

Yolo County Department of Health Services Calendar and Annual Report 2015





Yolo County Department of Health Services

137 N. Cottonwood Street, Suite 2100, Woodland, CA 95695
530-666-8645

October, 2014

In 2013, the Departments of Health and Alcohol Drug & Mental Health were combined under one administrative leadership. In 2014 we began the work of integrating programs to improve the delivery of health services to the residents of Yolo County. We strive to provide our residents with holistic services and faster access to care in order to improve client outcomes. In July 2014, we fully integrated the leadership structure and now refer to the new combined department as the Department of Health Services (DHS). Also in July 2014, the Environmental Health Division was transferred from the Health Department to the new the Planning, Public Works and Environmental Services Department. This change should result in a more streamlined process for their clients to obtain necessary permits and approvals.

As we recognize last year's accomplishments and review the health status of Yolo County residents, we are also looking forward. We expect many more people to have access to medical care for themselves and their families in 2014 as a result of the Affordable Care Act (ACA). However, the ACA alone cannot solve all public health problems and health disparities. The social, emotional and cultural factors that affect health continue to be important, including education, income, country of birth, language, neighborhood safety, access to parks, access to healthy food, and living in a clean environment. The solutions to these challenges will not be simple. The Healthy Yolo project is focusing on ways to create healthy communities through targeted efforts based on community input and

partnerships. The DHS cannot do this alone. We look forward to continuing the community partnerships that were fostered in the past year to implement shared plans to improve health in all of our communities in 2015.

Our 2015 calendar highlights many of the exciting transitions taking place at DHS. Each month one topic in health is highlighted. The report both spotlights DHS accomplishments and provides health statistics about Yolo County. Some new topics have been added: Mental Health (May); Tobacco, Alcohol and Drug Use (December); and data about the Nurse Home Visiting Program (June) under Perinatal Health. At the beginning of 2014, we experienced a more severe influenza season than in recent years associated with resurgence of the pandemic H1N9 influenza strain. The first half of 2014 has also seen a statewide pertussis (whooping cough) epidemic, with over 5,000 cases statewide and over 120 cases in Yolo County. This epidemic highlights the importance of childhood vaccines. Lower immunization rates put everyone in the community at risk, especially infants and the elderly. Vaccination rates in Yolo County schools can now be viewed using a link from the DHS website. Our clinics and hospitals continue to treat many preventable chronic diseases, including diabetes, heart disease, and chronic lung disease (COPD).

Sincerely,



Jill Cook, MS, RN, PHN, Director



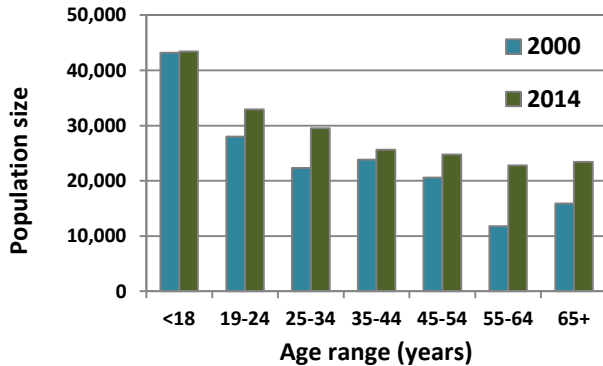
Constance Caldwell, MD, Health Officer



Population Demographics

Changing population demographics provide challenges for counties because as people age, they require more health and social services.

Between 2000 and 2014, the age groups in the population estimated to be growing the fastest were the 55 to 64-year-olds (94% increase or almost doubled in size since 2000) and 25 to 34-year-olds (32% increase), i.e., the baby boomers and their children, the echo boomers.



Population Growth by City

The population is growing fastest in West Sacramento, where it has increased by 61% between 2000 and 2014. The population in Winters, Woodland and rural areas has also grown by ~15%.

