14-15 approved by State. Adding on PHN @25%. Caseload 23.

### **FIMR/SIDS**

New position approved @25%, will assist with FIMR cases. Not yet hired.

### **Immunization program**

Upcoming special Flu Clinics: Winters Grand Opening Thursday, November 13<sup>th</sup>, 3:00-6:00; Woodland Senior & Community Center, 2001 East St, Woodland Friday December 10 11:00am – 1:00pm. Immunization Coordinator focusing on low vaccination rates in certain school in Yolo County.

### **Injury Prevention**

Car Seat program will be doing inspections at Winters Grand opening and will schedule appointments at this site.

### **MCAH Local Program**

Anna Sutton is now MCAH Coordinator. Jan will continue as MCAH Director. Budget and Scope of Work approved for FY 14-15. Developing action plans for priority areas. Hiring Outreach Specialist for Adolescent Sexual Health priority area. Perinatal Mental Health Collaborative continues to meet.

### **Nurse Home visiting**

PHNs carrying approximately 20 families each, CSUS students working with an additional 12 families, 9 on waiting list. Adding additional PHN @50%.

### **Nutrition Programs**

NEOP Program working on Worksite Wellness and also working with City of Woodland on the Woodland Fitness Initiative Commit2Fit campaign. WIC program will be joining the Winters Services center in January 2015.

### **Tobacco Control/Prevention**

MCAH AB receiving an update today.

# Attachment B - Yolo Children's Movement Presentation

11/12/2014



**It's the new force for change our children need and deserve.**



"Until now, public support has been too diffuse to have the impact it should on the county's policymaking priorities."

"Consequently, interest groups with much less public will behind them have been able to divert policymakers' attention away from children's successful development, such as poor academic achievement."

childrennow.org

A young girl is climbing on a wooden structure, possibly a play set or a bridge, with a wooden railing. She is wearing a pink top and has her hair in a ponytail.

### PUTTING CHILDREN FIRST

- Engage & Inform
- Encourage Policy
- Advocate

### FIRST STEPS

#### CHILDREN'S STATUS REPORT

- ✓ Family Economic Sufficiency
- ✓ Health
- ✓ Mental Health
- ✓ Childcare
- ✓ Education
- ✓ Safety

A young boy is smiling broadly, holding a dark object, possibly a book or a toy, in front of him. He is wearing a red and white striped shirt.

- ✓ Parents
- ✓ Child Advocates
- ✓ Civic Leaders
- ✓ Business Partners
- ✓ Service Providers

### CHILDREN'S WORKSHOP

A map of a city or region is shown, with various streets and landmarks visible. The map is partially obscured by a blue banner at the top and a red banner at the bottom.

### CHILDREN'S AGENDA

"...a **roadmap** for the county's policymakers, advocates, and service providers."

- ✓ Identify priority areas for funding
- ✓ Outline specific actions
- ✓ Guide fiscal and policy decisions



- ✓ Improved coordination and efficiency
- ✓ Unified visibility for issues that affect children
- ✓ Support for building partnerships
- ✓ A shift toward prevention investments

**OUTCOMES**

**Better Decisions = Better Results**



**ALIGNS WITH YOLO COUNTY TACTICAL PLAN**

**Innovation • Collaboration • Safety Net**



**JOIN US!**


# Attachment C - Emerging Considerations in Maternal Mental Health Forum Flyer

*Let the Countdown Begin*  
— February 12-13, 2015 —


## Annual Emerging Considerations in Maternal Mental Health Forum

### Maternal Mental Health and the Life Course Model


*February 12, 2015*



**Keynote Speakers:**  
**Neal Halfon MD, M.P.H.**  
David Geffen School of Medicine at UCLA



**Vincent J. Felitti MD**  
Co-Principal Investigator of the Adverse Childhood Experiences (ACE) Study



**Key life course concepts can be summarized as follows:**

- Today's experiences influence tomorrow's health. (Timeline)
- Health trajectories are particularly affected during critical periods, such as early childhood. (Timing)
- The broader environment strongly affects the capacity to be healthy. (Environment)
- Equality in preventive health and health care access reflects more than genetics and personal choice. (Equity)


**Join Us**


8:30 am	Registration & Breakfast
9:00	Welcome
9:30	Keynote
10:40	Panel 1
12 noon	Lunch & Keynote
1:30	Panel 2
3pm	Closing

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## Trauma Informed Care Training

*February 13, 2015*

CEUs are Available • Hosted in Partnership with 



**Speaker:**  
**Jaiya John PhD**  
Doctor Of Social Psychology,  
Consultant to Child Welfare  
Institutions, Author

Becoming "trauma-informed" means recognizing that people often have many different types of trauma in their lives, particularly those from underserved communities who experienced traumatic conditions at an early age. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning health care providers and caregivers. Trauma Informed Care emphasizes physical, psychological and emotional safety for both consumers and providers, and helps survivors rebuild a sense of control and empowerment.

**Join Us**

8:30 am	Registration & Breakfast
9:00	Session 1
11:45	Lunch
1:00	Session 2

*Learn more at: [camaternalmentalhealth.org](http://camaternalmentalhealth.org)*

Hosted by the California Maternal Mental Health Collaborative/2020 Mom

California Endowment, Los Angeles      #MMHForum2015