## Yolo County One-Stop Career Workshop Calendar

500-A Jefferson Boulevard, West Sacramento, CA 95605 To Register Contact: Sandy Jack @ (530) 661-2750, Ext. 4359

# April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> Career Exploration <i>Day 1, 9am-4pm</i>	<b>31</b> Career Exploration <i>Day 2, 9am-4pm</i>	1 Career Exploration Day 3, 9am-4pm April Fools' Day	2 Career Exploration Day 4, 9am-4pm	3 Career Exploration Day 5, 9am-4pm
6	7	8	<b>9</b>	10
Application	Resumé	Interview Techniques	Interview Techniques	Hidden Job Market
Day 6, 9am-4pm	Day 7, 9am-4pm	Day 8, 9am-4pm	<i>Day 9, 9am-4pm</i>	Day 10, 9am-4pm
13	14	15	<b>16</b>	<b>17</b>
Supervised Job Search	Supervised Job Search	Supervised Job Search	Supervised Job Search	Supervised Job Search
Day 11, 9am-4pm	Day 12, 9am-4pm	Day 13, 9am-4pm	Day 14, 9am-4pm	Day 15, 9am-4pm
20 "April showers bring May flowers"	21 Summary Review Application / Resumé 9am-12pm	22 Summary Review Interview Techniques 9am-12pm Earth Day		24
27	28	<b>29</b>	30	1
Career Exploration	Career Exploration	Career Exploration	Career Exploration	Career Exploration
Day 1, 9am-4pm	Day 2, 9am-4pm	<i>Day 3, 9am-4pm</i>	Day 4, 9am-4pm	Day 5, 9am-4pm

Employment Center is open Monday through Friday, 8am to 4pm, except Holidays

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**Employment Center – Main Lobby** Mon-Fri, 8am-4pm Employment Center Staff are available to assist participants in job search techniques and computer research. Resources include Internet access, job leads, on-site recruitments, and help wanted ads from regional newspapers. A copy/fax machine is also available for employment-related activities only.

#### <u>Workshops begin promptly at 9am</u> Please arrive by 8:45am to reserve your seat

#### Week One

**Career Exploration – Room Workshop 4** 9am-4pm This is a fifteen-day workshop that is divided into three sections. The first section, days 1-5, focuses on Career Exploration. Participants explore skills, personalities, values, interests, barriers, and the labor market to identify appropriate career goals. Other topics to be explored during the fifteen-day workshop include:

#### Week Two

**Applications and Resumés – Room Workshop 4 9am-4pm** *On days 6 and 7* participants will develop and fine tune their master application and resumé with the assistance of trained staff. You are encouraged to bring a list of work history and educational information.

#### Interview Techniques – Room Workshop 4 9am-4pm

*On days 8 and 9*, participants will learn how to prepare, relax, and communicate effectively with employers during an interview. You will learn how to develop acceptable replies for hard to answer questions.

**Hidden Job Market –** Room Workshop 4 **9am-4pm** *On day 10*, participants will receive an overview of job search techniques, how to look for work, and the fundamentals of the Hidden Job Market.

#### Week Three

#### Job Searching – Room Workshop 4

9am-4pm

*On day 11,* participants will be introduced to the Employment Center and the Yolo Works Virtual One-Stop (VOS) system. You will learn how to create an on-line resumé and navigate the VOS system for job search. *On days 12-15,* participants will utilize the skills they have learned to begin intensive Job Searching with assistance from facilitators.

#### Summary / Review

**Summary / Review of Application / Resumé** 9am-12pm A three-hour workshop where participants will review their applications and resumés.

**Summary / Review of Interview Techniques** 9am-12pm A three-hour workshop where participants prepare and learn to communicate effectively with employers during interviews.



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