Population Change in Yolo County Cities, 2000 to 2014

City	2000 Population	2014 Population	% Change from 2000 to 2014
Davis	60,308	66,656	10.5%
West Sacramento	31,615	50,836	60.8%
Winters	6,125	6,979	13.9%
Woodland	49,155	57,223	16.4%
Rest of county	21,457	24,687	15.1%
Total	168,660	206,381	22.4%

New Year's Blues

Beyond the celebrations, each New Year brings the tradition of reviewing the past while planning for the future. For some people, this reflection can be quite troubling, especially if they perceive a lack of accomplishments or other disappointments from the year. This is known as New Year's Blues and is often coupled with a tendency to focus on problems without any action to overcome or solve them. For those who suffer from mood disorders such as depression or seasonal affective disorder in winter, the New Year's Blues can exacerbate feelings of hopelessness and dissatisfaction. Tips to navigate these feelings follow:

- Anticipate. If you've experienced these blues before, make an action plan before the end of the year.
- Shift into action. Start small to find things you can do to change the situation. Sometimes just asking the question will lead to a shift in thinking patterns.
- Distract yourself / get active. When you find yourself focusing on problems, find a distraction to change the mental subject and break the cycle. Try a healthy distraction such as exercise. Increasing physical activity benefits both mind and body.
- Be specific and flexible. Make sure resolutions are reasonable and attainable so as to encourage success. Don't be afraid to set small goals or break them into multiple steps. You can always adjust your sights as you achieve benchmarks.

Suicide Prevention

Suicide is considered a major preventable mental health problem in the U.S. and is the third leading cause of death for youth ages 10 to 24 nationwide. In Yolo County, an estimated 18% of high school freshmen and 11% of high school juniors had seriously considered attempting suicide in the past month.

Thinking about attempting suicide is important because it is an early warning sign. Immediate intervention can prevent subsequent and more serious suicide attempts.

The Department of Health Services has implemented the following initiatives to prevent and reduce suicide: an 800 number for local callers, expansion of mental health first aid training to include mental health first aid for youth, and other suicide prevention/intervention trainings such as SafeTalk, ASSIST, and QPR.



2014 Winner of Mental Health
Painting Contest - Blues



Dr. Connie Caldwell, Health Officer, participates in Moonlight Madness Run.

Leading Causes of Yolo County Deaths

Cause of Death	2012	%
Diseases of circulatory system incl. heart	381	28%
Cancer (all types)	342	25%
Diseases of respiratory system	162	12%
Diseases of nervous system	121	9%
Total deaths	1377	

Chronic Disease

Historically, infectious diseases were the main cause of illness and death in our society. Today, chronic illnesses such as diabetes, atherosclerosis, heart disease and chronic lung disease predominate. The percentage of Yolo County adults affected by some chronic conditions in 2012 appears below:

- Obesity (BMI >30) - 18%
- Asthma – 16%
- Arthritis – 13%
- Diabetes - 7%
- Heart disease – 5%

We can prevent some chronic illnesses by eating a diet rich in fruits and vegetables, exercising daily, maintaining a healthy weight, getting enough sleep, drinking alcohol in moderation or not at all, and quitting or never starting smoking. Medication and proper management can also reduce their impact.

January 2015

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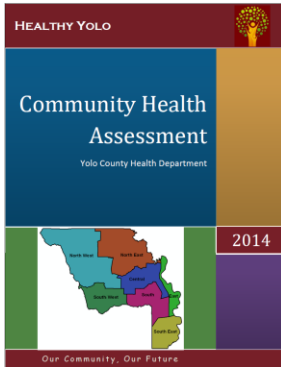
Thursday

Friday

Saturday

- Birth defect prevention month
- Cervical health awareness month
- Healthy weight awareness month

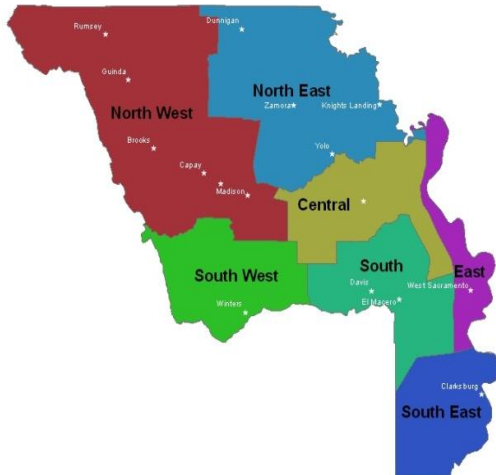
				 1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	 19 Martin Luther King Jr. Birthday	20	21	22	23	24
25	26	27	28	29	30	31



From July to November 2013, we surveyed 900 community members at 20 events to identify their top areas of concern related to health. The top four areas identified were:

- Obesity (42%)
- Mental health (32%)
- Diabetes (30%)
- Issues of aging (28%)

Regions of Yolo County in the Community Health Assessment.



