

A workshop for Community Members

October 16, 2015 9am-3pm

Beyond Trauma:

Building a Resilient Sacramento

We look forward to seeing you in Sacramento for an exciting, educational and inspiring workshop that will provide knowledge and strategies on implementing trauma informed practices.

SPEAKERS include **Jane Stevens**, Aces Too High

SCHEDULE

9:00 - 10:10am **Welcome and Opening Plenary** - Jane Stevens

10:10 - 10:30am Coffee / Tea Break

10:30 - 12:00pm **Break out sessions** organized by lifecourse.

Participants to choose one from options below:

Pre-natal and Early Infancy:

- Tracy Fauver, Yolo CASA for foster children
- Anna Sutton, Rn, PHN, MSN
- Matt Pantell, UCSF
- Dr. Mary Beth Steinfeld, UC Davis Developmental Pediatrician

Youth & Adolescents:

- RYSE Richmond
- Karleen Jakowski, Communicare
- Toby Zundel, Adolescent Psychiatrist

Adults:

- Carolyn Curtis, California Healthy Marriages Coalition
- Andres F. Sciolla, UC Davis Medical Center
- California Youth Connection, Sacramento
- Family Hui

Adolescents and Adults:

Alternative to Violence Project

12:00 - 1:00pm **Facilitated Networking Lunch** (lunch included in registration)

1:00 - 3:00pm **Sacramento Community Responses Panel** with Sac Violence Prevention Intervention, Pastor Les Simmons, the Health Education Council, WellSpace, Cops & Clergy, Susan Jones, Sacramento Area Congregations Together and others.

WHEN + WHERE

Date October 16, 2015

Registration 8:00am-9:00am

Workshop Time 9:00am-3:00pm

Location Meristem, 9200 Fair Oaks Blvd
Fair Oaks, CA 95628

Registration Fee \$99 (Friday film ticket included)

Register at: www.ResilientSac.org

7pm Paper Tigers

Film Screening and Q&A
at the Crest Theater
1013 K Street, Sacramento



Paper Tigers is an intimate look into the lives of selected students at Lincoln High School, an alternative school that specializes in educating traumatized youth. Set amidst the struggling rural community of Walla Walla, WA, the film intimately examines the inspiring promise of Trauma Informed Communities - a movement that is showing great promise in healing youth struggling with the dark legacy of Adverse Childhood Experiences (ACEs).