

# **MINUTES**

AGING WORK GROUP MEETING APRIL 30, 2015 9 – 10:30 AM BAUER BUILDING- THOMSON ROOM

## Welcomed and Briefed Agenda- Emily Vaden Accreditation Coordinator/QI Lead

#### What is the CHA?

Community Health Assessment (CHA) included four comprehensive assessment reports:

- 1. Community Health Status
- 2. Community Themes and Strengths
- 3. Local Public Health System
- 4. Forces of Change

# CSU Nursing Student Presentation from: Amanda Case, Monica Jones, Laura Klem, Katrina Whitaker.

The presentation mainly focused on the data the nursing students collected from the survey in 2013 as a part of the Healthy Yolo Project. In 2014 year, the Healthy Aging Alliance was established that included the Yolo Commission on Aging and Adult Services and In Home Supportive Services. Their mission statement "The Unified Voce for Older Adults in Yolo County" by promoting through Education, Collaboration and Advocacy. The Yolo Healthy Aging Alliance is a part of The SCAN Foundation's Community of Constituents initiative. In October 2014, the Healthy Aging Summit was held. The plan was created with 12-month trajectory; Phase I: 2014 Summit, Phase II: Data Presented to three committees (the Healthy Aging Alliance is currently working on), and Phase III: Identify priorities and strategies to address community needs. At the Summit, needs were identified: Housing, Mental Health, Healthy Aging, Caregiving, and Transportation.

TED talk: Simon Sinek – "The Golden Circle" <a href="https://www.youtube.com/watch?v=15Tw0PGcyN0">https://www.youtube.com/watch?v=15Tw0PGcyN0</a>
The short video focused on a big "Why".

#### Introductions: Name, Affiliation, Why are you here

After the short video presentation, participants were given the opportunity to introduce themselves and their organization and share their "why" for participating in the work group.

Everyone shared "Why they are here today" and how Chronic Disease had an impact in their life, work related, or closed ones. Some examples of "Why": "Create a Community that supports people challenged by the Health Issues of Aging." "To tackle external factors (i.e. transportation, access to health care) that contributes to our health." Support Healthy Aging for seniors." "To connect with community resources to be able to pass on information to people I serve." "To help advocate for seniors to have a voice in planning for their future and accessing services, especially for non-English speaking seniors."

# **Collective Impact Framework**

The Five Conditions of Collective Impact are Common agenda, Shared Measurement, Mutually Reinforcing Activities, Continuous Communication, and Backbone Support. Mainly focused on Collective Action to improve chronic disease in Yolo County.

# What is the Community Health Improvement Plan (CHIP)?

Our countywide plan is to protect and improve the health of all Yolo county residents, and is overseen by the Healthy Yolo Workgroups. The project timeline is showing below what we are planning to achieve for the next six months starting April through October 2015



#### **Next Steps**

Next goal for the May 28th meeting is to Identify 1-3 Goals

# **Future Agenda Topics:**

Identify 1-3 Goals

### 2015 Aging Work Group Meeting Calendar:

Meetings will occur every 4 weeks:

Thursday, May 28th 9-10:30am (Thomson Room #1600)

Thursday, June 25<sup>th</sup> 9-10:30am (Thomson Room #1600)

Thursday, July 23<sup>rd</sup> 9-10:30am (Thomson Room #1600)

Thursday, August 20th 9-10:30am (Williams Room #1603)

Thursday, September 17<sup>th</sup> 9-10:30am (Thomson Room #1600)

#### **Next Meeting:**

The next Aging Work Group Meeting will be on May 28, 2015 from 9: - 10:30 am in the Health Department Thomson Room