Healthy Yolo and community partners will be looking at ways to improve health in these areas in the coming months.

The top four community strengths, grouped into broad categories, were:

- Positive characteristics of community members (18%)
- Educational system (11%)
- Community-based organizations (11%)
- Community facilities (9%)

<http://www.healthyyolo.org>

February 2015

Sunday

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- Prenatal infection prevention month
- Children's dental month
- American heart month

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President's Day

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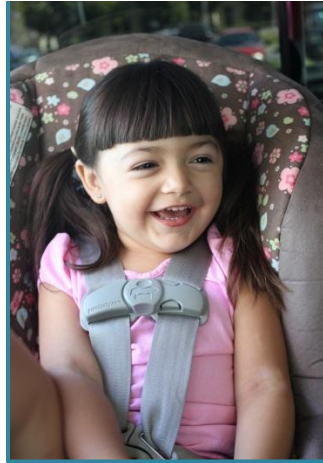
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Childhood Injury Prevention

Use of child safety seats protects children from serious injury in a vehicle accident. Vehicle accidents were the third leading cause of Emergency Department (ED) visits for pediatric injury in Yolo County in 2013.



The **Car Seat Safety Program** provides car seats and safety checks for the community. In the first six months of 2014, 144 car seats were checked and 150 car seats were provided to low-income families.

To schedule an appointment for a car seat safety check, call:
530-666-8651

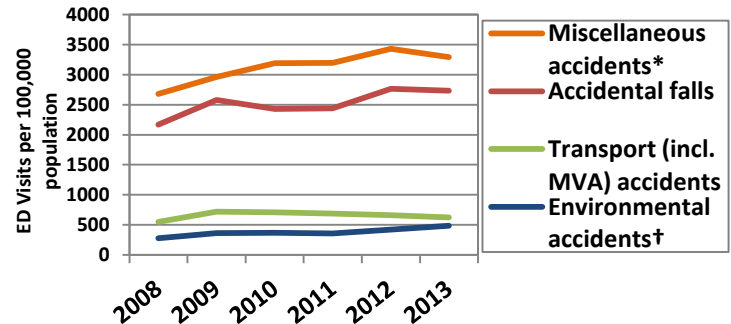
The top causes of ED injury visits in 2013 for children aged 0 to 17 were miscellaneous accidents,* accidental falls, transport accidents (mostly motor vehicle [MVA]), and environmental accidents.†

**Hit by falling object, striking object, cuts/piercing wounds, firearms, etc. †Due to weather events, exposure to the elements, animals or neglect.*

Education and Injury Prevention:

- Car seat checks – 4th Thursdays at WIC-West Sacramento
- The Car Seat Program has recycled 77 car seats at Davis Waste Removal since Oct 2013; 40% were expired and most were missing labels/manuals.

Pediatric (age <18) ED Visit Rates for Leading Causes of Injury, Yolo County 2008-2013



March 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none">• National nutrition month• Colorectal cancer awareness month• Brain injury awareness month						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

National Public Health Week was instituted in 1995 to help communities recognize the contributions of public health. The 2014 theme was “Public Health: Start Here,” focusing on ways to help Americans navigate the changing world of public health.



The **Hanna and Herbert Bauer Memorial Garden** celebrated its one-year anniversary in September 2014. The garden offers 31 community plots that are cultivated by residents and community groups, as well as a demonstration area, orchard and children’s garden. Since its inception, 10 classes and activities have been hosted in the garden with more planned. Partnerships with Americorps, Yolo County 4-H, the Master Gardeners of Yolo County, as well as various county programs, have helped make the garden a success. Garden events are listed on the Yolo County Department of Health Services webpage, Facebook, and in various media outlets through the community.

