Yolo County One-Stop Career Workshop Calendar

500-A Jefferson Boulevard, West Sacramento, CA 95605 To Register Contact: Sandy Jack @ (530) 661-2750, Ext. 4359

April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
30 Career Exploration <i>Day 1, 9am-4pm</i>	31 Career Exploration <i>Day 2, 9am-4pm</i>	1 Career Exploration Day 3, 9am-4pm April Fools' Day	2 Career Exploration Day 4, 9am-4pm	3 Career Exploration Day 5, 9am-4pm
6	7	8	9	10
Application	Resumé	Interview Techniques	Interview Techniques	Hidden Job Market
Day 6, 9am-4pm	Day 7, 9am-4pm	Day 8, 9am-4pm	<i>Day 9, 9am-4pm</i>	Day 10, 9am-4pm
13	14	15	16	17
Supervised Job Search	Supervised Job Search	Supervised Job Search	Supervised Job Search	Supervised Job Search
Day 11, 9am-4pm	Day 12, 9am-4pm	Day 13, 9am-4pm	Day 14, 9am-4pm	Day 15, 9am-4pm
20 "April showers bring May flowers"	21 Summary Review Application / Resumé 9am-12pm	22 Summary Review Interview Techniques 9am-12pm Earth Day		24
27	28	29	30	1
Career Exploration	Career Exploration	Career Exploration	Career Exploration	Career Exploration
Day 1, 9am-4pm	Day 2, 9am-4pm	<i>Day 3, 9am-4pm</i>	Day 4, 9am-4pm	Day 5, 9am-4pm

Employment Center is open Monday through Friday, 8am to 4pm, except Holidays

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Employment Center – Main Lobby Mon-Fri, 8am-4pm Employment Center Staff are available to assist participants in job search techniques and computer research. Resources include Internet access, job leads, on-site recruitments, and help wanted ads from regional newspapers. A copy/fax machine is also available for employment-related activities only.

<u>Workshops begin promptly at 9am</u> Please arrive by 8:45am to reserve your seat

Week One

Career Exploration – Room Workshop 4 9am-4pm This is a fifteen-day workshop that is divided into three sections. The first section, days 1-5, focuses on Career Exploration. Participants explore skills, personalities, values, interests, barriers, and the labor market to identify appropriate career goals. Other topics to be explored during the fifteen-day workshop include:

Week Two

Applications and Resumés – Room Workshop 4 9am-4pm *On days 6 and 7* participants will develop and fine tune their master application and resumé with the assistance of trained staff. You are encouraged to bring a list of work history and educational information.

Interview Techniques – Room Workshop 4 9am-4pm

On days 8 and 9, participants will learn how to prepare, relax, and communicate effectively with employers during an interview. You will learn how to develop acceptable replies for hard to answer questions.

Hidden Job Market – Room Workshop 4 **9am-4pm** *On day 10*, participants will receive an overview of job search techniques, how to look for work, and the fundamentals of the Hidden Job Market.

Week Three

Job Searching – Room Workshop 4

9am-4pm

On day 11, participants will be introduced to the Employment Center and the Yolo Works Virtual One-Stop (VOS) system. You will learn how to create an on-line resumé and navigate the VOS system for job search. *On days 12-15,* participants will utilize the skills they have learned to begin intensive Job Searching with assistance from facilitators.

Summary / Review

Summary / Review of Application / Resumé 9am-12pm A three-hour workshop where participants will review their applications and resumés.

Summary / Review of Interview Techniques 9am-12pm A three-hour workshop where participants prepare and learn to communicate effectively with employers during interviews.



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