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## MINUTES

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CHRONIC DISEASE PREVENTION WORK GROUP MEETING  
APRIL 23, 2015 2:30 – 4 PM  
BAUER BUILDING- THOMSON ROOM

### **Welcomed and Briefed Agenda- Emily Vaden Accreditation Coordinator/QI Lead**

#### **What is the CHA?**

Community Health Assessment (CHA) included four comprehensive assessment reports:

1. Community Health Status
2. Community Themes and Strengths
3. Local Public Health System
4. Forces of Change

#### **CSU Nursing Student Presentation from: Amanda Chandler, Mary Day, and Olga Korneyenko**

The presentation mainly focused on the data the nursing students collected for their Health Assessment Project in 2013. The Chronic Diseases of Concern in Yolo County according by the data collected in 2013; Obesity, Diabetes, Hypertension/Heart Disease, Chronic Lung Disease, and Cancer. The presented data compared Sacramento vs. Woodland.

#### **TED talk: Simon Sinek – “The Golden Circle” <https://www.youtube.com/watch?v=15Tw0PGcyN0>**

The short video focused on a big “Why”.

#### **Introductions: Name, Affiliation, Why are you here**

After the short video presentation, participants were given the opportunity to introduce themselves and their organization and share their “why” for participating in the work group.

Everyone shared “Why they are here today” and how Chronic Disease had an impact in their life, work related, or closed ones. Some examples of “Why”: “Prevent of Readmission Care Hospital”, “Fitness to make a lifelong difference”, “High Rates of Diabetes”, “To prevent Chronic Disease”, “To

believe that system can make difference”, “Implementing Change”, “Happiness”, “Health and Wellness Coach”, “Elderly people to live healthier life”, “Health Equity”.

### **Collective Impact Framework**

The Five Conditions of Collective Impact are Common agenda, Shared Measurement, Mutually Reinforcing Activities, Continuous Communication, and Backbone Support. Mainly focused on Collective Action to improve chronic disease in Yolo County.

### **What is the Community Health Improvement Plan (CHIP)?**

Our countywide plan is to protect and improve the health of all Yolo county residents, and is overseen by the Healthy Yolo Workgroups. The project timeline is showing below what we are planning to achieve for the next six months starting April through October 2015



### **Next Steps**

Next goal for the May 21st meeting is to Identify 1-3 Goals

### **Future Agenda Topics:**

Identify 1-3 Goals

### **2015 Chronic Disease Prevention Work Group Meeting Calendar:**

Meetings will occur every 4 weeks:

Thursday, May 21<sup>st</sup> 2:30-4pm (Thomson Room #1600)

Thursday, June 18<sup>th</sup> 2:30-4pm (Thomson Room #1600)

Thursday, July 16<sup>th</sup> 2:30-4pm (Thomson Room #1600)

Thursday, August 13<sup>th</sup> 2:30-4pm (Thomson Room #1600)

Thursday, September 10<sup>th</sup> 2:30-4pm (Thomson Room #1600)

### **Next Meeting:**

The next Chronic Disease Prevention Work Group Meeting will be on May 21, 2015 from 2:30 – 4pm in the Health Department Thomson Room

### **Meeting Evaluation:**

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- **The TED Talk Video**
- **Sharing own "Why"**