Public Health Fair Activities, April 2014

About 200 people attended the Health Fair and participated in activities such as:

Riding bikes that mix smoothies as you pedal (photo above)

Children’s car seats checks – 12

Learning sidewalk CPR (AMR) – 50

Health/wellness checks (CommuniCare, Woodland Healthcare) – 38

Learning about breastfeeding (WIC)– 60

Dog vaccination/rabies prevention (Yolo Co. Animal Services)

Mosquito prevention and control (Sac-Yolo Vector Control)



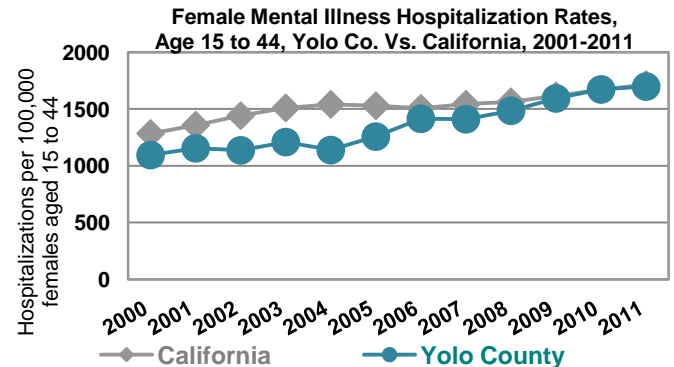
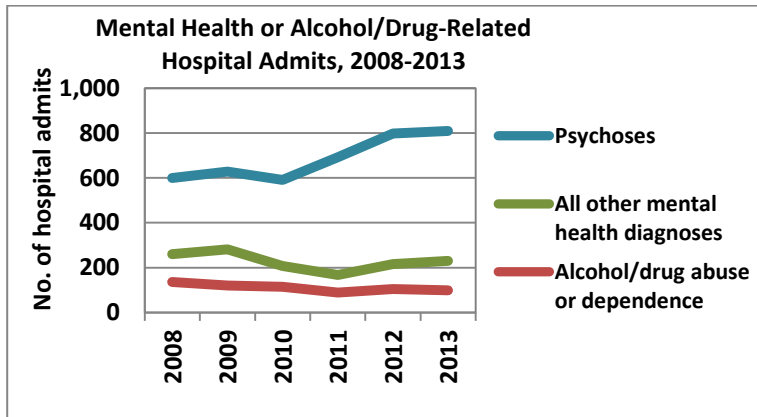
April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Child abuse prevention month • Sexual assault awareness & prevention month 						
			1	2	3	4
5	6 National Public Health Week	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 National Infant Immunization Week
26	27	28	29	30	<ul style="list-style-type: none"> • Minority health month • Alcohol awareness month 	

Since 1949, **Mental Health Awareness Month** has been observed in May. The purpose is to raise awareness about mental illnesses, such as depression, schizophrenia and bipolar disorder. Additionally, we aim to draw attention to suicide prevention and to educate our community about mental health disorders, while reducing the stigma that surrounds them.

Perinatal anxiety and mood disorders affect between 10-25% of all pregnant women and new mothers. Prenatal and postpartum depression affects the baby, the mother and even fathers. Many women do not recognize the symptoms or seek help. In March 2014, the Yolo County Perinatal Mental Health Collaborative was organized to tackle this challenging issue. The Collaborative hopes to gain a better understanding of the screening practices, treatment options and resources available to new parents in Yolo County.

Hospitalization rates for mental health diagnoses in Yolo County have trended upward since 2008, whereas the rates for alcohol- and drug-related dependence have decreased.



