



# Perinatal Mood Disorders: *Components of Care*

## Training Faculty

Pec Indman, EdD, MFT | Wendy Davis, PhD | Annell Mavrantonis, MD



## January 28-29, 2016 Sacramento, CA

Register online!

[www.psi-pmd-sacramento.eventbrite.com](http://www.psi-pmd-sacramento.eventbrite.com)

The two-day Postpartum Support International Certificate of Completion Course, taught by expert and engaging faculty, is a thorough and evidence-based curriculum designed for nurses, physicians, psychologists, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood and anxiety disorders.

### Continuing Education

- This Live activity, Perinatal Mood Disorders: Components of Care, from 05/28/2015 - 05/27/2016, has been reviewed and is acceptable for up to 14.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Youth for Change will provide continuing education (CE) contact hours for nurses. Provider approved by the California Board of Registered Nursing, Provider #16076, for 14.75 Contact Hours.
- MFT and LCSW CEUs will be offered by Youth for Change, BBSE CEU Provider #3347. This course meets the qualifications for 14.75 hours of continuing education credit for MFTs and/or LCSWs, as required by the California Board of Behavioral Sciences.
- The charge for certification of continuing education is included in the registration fee.

### Upon completion of this course, the participant will be able to:

- Identify the challenges faced when identifying and treating Perinatal Mood and Anxiety Disorders (PMADs)
- Describe the symptoms and understand the differential diagnosis of prenatal and postpartum depression, anxiety, panic disorder, OCD, PTSD, bipolar disorders and psychosis
- Discuss psychopharmacology as it relates to pregnancy, postpartum, and lactation
- Assess prenatal and postpartum risk factors
- Identify treatment options for PMADs
- Discuss breastfeeding and PMADs
- Develop psychosocial and self-help treatment plans
- State appropriate psychotherapy modalities
- Indicate consequences of untreated PMADs
- Plus more



**Place:** Ose Community Room, KVIE Public Television  
2030 West El Camino Avenue, Sacramento, CA 95833

**Sign-in:** 8:00 am - 8:30 am | **Training:** 8:30 am - 5:00 pm

**Registration Deadline:** 1/20/2015 | **Cost:** \$375.00

*Online processing fee additional. Cost is discounted if you are a PSI Member or Volunteer.*

*Registration includes training manual, continental breakfast and lunch, and certification of continuing education credit. Instructional level: intermediate to advanced.*

**Cancellation Policy:** Full refund minus \$50.00 processing fee if received by January 21, 2015. Cancellations received after January 21, 2015 will be refunded 50% minus \$25.00 processing fee. Tickets can be transferred -- substitutions are accepted.

Questions? Call Orrin Banta at (530) 872-3896 ext. 140 for more information.

Logistics by

