

Yolo County Perinatal Mental Health Collaborative

A community collaboration to address

Collaborative Overview

Launched March 2014 at the recommendation of the Yolo County Fetal/Infant Mortality Review Program and the MCAH Advisory Board.

12-15 attendees per meeting representing 22 different agencies in Yolo County

Tip

Women in their childbearing years account for the largest group of Americans with depression.

11 monthly meetings resulting in a committed, consistent and action oriented team.

DATE	MON	TUE	WED	THURS	FRI	SAT

Mission

Promote maternal wellness by developing and maintaining a system of care for Yolo County mothers who are at risk for or experiencing perinatal mood and anxiety disorders.

Postpartum depression is the most common complication of childbirth.

Yolo County women ages 15-44 have higher rates of hospitalization for mood disorders than the State.

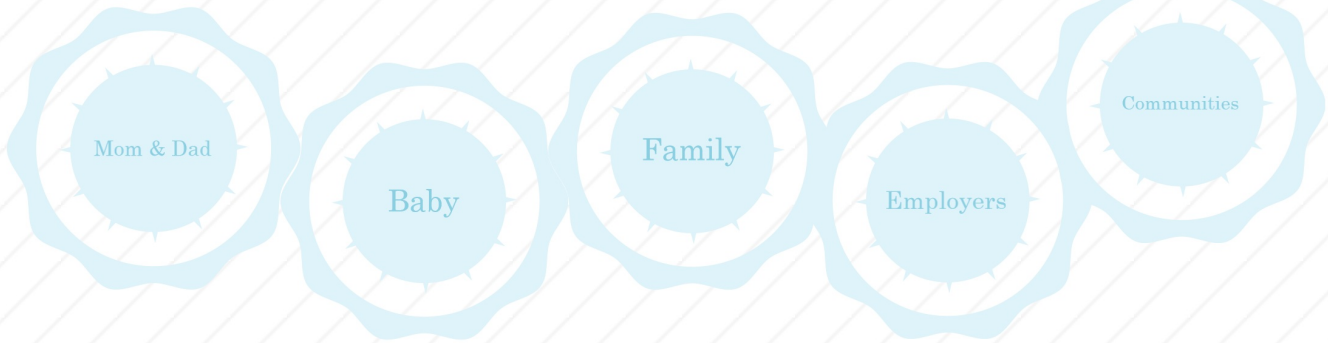
Despite the prevalence, Maternal Depression goes largely undiagnosed and untreated.

So why is this so hard to address?

Very little awareness
Screening rates are too low
Shortage of treatment
Doctors can't do this alone.



Why Maternal Mental Health Matters



Untreated depression doesn't just impact the mother's own sense of worthiness and wellbeing. It impacts the baby's development, her relationships with a partner and family members, her job performance and employer. The overall health of a community can be seen in the health of the mother and child.



Our local call to action

Goal 1

Assure Perinatal Mental health resource information is easy to access by all community members.

Goal 2

Maintain a strong county-wide and multidisciplinary collaborative.

Goal 3

Develop platform(s) that give providers/professionals access to local tools, research and best practices around screening, assessing, referring, and treating maternal mental health disorders.

Accomplishments to date

Strong county wide multidisciplinary collaborative representing 22 agencies in Yolo County.

Website in development

Multi-Year Action Plan

Screening & Treatment mapping project

First Responder Palm Card in development

Traveling Blue Dot Stakeholder Outreach Project

May 2015 Awareness Campaign

"Why Maternal Mental Health Matters" presentation

2020Mom
2-1-1 Yolo
BirthStream
Center for Families
CommuniCare Health Centers
Community members
First 5 Yolo
Foster & Kinship Care Education
Kaiser Permanent - Pediatrics
Partnership HealthPlan of California
Postpartum Support International
Progress House
Winters Healthcare Foundation
Woodland Health Care/Dignity Health
Woodland Police Department
Yolo County Children's Alliance

Yolo County Office of Education/Head Start
Yolo County Department of Employment & Social Services
Yolo County District Attorney's Office
Yolo County Health Services - Alcohol, Drug & Mental Health (ADMH)
Yolo County Health Services - Maternal, Child & Adolescent Health (MCAH)
Yolo County Health Services - Women, Infants & Children (WIC)
Yolo County Health Services - Vital Records
Yolo Family Services Agency (YFSA)

... Designed using Piktochart ...

