



Chronic Disease Prevention Work Group Minutes

Date: Thursday, June 18, 2015

Time: 2:30 – 4:00 pm

Location: Bauer Building, Thomson Room

Attendees: Craig Blomberg, Amy Dyer, Genevieve Hansen, Steve Jensen, Lisa Larsen, Ashley Logins-Miller, John McKean, Xee Moua, Lisa Musser, Jesse Salinas, Anna Sutton, Rebecca Tryon, Emily Vaden

Welcome

- Emily welcomed the group and introductions were performed.

Website Navigation

- On www.healthyyolo.org pages have been set up for each workgroup. Each workgroup page consist of the following:
 1. Word Cloud based on the “Why’s” that were discussed at the first meeting.
 2. A calendar of upcoming meetings, as well as a way to access the prior meetings minutes.
- These pages are meant to be a resource for the workgroups. In the future, each workgroup page will contain the following information relevant to that priority area:
 1. Resources
 2. Evidence based practices
 3. Visual representation of the section of the CHIP.
 4. List of workgroup participants. *This will just be a list of names and organizations/agencies, not contact information. If you do not want your name listed on the website, please let Emily or Ashley know.*
- Please see **Attachment A** for directions on viewing minutes online.

Refining the Goals

- As a group, the participants worked on refining the goal statements that were started at May’s meeting.
- These goals need to be broad, and measureable but are not set in stone.
- At July’s joint meeting, categories that show up in each workgroup will be discussed.
- The goal statements that the workgroup come to a consensus on are:
 1. Increase use of preventive health care and effective chronic disease management.
 2. Increase consumption of fruits and vegetables.
 3. Decrease consumption of fast food and sugar sweetened beverages.



Yolo County Department of Health Services

Our Community Our Future

4. Strengthen the support network for chronic disease prevention and management.
5. Increase the percentage of the population adhering to the recommended physical activity standards.

Next Steps

- Joint meeting on July 23rd from 8:45 – Noon to discuss joint goals.
- Map out activities that may influence the goals identified.

Next Meeting

- Thursday, July 23rd 8:45 am - Noon Thomson & Walker Rooms

2015 Chronic Disease Prevention Work Group Schedule

Meeting will occur on the third Thursday of the month:

- Thursday, August 20th 2:30 – 4:00 pm DESS Building, Community Room
- Thursday, September 17th 2:30 – 4:00 pm Thomson Room #1600



Yolo County Department of Health Services

Attachment A

Directions for Accessing Workgroup Minutes Online

How to Access Healthy Yolo workgroup minutes

- 1) Go to www.Healthyyolo.org
- 2) Click on your workgroup.

The screenshot shows the Healthy Yolo website interface. On the left is a navigation menu with a yellow background. The 'Healthy Yolo' section is highlighted with a red box, and a red arrow with the number '2' points to it. The main content area features the 'HEALTHY YOLO' logo, a description of the organization, and a section titled 'Health Care Access Survey' with text and a survey results graphic. On the right, there are 'Events' and 'News' sections.

Health & Human Services » Health Services

HEALTHY YOLO

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HEALTHY YOLO

Our Community Our Future

Healthy Yolo is a collaborative, participatory effort that aims to engage and mobilize the community so they may have a voice in addressing public health issues. Healthy Yolo seeks to describe health characteristics of our community, analyze causal factors of health, and devise and implement programs to maintain or improve the health and well-being of all.

Health Care Access Survey

In order to get up to date information regarding health care utilization and access issues, the Healthy Yolo project conducted a Health Care Access Survey from August to October of 2014. Surveys were distributed to medical providers, food distribution centers, the library, county social and health service locations and a few faith-based organizations.

579 surveys were completed during that time and the results are available below in a graphical format, executive summary and full report.

Events

- Healthy Yolo Healthy Aging Work Group
06/25/2015 8:45 AM - 10:15 AM
- Health Yolo Mental Health Work Group
06/25/2015 10:30 AM - 12:00 PM
- Healthy Yolo Combined Work Group
07/23/2015 8:45 AM - 12:00 PM

More »

News

No news found.

Navigation Menu (highlighted):

- Health Services
 - About Us
 - Active Living in Yolo County
 - Agendas, Meetings, & Special Projects
 - Alcohol, Drug and Mental Health
 - Birth/Death Certificates
 - Clinics & Medical Services
 - Disease Information
 - Educational Resources
 - Emergency Medical Services (EMS)
 - EMS Trauma Claims (aka Maddy Fund)
 - Flu Vaccine Clinics
- Healthy Yolo
 - Aging Workgroup
 - Chronic Disease Prevention Work Group
 - Community Health Assessment Regional Reports
 - Become a Healthy Yolo Committee Member
 - MAPP
 - Mental Health Workgroup
 - Immunizations

How to Access Healthy Yolo workgroup minutes

3) Click on “All Past” in the calendar section.

Health & Human Services » Health Services » Healthy Yolo

AGING WORKGROUP

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inspire seniors collaborative seniors tackle external factors encourage
identify senior resources support community members create a healthy lifestyle changes
address the imbalance among seniors' needs educate myself empower
connect with community resources live fulfilling lives connect healthy aging experience creative
remain safely in their community improved diet and exercise part of the solution
support caregivers inform decision makers support healthy aging
advocate prevention comprehensive accessible information meet the needs address the needs collaborative

The Healthy Aging Work Group is currently working to identify goals and eventually strategies to improve health for the aging populations of Yolo County.

This page will be updated as the work groups continue to meet and we encourage you to stop by often to stay abreast of our progress.

If you would like to actively participate in this work group, please contact Emily.Vaden@yolocounty.org as we are always looking for new partners.

(All Categories) (All Departments)

Today | Next 7 days | Next 30 days | All Upcoming | **All Past** | All

EVENT	DATE/TIME
Healthy Yolo Healthy Aging Work Group	06/25/2015 8:45 AM - 10:15 AM
Healthy Yolo Combined Work Group	07/23/2015 8:45 AM - 12:00 PM
Healthy Yolo Healthy Aging Work Group	08/27/2015 8:45 AM - 10:15 AM
Healthy Yolo Healthy Aging Work Group	09/24/2015 8:45 AM - 10:15 AM

4) Click on the meeting you would like to review the minutes for.

5) You should now see an attachment for the minutes.

Health & Human Services » Health Services » Healthy Yolo

AGING WORKGROUP

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Healthy Yolo Healthy Aging Work Group

Date: 05/28/2015 9:00 AM - 10:30 AM
Location: Bauer Building Thomson Room
137 N Cottonwood Street
Woodland, California 95695

Add to my Calendar

Join us to identify public health issues and to take action regarding Healthy Aging.

Please see the [Healthy Yolo website](#) for more information.

2015-05-28 Aging Minutes

Return to full list >>

Free viewers are required for some of the attached documents.
They can be downloaded by clicking on the icons below.