



COUNTY OF YOLO

Office of the County Administrator

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October Programs at the Davis Branch Library

(Woodland, CA) – The following programs for adults will be held during the month of October at Yolo County’s Mary L. Stephens Davis Branch Library, located at 315 E. 14th Street in Davis:

- **October 8: Active Older Adult Wisdom Circle, 11:00 a.m. to 12:30 p.m.** Discuss and explore aspects of the conscious aging movement, mine the wisdom of long lives and find effective ways to share and pass on legacies.
- **October 11: Reducing Stress with Meditation, 1:00 to 2:00 p.m.** Join William Smith, Retired Army Lt. Colonel and long-time meditator, to learn meditation techniques that will reduce stress.
- **October 12: Yolo County Prostrate Cancer Support Group, 7:00 to 9:00 p.m.** This group helps prostate cancer patients and their caregivers find resources in their community.
- **October 15: Tuleyome Lecture Series, 6:30 to 8:00 p.m.** Discover the cultural heritage of falconry in California with the West Coast Falconry.
- **October 18: Yolo County Master Gardeners: 2:00 to 4:00 p.m.** Learn about gardening from Master Gardeners and hear how to make the most of your garden.
- **October 24: World Origami Day, 1:00 to 5:00 p.m.** Join the Davis Origami Group as they celebrate origami! Open to all ages and abilities.
- **October 22: Davis Library Book Group, 6:30 to 7:30 p.m.** Join us in discussing *Wild: from lost to found on the Pacific Crest Trail* by Cheryl Strayed.

The following special programs for children will be held in October:

- **Star Wars Reads Day and Movie: Saturday, October 10, 12:00 p.m.** Feel the power of the Force as Star Wars reading and crafts come together for a great afternoon of fun. The movie “Star Wars: The Clone Wars” will begin at 2:00 p.m.
- **Give Yourself Goosebumps: Saturday, October 17, 2:00 p.m.** Join us for do-it-yourself slime, book challenges and a toilet paper mummy race! All participants will be entered to win free tickets to the movie and copies of the books.

The following ongoing program will begin the week of October 4:

English Conversation Group: Come practice your English skills in a fun and relaxed environment! A group facilitator will aid with conversation.

- Tuesdays at 1:30 p.m. and 5:30 p.m.
- Wednesdays at 10:30 a.m.
- Thursdays at 1:30 p.m.
- Fridays at 2:00 p.m.

For more information about events at the Mary L. Stephens Davis Branch Library, contact library staff at (530) 757-5593 or visit the Yolo County Library at www.yolocountylibrary.org (see calendar for Mary L. Stephens Davis Branch Library-specific events). Connect with the Yolo County Library on Facebook at: www.facebook.com/yolocountylibrary.org.

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