Perinatal Health

The **Maternal, Child and Adolescent Health (MCAH) Program** works to assure that women of child-bearing age and their families have access to quality health and support services and a safe, healthy environment in which families can reach their full potential for good health. Working with the Yolo County MCAH Advisory Board and other community partners, the program develops interventions to address local priority health needs including:

- Access to Mental Health services for the MCAH population
- Perinatal mood and anxiety disorders
- Sudden Infant Death Syndrome (SIDS/SUID) prevention and education
- Adolescent sexual health promotion/STI prevention

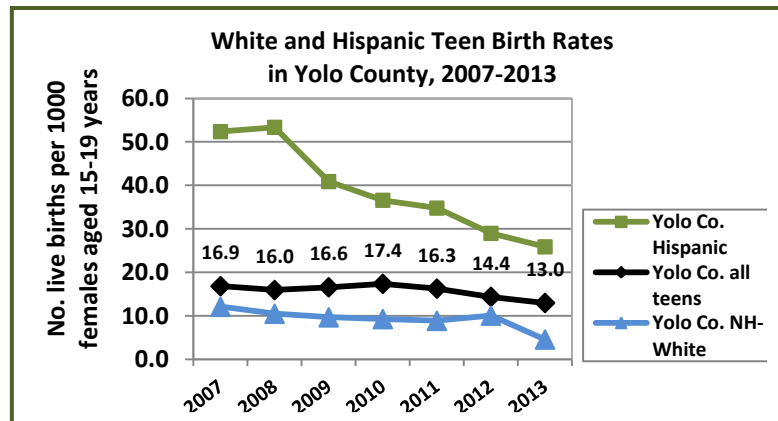
The **Adolescent Family Life Program** and the **Together We Grow Nurse Home Visiting Program** provide home visitors for pregnant moms and their families to help assure a healthy infant and mother, optimal infant development, and support of the infant-parent bond through case management, education and linkage to resources. These programs serve approximately 75 families each month.

Please visit us at <http://www.yolocounty.org/health-human-services/health-department/women-children-family-services> for program information, updates and resources or call our MCAH Hotline at (800) 794-6517.



Yolo County Nurse Home Visitation staff are pictured at right.

Yolo County has made great strides in reducing teen pregnancy. Prevention is important because it has life-long social and economic effects for both mother and child.



June 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none">• National safety month• Men's health month• Home safety month						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Vector and Rabies Control

Practice the 7 D's of mosquito prevention:
DRAIN standing water that may produce mosquitoes.

DAWN and **DUSK** are times to avoid being outdoors.

DRESS appropriately by wearing long sleeves and pants when outside.

DEFEND yourself by using an effective insect repellent. Make sure to follow label directions!

DOOR and window screens should be in good working condition.

DISTRICT personnel are also available to address any mosquito problems (800-429-1022).

West Nile Virus (WNV) in Yolo Co.	2013
No. human cases	6
No. of dead bird reports	463
No. dead birds positive/tested	105/175
% tested birds w/active WNV	60%
No. positive mosquitoes	246



Rabies Control Activities	2013
Animal bites or bat exposures	1496
Emergency Dept visits for animal bites	246
Cats & dogs quarantined	403
Rabid bats	14

To report a dead bird:
Sacramento Yolo Vector Control District
877-968-2473 or
<http://www.FIGHTtheBITE.net>




To report an animal bite or dead bat:
Yolo County Animal Services
Day: 530-668-5287 After hrs:
530-666-8900



Keep my license current so that I can be reunited with my owner if I get lost. Keep my rabies vaccination up-to-date in case I bite a human or another animal. That will spare me from quarantine since **California is a rabies endemic area.**



July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Ultraviolet safety month • Recreation and parks month • Minority mental health awareness month 						
			1	2	3  Holiday for Independence Day	4  Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Children's Health

August is **Immunization Awareness Month**. Now is the time to make sure your children are up-to-date on vaccinations needed for school entry.

The **Child Health and Disability Prevention (CHDP)** program works to assure that low-income Yolo County children receive recommended immunizations and well-child visits, which are important to assess your child's physical, behavioral and emotional development.



California Children Services (CCS)

provides access to high-quality pediatric specialty medical care for children 0-21 years with complex medical conditions and physical disabilities, including cancer, diabetes, hearing loss, and epilepsy. The CCS Medical Therapy Unit (MTU) provides physical and occupational therapy for children with cerebral palsy and similar conditions.

