



TURNING POINT  
COMMUNITY PROGRAMS  
A Path to Mental Health

# Child and Youth Full Service Partnership Bridges

*Jana Cooper*  
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# Mission & Vision

## Mission

Turning Point Community Programs provides integrated, cost-effective mental health services, employment and housing for adults, children and their families that promote recovery, independence and self-sufficiency.

## Vision

Turning Point Community Programs is committed to innovative and high quality services that assist adults and children with psychiatric, emotional and/or developmental disabilities in achieving their goals.



# Core Values

- Built on cultural strengths and responsive to individual and community needs regarding culture; language, age, disability, gender, sexual orientation and spirituality
- Inclusive, promotes resiliency and are recovery-oriented
- Innovative, research-based and constituent-driven focusing on quality of life
- Prompt, courteous and client-directed support
- Welcoming of diversity and appreciative of the strength that comes from the many cultures, backgrounds, family types, and sexual orientations
- Cost effective and provided in normalized environments
- Strength-based, respectful and empowering to the person being served



# Agency Information

County Contracted Services	Regional Center Services	Private Contracts Sacramento
Yolo	Sacramento	UC Davis
Sacramento	Butte	Dignity Health
Placer	Solano	
Stanislaus		
Merced		
Nevada		

Start of Agency - 1976  
Annual Budget - \$38,299,000  
Employees - 558  
Individuals served - 8496+  
*Start of 15/16 fiscal year*



# History in Yolo County

- Pine Tree Gardens
- Housing
- TBS – TBS/CBS, Portal
- ACT/AOT
- Free to Choose
- Community Intervention Program
  - Early Psychosis Screening
- **Bridges Full Service Partnership**



# Bridges FSP

- Community based mental health services serving youth up to the age of 15
- Services include; individual, family and group therapy, rehabilitation, case management, 24/7 crisis support, psychiatric services
- Service/resource linkage to address the needs of all family members
- Outreach to underserved communities
- Collaboration with existing family/youth support agencies
- Service provision defined by the youth and family's stated preferences in the Child and Family Team meeting (CFT)



# Who We Serve

- Up to 25 youth referred by Yolo County HHSA
- Youth up to age 15 and their families
- Emphasis on youth who are unserved, underserved, inappropriately served
- Youth who are uninsured or underserved and meet medical necessity
- Youth who meet the criteria for having a Serious Emotional Disturbance and are at risk for out of home placement
- Youth who are at highest risk for being a danger to themselves or others



# Staffing

- Treatment team consists of a Therapist, Family Coordinator and Family Advocate
- Therapist holds the case, provides clinical treatment, ensures needed linkages are made
- Family Coordinator provides intensive case management, links to services and supports, facilitates CFT's
- Family Advocate ensures family voice is heard and respected, run monthly parent support groups, assists family with advocacy needs and resources





# Enhancements

- Collaboration with CommuniCare for additional family needs
- Groups
  - Latino Multi-Family group and other clinical groups
  - Parent Support Group
  - Poetry Project
  - Beats Rhymes and Life therapeutic activity group



# Contact Information

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