

# YOLO COUNTY MCAH ADVISORY BOARD

April 8, 2015

## MINUTES

The Yolo County MCAH Advisory Board met on the 8<sup>th</sup> day of April 2015, in the Thomson conference room at the Bauer building at 137 N. Cottonwood Street, Woodland, CA at 8:45 a.m.

**Voting Members Present:** Barb Boehler, Jessica Cerniak, Julie Gallelo, Katy King-Goldberg, John McKean, Stephen Nowicki, Tia Will

**Voting Members Absent:** Kathleen Middings, Jenifer Newell

**Staff & Guests:** Jan Babb, Carolyn Campos, Marbella Colimote, Ramy Hussein, Ashley Logins-Miller, Zach Romawac, Anna Sutton, Emily Vaden

### 8:30 A.M. CALL TO ORDER

#### 1. WELCOME AND ROLL CALL.

- The meeting was called to order at 8:48 a.m. by Julie Gallelo, at which time around the table introductions were performed.

#### 2. APPROVAL OF MINUTES AND AGENDA

- The consideration for approval of the April 8, 2015 agenda. The motion was approved by Katy King-Goldberg, second by Steven Nowicki, approved by consensus and the motion carried.
- The consideration for approval of the March 11, 2015 minutes. The motion was approved by Katie King-Goldberg, second by Steven Nowicki, approved consensus and the motion carried.

### PUBLIC COMMENT

3. There was no public comment.

### REPORTS & ACTION ITEMS

#### 4. MCAH DIRECTOR'S REPORT, *Jan Babb*

- **MCAH Advisory Board Membership:** There are currently four vacancies on the Advisory Board. All the categories have at least one member except category A: parents of children eligible for State services. If you know someone who would like to apply, and they need assistance, you can connect with Jan Babb or Julie Gallelo. As a reminder, the purpose of this board is to bring together people from many areas of expertise to consider the needs of the MCAH population in Yolo County, as well as consider if the systems are serving them appropriately. It is also advisory to the local MCAH program, as well as the Board of Supervisors.
- **HHS Integration:** The County is moving towards an organizational structure based generally on population served. Joan Planell was appointed as the Director of the Health and Human Services Agency, with Jill Cook being appointed as the Assistant Director.

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- Jan Babb has been asked to be the Branch Director for Community Health, which includes the Public Health functions. Jan will continue to be the Director of Public Health Nursing, which will cross all branches.
- Karen Larsen will be the Branch Director for Adult and Aging, as well as the Mental Health Director.
- Alissa Sykes, who is from Child Welfare Services, will be the Branch Director for Children, Youth and Family. Positions were approved by the Board of Supervisors yesterday. The Leadership team is now working to develop the relationships, structure, and organization of the agency.
- The Community Health Branch will focus on system and county-wide services, such as Emergency Preparedness, EMS, Infectious disease, MCAH, Health Promotion, Healthy Yolo, Immunizations, and Nutrition Division, which includes WIC.
- Children, Youth and Families branch will include: Child Welfare Services, Adolescent Alcohol Other Drug Treatment, Public Health Nursing within Child Welfare, Children & Transitional Aged Youth Services, CHDP, CCS, AFLP, and Nurse Home Visiting. Since the Children, Youth and Family branch serves the MCAH population, the MCAH Advisory Board may consider requesting that a representative from the CYF Branch attend.
- Eligibility and Employment Services will be housed in the Service Centers Branch, with Nancy O'Hara as the Branch Director. Service Centers are already established in Woodland and West Sacramento, with an additional one recently opened in Winters. Future plans include opening a Service Center in Davis, as well as looking at options for the more rural communities in the County.
- As part of the integration, as well as to address current space needs, Jan is also part of a group that is working on space planning.

### 5. HEALTHY YOLO UPDATE, *Emily Vaden*

See PPT



Healthy Yolo  
Presentation.pdf

### 6. MCAH 5 YEAR ACTION PLAN UPDATE, *Anna Sutton*

- The three MCAH priorities identified through the MCAH Needs Assessment last year are: access to mental health care, perinatal mood and anxiety disorders, and adolescent sexual health. The MCAH Five Year Action Plan is due to the State on May 15<sup>th</sup>. On the plan, year one's activities need to be clearly identified with the later years being further developed as things progress.
  - **Access to Mental Health care:** The action plan for year one is to work with partner agencies, such as schools and providers, as well as internal partners to develop an upstream approach of broad based messaging around mental health wellness. Jan and Anna do not see the MCAH program's role as generating new providers or services. Anna is detailing the year one

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plan, which will include resiliency, ACEs, and protective factors under the Strengthening Families framework.

