



## Mental Health Work Group Minutes

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**Date:** Thursday, August 20, 2015, 2015  
**Location:** Gonzalez Building, Community Rooms

**Time:** 10:30 am – Noon

**Attendees:** Jan Babb, James Burke, Haydee Dabritz, Amy Dyer, Tracy Fauver, Victoria Lewis, Ashley Logins-Miller, Emily Vaden, Yunji Yoon, Lynn Zender

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### Welcome

- Emily welcomed the group and introductions were performed.

### Brainstorm Strategies & Identify Gaps

- Please see Attachment A.

### Next Steps

- Emily will be putting the information into the CHIP and will be providing a draft version next month.
- Next month, a discussion about data.
- Quarterly data meetings to be scheduled to help continue steering the efforts.

### Next Meeting

- Thursday, September 24<sup>th</sup> 10:30am – Noon Walker Room #1601



# Yolo County Health and Human Services Agency Community Health Branch

## Attachment A

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### Mental Health Goals and Strategies

# Mental Health Goal 1: Increase implementation of evidence-based and promising practices.

PARTNER	PROGRAM	NOTES	GAPS	REP
HHSA	<ol style="list-style-type: none"> <li>1. Mental Health</li> <li>2. WIC</li> <li>3. MCAH</li> <li>4. IHSS</li> </ol>	<ol style="list-style-type: none"> <li>1. Client Satisfaction surveys, Laura's Law, Crisis Intervention, Bridge to Housing (EB)</li> <li>2. Questions about MH</li> <li>3. Moving Beyond Depression (EB Practices)</li> <li>4. Level of function, protective supervision</li> </ol>		
Turning Point		Laura's Law data		
Partnership HealthPlans of California		<ul style="list-style-type: none"> <li>• Utilization data</li> <li>•</li> </ul>		

## Other Data Sources:

- Health Kids
- DHCS
- 2-1-1 data on need, referrals, demographics

## Gaps:

- Data collection is happening but it is not shared.
- More consistent measures, demographics
- Dissemination
- Communicate between different EHR
- Using data, actual evaluation
- More publicized data, user friendly
- University partners.

# Mental Health Goal 3: Reduce mental health stigma and discrimination by promoting wellness, social justice and inclusion.

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## Identified Partners/Programs

Effective/Regular “engagement” w/older adults who need service (more personal connections, relationships)

PARTNER	PROGRAM	NOTES	GAPS	REP
HHSA	1. FC/CWS	1. Ages & Stages screening tool		
Partnership Healthplans of California		<ul style="list-style-type: none"> <li>• Monthly TA for providers</li> <li>• Screening and treatment for maternal mental health.</li> </ul>		
CommuniCare Health Centers	1. PNDT			
YFSA	<ul style="list-style-type: none"> <li>• Help Me Grow</li> </ul>	Provider outreach		

### Other

- Integration with physical health needs. – more targeted/focus

### Gaps:

- Are people actually getting services – was it the right service?
- Making sure providers know what tools – we know what they are using.
- Lack of providers
- Coordination/wrap around services
- Better communication – holistic view
- Services divided by diagnosis

## Mental Health Goal 3: Reduce mental health stigma and discrimination by promoting wellness, social justice and inclusion.

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PARTNER	PROGRAM	NOTES	GAPS	REP
Yolo Resilience Network (ACEs)				
Davis School District	<ul style="list-style-type: none"> <li>Restorative practices (Healthy kids data)</li> </ul>	Has been introduced to all districts.		
YCCA	<ul style="list-style-type: none"> <li>Promotores</li> </ul>		Self Care	
YCFRC	<ul style="list-style-type: none"> <li>Promotores</li> </ul>		Self-Care	
HHSA	<ol style="list-style-type: none"> <li>Blue Dot Awareness</li> <li>Mental Health newspaper</li> </ol>			

### Other

- Integration – breaking silos, team approach

### Other Gaps:

- Education re: self-care
- Local media campaigns
- Awareness of integration
- Better training for providers on how to talk about
- Peer support

# Mental Health Goal 3: Reduce mental health stigma and discrimination by promoting wellness, social justice and inclusion.

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## Identified Partners/Programs

PARTNER	PROGRAM	NOTES	GAPS	REP AT WG?
Partnership HealthPlans of California	1. Beacon	<ul style="list-style-type: none"> <li>• Increase ed re: access</li> <li>• Tele-medicine</li> <li>• Single point of entry</li> <li>• Services for home visitation</li> </ul>		
DHCS	•	Promote and increase funding for AOD		
2-1-1		Database	Behavioral Health directory into 211	
YFSA	• Help me grow	Call center for resources 0-5, directory		
HHSA	1. PMHC 2. TAY Center in Davis			
Urban & Rural Resiliency Programs	3.			
	4.			

## Other

- Integration with physical health needs – improve access
- Friendship Line
- Mental health info to seniors.
- Sufficient capacity for treatment
- Gap between assistance and provided.
- Lack of providers