



**YOLO COUNTY  
PERINATAL MENTAL HEALTH  
COLLABORATIVE**



MCAH  
Advisory  
Board Annual  
Retreat  
January 14,  
2015



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## MISSION STATEMENT

Promote **maternal wellness** by developing and maintaining a system of care for Yolo County mothers who are at risk for or experiencing perinatal mood and anxiety disorders.

Yolo County Perinatal Mental Health Collaborative  
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## 3 GOALS

1. Assure perinatal mental health resource information is easy to access by all community members.
2. Maintain a strong county-wide & multidisciplinary collaborative.
3. Develop platform (s) that give providers/professionals access to local tools, research & best practices around screening, assessment, referring and treatment perinatal mental health disorders.

## AGENCY PARTICIPATION

Agency	
2-1-1 Yolo	Woodland Healthcare/Dignity Health
BirthStream	Woodland Police Department
Center for Families (CFF)	YCOE/Head Start
CommuniCare Health Centers (CCHC)	Yolo County Children's Alliance (YCCA)
Community Members	Yolo County Department of Employment and Social Services (DESS)
First 5 Yolo	Yolo County District Attorney's Office
Foster & Kinship Care Education	Yolo County Health Services – ADMH
Kaiser Permanente – Pediatrics	Yolo County Health Services – Vital Records
Partnership HealthPlan of California (PHC)	Yolo County Health Services – WIC
Postpartum Support International	Yolo County Health Services – MCAH
Progress House	Yolo Family Services Agency (YFSA)
Winters Healthcare Foundation	

## OUR HISTORY

- Launched in March 2014 based on the FIMR Community Action Plan priority areas.
- Priority issue identified by MCAH 5 year Title V Needs Assessment process (2013-2014)
- Monthly Meetings: First Friday of every month, 12:30-2pm at Yolo County Health Services.
- Facilitated by Yolo County MCAH staff members.
  - Contact: [anna.sutton@yolocounty.org](mailto:anna.sutton@yolocounty.org)
  - (530) 666-8649, Desk

## YEAR 1 ACTION PLAN

- **Awareness & Outreach**
  - **May Campaign:** agency presentations, social media posts, agency endorsements, traveling *blue dot*
  - **Blue Dot:** new universal symbol for “postpartum depression”



- **Screening & Resource Mapping Project**
- **Website development**

## THE STATEWIDE CONVERSATION...

- CA Maternal Quality Care Collaborative – Stanford University
- Contra Costa County Perinatal Depression to Wellness Network
- Inland Empire Perinatal Depression Collaborative
- Los Angeles County Perinatal Mental Health Taskforce
- Placer County Mental Depression Task Force
- Santa Barbara County: Postpartum Education for Parents
- Santa Clara County Public Health Department
- Santa Cruz Perinatal Mental Health Coalition
- Silicon Valley Coalition for Maternal Wellness
- Butte County Health Services/First 5
- Tulare County Public Health/WIC collaboration
- Sacramento Regional Perinatal Mental Health Taskforce
- ***Yolo County Perinatal Mental Health Collaborative***



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## QUESTIONS?

### Yolo County Perinatal Mental Health Collaborative

**Contact:**

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