- The CPSP Roundtable is an example of partnering with those serving the perinatal population around substance use.
- **Perinatal Mental Health:** The year one action plan is assessing the barriers to screening, referring and treating of maternal mental health disorders. Via a survey, the Perinatal Mental Health Collaborative is working to identify those barriers. Currently, Anna Sutton is working on presentations with agencies, which will include the Blue Dot and the survey.
- Future years' work will include taking the identified barriers and finding evidenced based practices to address them, expand the working practices to first line responders, and quality improvement efforts. The goal is to identify and establish the referral and service process, wrapping up with recommendations for screening.
- According to data that Stephen Nowicki shared, about 17% of moms that are screened utilizing the SEEK have a positive PHQ-2; however only 2% screen positive for maternal depression on the PHQ-9. Further discussion around screening tools and timing occurred.
- **Adolescent Sexual Health:** Ramy is currently researching evidence based and promising practices around positive youth development, motivational interviewing, and active parent involvement. Ramy has been able to identify several options that may be a fit for Yolo County, including focus groups of youth and parents of youth, utilizing 4-H, and a train the trainer program for college and high school students.
- Ramy is also connecting with local and state agencies that are working on STD Prevention.
- Of interest is AB 329. This Bill will rename Comprehensive Sexual Health to Children's Healthy Youth Act. The Bill will make it mandatory to teach comprehensive sexual health, which will expand from HIV/AIDS curriculum to include gender identification, bullying, etc.
- Every other year, the CDC conducts a survey in high schools in California. For the first time, they are partnering with the California Department of Education and Pioneer High will be administering the survey. Future years will include establishing the evidence based and promising practices, as well as expanding and quality improvement.

### 7. FIRST 5 STRATEGIC PLAN UPDATE, *Julie Gallelo*

- The First 5 Yolo Commission has approved the Strategic Plan and Implementation Plan for next three years of funding. The full plan can be found on the First 5 Yolo website at <http://www.first5yolo.org/funding/index.html>
- **Improved Child Health:** A contract will go to Yolo Family Service Agency in collaboration with Yolo County Children's Alliance, Center for Families, and RISE, Inc. to expand the current developmental screening program into part of the national Help Me Grow Program.
- **Improved Child Development:** Six objectives were identified, including:
  - **Avance**, an evidenced based program specifically for low-income, high risk, Spanish speaking families. In this weekly program, parents will receive services such as ESL, child development, employment, and social relations, while children age 0-3 will spend time in early learning and play. This is currently an RFA and proposals will be accepted through May

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13<sup>th</sup>. The funding is \$140,000 per year, which is enough for one community, with the hope for expansion in coming years.

- Funding will continue for **Universal Preschool** in West Sacramento for an additional year. In the future, it will be morphing into a new program that will be funded by First 5 California, First 5 Yolo, and the City of West Sacramento.
- **Playschool Experience Playgroups**: As part of the resource centers, this will be expanded to include the five protective factors of the Family Strengthening System.
- **Child Care Quality Improvement Rating System (QIRS)**: Any licensed child care facility (family and center based) will have a quality rating of one through five posted in their window. In addition, assessments will be completed at child care facilities and provide training, technical assistance, etc. The goal is to get all local child care facilities up to four or five by the end of the decade.
- **Family Hui**: A promising practice established in Hawaii, Family Hui is a 12 week peer support group for parents of same aged children. A group is starting in three Yolo County communities this year: Winters, Knights Landing, and Woodland.
- **Improved Family Function**: \$100,000 will be utilized to continue the Foster Parent Recruitment and Retention program, which is a partnership between Woodland Community College, Yolo County Children's Alliance and Yolo County Crisis Nursery. In addition, \$50,000 will be utilized to fund the licensed clinical social worker piece of Step by Step. Step by Step will primarily be funded through a California Home Visiting Program allocation awarded to Yolo County MCAH.
- **Unallocated funds**: The Commissioners decided to hold aside \$115,000 and try to build for informed decisions regarding Family Resource Centers later in the year. The Family Resource Centers may be funded through Intergovernmental funds for a year through the County. Other possible funding options would be an additional Avance, Children's Movement, and child care advocacy.

### 8. POLICY PLATFORM REVIEW, *Jan Babb/Julie Gallelo*

- Carried to the next meeting.

BLUE DOT PHOTO

## ANNOUNCEMENTS

9. **Julie Gallelo**: City of Davis has released the contract for the subsidy child care program as well as the resource and referral program. Applications for new contracts, which are submitted through both the California Department of Education and DESS, are due April 16.
10. **Katy King-Goldberg**: April is Child Abuse Prevention month. Yolo County Children's Alliance developed a toolkit "Talk+Play=Connect" that includes ideas to talk and play with children, broken down by age group. The toolkits can be found on the Yolo County Children's Alliance website at <http://yolokids.org/forfamilies/>
11. **Anna Sutton**: May is Mental Health awareness month. The Health Services Department is looking for nominations for a "Champions for Change". Please take a form and nominate a consumer and or a partner. Due April 16<sup>th</sup>.

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**12. Marbella Colimote:** Today is the Public Health Fair, as part of Public Health Week, and is being held at the corner of Cottonwood and Beamer.

### ADJOURNMENT

**13. Next meeting** scheduled for: May 13, 2015

- Agenda Items:
  - *ACEs Training Pilot*
  - *2007-2011 FIMR Report Presentation*

**14. Attachments:**

Respectfully submitted by:

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Ashley Logins-Miller, Secretary  
Yolo County MCAH Advisory Board