Vaccination Rates, Yolo County Children, 2013-14

Grade in School	No. Up-to-Date on Vaccinations	Total Students	%
Preschool	2108	2345	89.9%
Kindergarten	2606	2338	89.7%
7 th Grade	2261	2350	96.2%

FY2013-14 Cases and Visits

CCS had ~700 active cases in 2013-14, of whom ~100 received treatment in the MTU (pictured center). There were 347 children in foster care covered by CHDP. A total of 24,606 well-child physicals were provided to CHDP clients in FY2013-14.

Vaccinations provided by the Yolo County Dept of Health Services, 2012-13

Vaccine	2012	2013	Vaccine	2012	2013
Mumps-Measles-Rubella	49	31	Hepatitis A	12	11
Influenza	2406	3003	Hepatitis B	12	20
Pneumonia	23	13	<i>Haemophilus influenzae</i>	20	13
Polio	20	36	Human papilloma virus (HPV)	10	12
TDaP (pertussis)	128	92	Varicella (chickenpox)	50	34

August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none">• Immunization awareness month• Children's eye health & safety month• National breastfeeding month						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Emergency Services Division Medical Health Operational Area Coordinator



What is a MHOAC?

The Medical Health Operational Area Coordinator (MHOAC) is the person responsible for monitoring and ensuring adequate medical and health resources are in place during an emergency. The MHOAC is authorized to make and respond to requests for mutual aid.



The MHOAC is the point of contact within Yolo County for information related to the public health and medical impact of an unusual event or emergency. The MHOAC person is on call 24 hours a day 7 days a week.

Here are some examples of when emergency responders and healthcare partners should contact our Yolo County MHOAC:

- When more than three ambulances are responding to a scene.
- The Incident impacts public health and safety.
- The event requires additional resources beyond Yolo County (State & Federal resources).
- The event requires media attention or is politically sensitive.
- Mass casualty events.



September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • National preparedness month • Alcohol & drug addiction recovery month • Baby safety month 						
		1	2	3	4	5
6 National Suicide Prevention Week	7  Labor Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

October is the time to get your annual influenza vaccination to prevent the flu. In the 2013-14 season, over 3,000 community members received flu vaccinations at clinics held at River City High School (West Sacramento), Lee Middle School (Woodland), the UC-Davis Quad, the Davis Senior Center, and the Historical Society's Woodland Cemetery tour.



Influenza Prevention: Prevent flu by getting vaccinated, washing your hands often, and staying home if sick.

To report a communicable disease:

Yolo County Department of Health Services

Day: 530-666-8645

Fax for healthcare providers: 530-669-1549

To report a food or restaurant complaint:

Yolo County Planning, Public Works & Environmental Services

Day: 530-666-8646

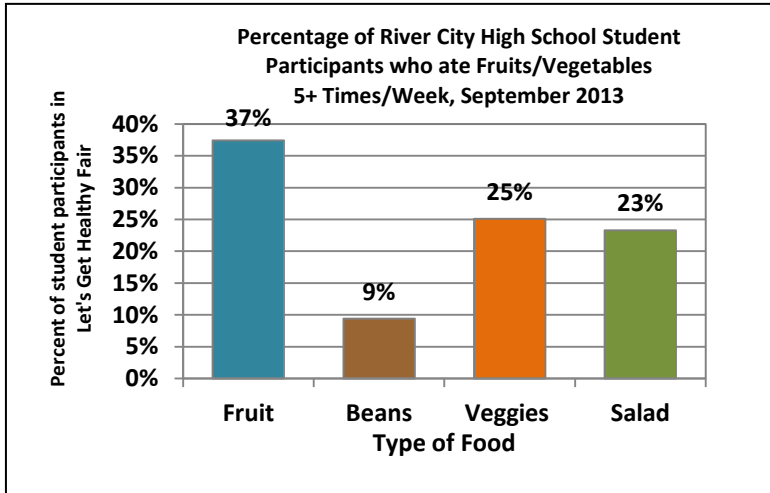
Leading Causes of Communicable Disease	2011	2012	2013
Sexually Transmitted			
Chlamydia	549	654	698
Gonorrhea	44	98	143
HIV/AIDS (persons alive)	170	180	193
Syphilis (all stages)	20	30	27
Gastrointestinal/Respiratory			
Campylobacteriosis	73	50	46
Coccidioidomycosis	5	2	0
Giardiasis	20	6	16
Salmonellosis (all types)	16	23	32
Shigellosis (all types)	21	4	3
Tuberculosis, active	3	3	3
Tuberculosis, latent	33	24	49
Vaccine Preventable			
Hepatitis B, chronic	56	61	60
Mumps	0	0	1
Pertussis	3	2	4
Other			
Hepatitis C, chronic	218	250	217

