



Program Information	Organization
<i>Counseling</i>	
<p>Provides counseling on issues such as: parent-child problems, depression, anxiety disorders, sexual and physical abuse. Fees for counseling services are on a sliding scale.</p>	<p><u>Catholic Social Service of Sacramento: New Pathways Counseling:</u> Address: 5890 Newman Court, Sacramento Phone: 916-452-7481</p>
<p>Counseling for family, teen and individual issues. Ryan White, HIV/AIDS services. Suicide Prevention Hotline: 916-368-3111.</p>	<p><u>Wellspace Health Mental Health Counseling - South Valley Clinic:</u> Address: 8233 East Stockton Boulevard, Suite D, Sacramento Phone: 916-236-4700</p>
<p>Counseling services</p>	<p><u>Yolo Family Service Agency (YFSA)</u> Address: 719 2nd street, Suite 18, Davis Phone: Woodland - 530-662-2211; West Sac - 916-375-1254; Davis - 530-753-8674</p>
<p>Provides counseling services and case management</p>	<p><u>Mental Health Services (ADMH)</u> Address: 137 North Cottonwood Street, Suite 1540, Woodland Phone: 530-666-8630</p>
<p>Support group and counseling for the loss of a loved one.</p>	<p><u>Yolo Hospice / Stepping Stones</u> Address: 1909 Galileo Court, Suite A, Davis Phone: 530-758-5566</p>
<i>Doctors</i>	
<p>Offers no-cost or low cost, confidential, caring reproductive health services for teens 19 and under. Males and females welcome. Walk-ins accepted, appointments are recommended. Wednesday, 12:30pm to 5:00pm Thursday & Friday, 12:30pm to 4:00pm</p>	<p><u>Communicare Health Centers, Teen Services</u> Address: 215 West Beamer Street, Woodland Phone: 530-758-1510 Ext.1436 or 530-666-8960</p>
<p>Periodic health checkups and immunizations are provided by private physicians and clinics.</p>	<p><u>Yolo County Health Department, Health and Disability Prevention Program</u> Address: 137 North Cottonwood Street, Woodland Phone: 530-666-8249</p>
<p>Provides medical services</p>	<p><u>Wellspace Health Medical Clinic</u> Address: 1820 J Street, Sacramento Phone: 916-313-8400</p>
<i>PRESCRIPTION ASSISTANCE</i>	
<p>Apply by phone, or text "family" to 700700 to receive a free FamilyWize - United Way prescription discount card via text. More information go to: www.familywize.org</p>	<p><u>FamilyWize Prescription Savings Card:</u> Phone: 800-222-2818</p>

Hotlines	
24/7 Emergency response system for youth ages 12-24 and their families. Provides crisis intervention counseling.	California Coalition for Youth; Youth Crisis Line Phone: 1-800-843-5200
Provides telephone counseling, crisis intervention, and information. Collect calls accepted within Yolo County.	Suicide Prevention and Crisis Services; Allied Services for Kids (ASK) 24hr. crisis line Phone: Davis - 530-753-0797; Woodland - 530-668-8445; West Sacramento - 916-371-3779
Provides rescue, food, shelter, clothing, education, counseling, medical and dental care, life skills training, witness protection, and support, to victims of child exploitation or sexual slavery. For youth 17 and under.	Freeing American Children from Exploitation and Sexual Slavery (FACESS) Phone: 855-690-4860
After school	
Offers an after school and summer program with free meals, computers, volunteer opportunities, pool tables, and basketball.	West Sacramento Collings Teen Center Address: 1541 Merkley Avenue, West Sacramento Phone: 916-375-0681
Offers after school program for Kindergarten - 8th grade. Also offers a Summer Youth recreation program for Kindergarten - 8th grade during the summer months.	RISE Youth Recreation Program Address: Winters and Esparto Phone: 530-787-4110
Provides free information about alcohol, tobacco and other drugs and related topics. Includes Friday Night Live, and Club Live group programs.	ADMH Drug and Alcohol Prevention Programs Address: 137 North Cottonwood Street ; Suite 1538, Woodland Phone: 530-666-8711
Family Support	
On site services include case management, teen parenting support groups, parenting classes, women's support group, health insurance counseling and health classes, play school experience for 0 to 5, child development screenings, Cal Fresh and MediCal enrollments, financial coaching, and Income Tax Assistance.	The Center for Families Address: 175 Walnut Street, Woodland Phone: 530-406-7221
Provides reproductive/family planning services to men and women.	Planned Parenthood Address: 520 Cottonwood Street, Suite 10, Woodland Phone: (530) 406-5560
Provides support for first time low-income parents who are pregnant or with a newborn	Yolo County Children's Alliance Address: Clarksburg, West Sacramento, Davis, Woodland Phone: 866-607-4030
Housing	
Shelter for boys.	Woodland Youth Services Address: 9 Woodland Avenue, Woodland Phone: 530-666-4622
Offers crisis intervention, short-term individual, group and family counseling for youth and their families. Emergency/temporary shelter available in Sacramento for runaway, homeless and at-risk youth. Parental/guardian permission may be required. Hotline provides crisis help, referrals, and counseling referrals.	Wind Youth Services Address: 1434 Howe Avenue , Suite 92, Sacramento Phone: 916-369-544; Hotline: 800-339-7177