



## Mental Health Work Group Minutes

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**Date:** Thursday, June 25, 2015

**Time:** 10:30 am – Noon

**Location:** Bauer Building, Thomson Room

**Attendees:** Jan Babb, Louise Bettner, Haydee Dabritz, Amy Dyer, Sara Gavin, John Gilbert, James Glica-Hernandez, Victoria Lewis, Ashley Logins-Miller, Xee Moua, Zach Romawac, LaRae Shaw-Meadows, Diane Sherwin, Anna Sutton, Emily Vaden

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### Welcome

- Emily and Jan welcomed the group and reviewed the purpose of the workgroup.

### Website Navigation

- On [www.healthyyolo.org](http://www.healthyyolo.org) pages have been set up for each workgroup. Each workgroup page consist of the following:
  1. Word Cloud based on the “Why’s” that were discussed at the first meeting.
  2. A calendar of upcoming meetings, as well as a way to access the prior meetings minutes.
- These pages are meant to be a resource for the workgroups. In the future, each workgroup page will contain the following information relevant to that priority area:
  1. Resources
  2. Evidence based practices
  3. Visual representation of the section of the CHIP.
  4. List of workgroup participants. *This will just be a list of names and organizations/agencies, not contact information. If you do not want your name listed on the website, please let Emily or Ashley know.*
- Please see **Attachment A** for directions on viewing minutes online.

### Refining of Goals

- The workgroup worked on refining the goals:
  - Identify and cultivate a system of in-depth connectivity to allow greater access between people and services.
  - Yolo County members of all ages have access to high quality behavioral health services.
  - Increase the availability of peer support programs for all in Yolo County.
  - Educate public about affordable mental health healing services.
  - Increase community comfort with receiving mental health services.



# Yolo County Department of Health Services

Our Community Our Future

## Next Meeting

- Thursday, July 23<sup>rd</sup> 8:45 – Noon Thomson/Walker Rooms

## 2015 Mental Health Work Group Schedule

- Thursday, August 20<sup>th</sup> 10:30am – Noon DESS Building, Community Room
- Thursday, September 17<sup>th</sup> 10:30am – Noon Thomson Room #1600



# Yolo County Department of Health Services

## Attachment A

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### Directions for Accessing Workgroup Minutes Online

# How to Access Healthy Yolo workgroup minutes

- 1) Go to [www.Healthyyolo.org](http://www.Healthyyolo.org)
- 2) Click on your workgroup.

The screenshot shows the Healthy Yolo website. The left navigation menu is expanded to show the 'Healthy Yolo' section, which is highlighted with a red box and a red arrow labeled '2'. The main content area features the 'HEALTHY YOLO' logo, a 'Community Health Assessment | Contact Us' link, and a paragraph describing the organization's collaborative effort. Below this is a section titled 'Health Care Access Survey' with a detailed description of the survey conducted from August to October 2014. The right sidebar contains 'Events' and 'News' sections.

Health & Human Services » Health Services

## HEALTHY YOLO

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Community Health Assessment | Contact Us

Our Community Our Future

Healthy Yolo is a collaborative, participatory effort that aims to engage and mobilize the community so they may have a voice in addressing public health issues. Healthy Yolo seeks to describe health characteristics of our community, analyze causal factors of health, and devise and implement programs to maintain or improve the health and well-being of all.

### Health Care Access Survey

In order to get up to date information regarding health care utilization and access issues, the Healthy Yolo project conducted a Health Care Access Survey from August to October of 2014. Surveys were distributed to medical providers, food distribution centers, the library, county social and health service locations and a few faith-based organizations.

579 surveys were completed during that time and the results are available below in a graphical format, executive summary and full report.

2

- Health Services
  - About Us
  - Active Living in Yolo County
  - Agendas, Meetings, & Special Projects
  - Alcohol, Drug and Mental Health
  - Birth/Death Certificates
  - Clinics & Medical Services
  - Disease Information
  - Educational Resources
  - Emergency Medical Services (EMS)
  - EMS Trauma Claims (aka Maddy Fund)
  - Flu Vaccine Clinics
  - Healthy Yolo**
    - Aging Workgroup
    - Chronic Disease Prevention Work Group
    - Community Health Assessment Regional Reports
    - Become a Healthy Yolo Committee Member
    - MAPP
    - Mental Health Workgroup
    - Immunizations

### Events

- Healthy Yolo Healthy Aging Work Group  
06/25/2015 8:45 AM - 10:15 AM
- Health Yolo Mental Health Work Group  
06/25/2015 10:30 AM - 12:00 PM
- Healthy Yolo Combined Work Group  
07/23/2015 8:45 AM - 12:00 PM

More »

### News

No news found.

Highlights of the Yolo County 2014 Community Healthcare Access Survey

Health Insurance

# How to Access Healthy Yolo workgroup minutes

3) Click on “All Past” in the calendar section.

The screenshot shows the 'AGING WORKGROUP' page. On the left is a navigation menu with categories like 'Health Services' and 'Healthy Yolo'. The main content area features a word cloud with terms like 'Healthy Aging', 'collaborative seniors', and 'encourage'. Below the word cloud is a paragraph about the work group's goals. At the bottom, there is a calendar filter menu with options: 'Today | Next 7 days | Next 30 days | All Upcoming | All Past | All'. A red box highlights the 'All Past' option, with a red arrow pointing to it and the number '3' next to it.

4) Click on the meeting you would like to review the minutes for.

5) You should now see an attachment for the minutes.

The screenshot shows the 'Healthy Yolo Healthy Aging Work Group' meeting details. It includes the date '05/28/2015 9:00 AM - 10:30 AM' and the location 'Bauer Building Thomson Room, 137 N Cottonwood Street, Woodland, California 95695'. Below the meeting details is a section for 'Add to my Calendar' and a paragraph: 'Join us to identify public health issues and to take action regarding Healthy Aging. Please see the Healthy Yolo website for more information.' At the bottom, there is a list of attachments, with '2015-05-28 Aging Minutes' highlighted by a red box and a red arrow pointing to it, with the number '5' next to it. Below the attachment list are icons for various file viewers like Adobe Reader, Windows Media Player, and Silverlight.