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Breast cancer awareness month • Domestic violence awareness month • World polio awareness month • Dental hygiene month 						
				1	2	3
4	5 Mental Illness Awareness Week	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 

The **Yolo County Women Infants and Children's (WIC) Program** provides vouchers for nutritious foods to about 5,000 participants each month, including 10% prenatal women, 10% breastfeeding women, 5% non-breastfeeding women, 25% infants, and 50% children under age 5. The average monthly redemption of WIC vouchers in local grocery stores is about \$300,000. The Farmers' Market Nutrition Program in Yolo County also received 900 packets worth \$20.00 each, with the potential purchasing power of \$18,000 at three local Farmers' Markets.

The **Let's Get Healthy Fair** at River City High School (West Sacramento) in September 2013 highlighted that fruit and vegetable consumption among teenagers is low.



WIC's Nutrition Goals:

- To increase the consumption of fruits, vegetables, whole grains and low-fat milk.
- To provide nutrition education.
- To improve access to fresh fruits and vegetables.
- To provide opportunities to grow food in community gardens.
- To enhance the variety of foods available to breastfeeding mothers.
- To support breastfeeding mothers by offering in-person or phone lactation counseling.



November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Lung cancer awareness month • Chronic obstructive pulmonary disease awareness month 						
1	2	3	4	5	6	7
8	9	10	11  Veteran's Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26  Thanksgiving Day	27 Day after Thanksgiving County Holiday	28
29	30			<ul style="list-style-type: none"> • American diabetes month • Homelessness awareness month 		

Tobacco Use. Nationwide, adult smoking has decreased from 42% in 1964 to 18% in 2012. Even fewer adults (7%) report smoking in Yolo County. However, Yolo County teen smoking has risen from 5% in 2003 to 15% in 2012. Smoking still accounts for 1 in 3 cancer deaths nationwide and 90% of lung cancer deaths.



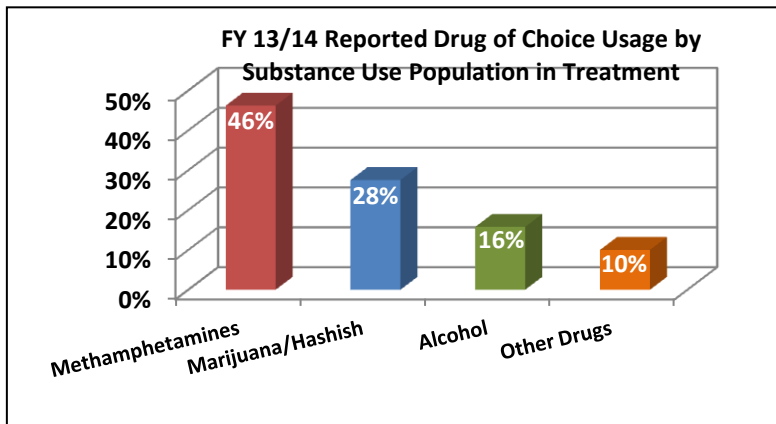
Tobacco Prevention Activities

On March 19-20, 2014 (above), River City and Pioneer high schools celebrated “Kick Butts Day” to educate peers about the dangers of tobacco use. On October 24, 2013 at River City High School (West Sacramento), the Anti-Tobacco Youth Coalition collected 261 surveys about e-cigarette use: 53% of students thought vapor from e-cigarettes would not harm others. On May 27, the Davis City Council voted unanimously to develop a policy restricting e-cigarettes in the same areas as traditional cigarettes. On May 30 in Fern Park, the Coalition educated children about the dangers of tobacco use and surveyed adults about tobacco marketing.




Drug Use

Among people incarcerated and on probation locally, 77% have substance abuse-related charges. Health Services is focusing on increasing services and improving the quality of treatment for substance use:

- Providers in Yolo County must use evidence-based curricula and regularly report outcomes associated with treatment.
- Phoenix House will provide substance use disorder services to individuals in Yolo County’s jail and Juvenile Detention Facility.
- CommuniCare Health Centers will provide mental health and substance use disorder services to participants in CalWorks.



December 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Drunk & drugged driving prevention month • Safe toys & gifts month • Seasonal depression awareness month • AIDS awareness month 						
		 1 World AIDS Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	 25 Christmas Day	26
27	28	29	30	31	January 1 	

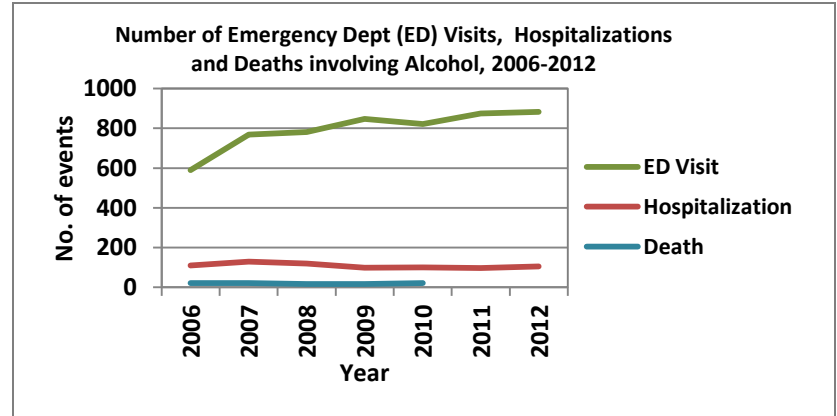
Alcohol Use

According to CDC, excess alcohol use is the fourth leading preventable cause of death in the USA. Binge drinking is responsible for >50% of deaths



and 75% of the economic costs of excessive drinking. In a 2014 report, CDC estimated that 1 in 10 deaths among working age adults (20 to 64) was alcohol-related. The latest available estimates for Yolo County (2012) found that 18% of teens indulged in binge drinking in the past month, up from 12% in 2009. Of greater concern is that 38% of adults reported binge drinking in the past year in 2012.

In 2012, alcohol was involved in 10% of California's motor vehicle accidents and 39% of crash fatalities. Among Yolo County residents, about 20 deaths and 100 hospitalizations occur per year involving alcohol (see figure below). The number of ED visits for illness or injury involving alcohol rose by 50% from nearly 600 in 2006 to almost 900 in 2012, a significant increasing trend. Hospitalizations in the same time period remained flat.



Senior Health

The leading causes of hospitalization for illness in the elderly (aged 65+) in Yolo County in 2012 and 2013 were:

- Heart and circulatory system disease
- Infectious disease
- Respiratory disease
- Gastrointestinal disease
- Musculoskeletal and connective tissue disease

The leading causes of hospitalization for injury and accident in Yolo County in 2012 and 2013 were:

- Adverse effects of therapeutic drugs/biologicals
- Late complications of surgical/medical procedures
- Accidental falls

A 2014 Yolo County report on elderly care resources and facilities found that:

- Resources and information for family members seeking services for elderly relatives were not readily available.
- There are not enough daycare facilities to meet demand.
- Few alternatives to expensive assisted-living services exist in the county.



Fall Prevention

According to CDC, each year 1 in every 3 adults aged 65+ experiences a fall. At age 80, over half of seniors fall annually. Falls accounted for ~7% of hospitalizations in Yolo County in 2012 and 2013. CDC reports that 25% of fall patients die within a year. To prevent falls:

- **Do light or moderate exercise**, such as Tai Chi. Weak muscles increase the chance of falling.
- **Check medications.** Those that cause dizziness or drowsiness make falling more likely.
- **Get your vision checked.** Poor vision makes it harder to see trip hazards and move around safely.
- **Eliminate clutter at home.** Identify potential trip hazards and move or remove them.

Enhancing the quality of life for all in Yolo County



Yolo County Department of Health Services

137 N. Cottonwood Street, Suite 2100

Woodland, CA 95695

530-666-8645

<http://www.yolohealth.org>

