

MCAH Director's Report

NOVEMBER 18, 2015

AGENCY/BRANCH

- Our new Public Health Officer, Dr. Ron Chapman joined the agency on September 21st. HHSA is working to developing an agency-wide Performance Management system using the results-based accountability framework. Currently, select programs in all branches of HHS are developing performance measures with technical assistance from the Director's office.

AFLP (ADOLESCENT FAMILY LIFE PROGRAM)

- Current caseload = 23
- Staff attended the AFLP annual conference in Sacramento recently. Per the State, there has been a decrease in AFLP referrals throughout the sites.
- Program outreach efforts have been increased.
- Woodland Public Library was approved for the Skills for Teen Parents (STeP) project for the 2015-2016 cycle. AFLP is a community partner. AFLP will assist in referring clients to help increase utilization of the library services. The library will begin workshops in January. The workshops topics are: Introduction/Life Plan, Early Literacy skills for parents and young children, Pediatric Basic/Infant CPR/First Aid, College & Career, Interview Tips-Dressing for Success/Mock Interviews, Family Legal Assistance, Banking-Budgeting and Personal Finance, Assertive Communication skills/Conflict Resolution, Graduation Ceremony.

CALIFORNIA HOME VISITING PROGRAM (CHVP) HEALTHY FAMILIES AMERICA (STEP BY STEP)

- SxS/PaP is serving 32 classic families and 24 new CHVP families. There are openings for new families though the hope is to spread enrollments over the next 9 months to a year because of the level of intensity for home visitors. The goal is to serve approximately 85 to 100 families by June 30, 2016.
- The program is working with Nurse Home Visiting program to streamline PHN consults with the SxS/PaP home visitors when needed. We are also talking with Perinatal Mental Health Collaborative and other key behavioral health entities in the county to develop a process for mental health consults as well.

FIMR/SIDS

- FIMR: The next FIMR case review is Thursday, February 11, 2016. FIMR Case Reviews are not public meetings, but if you have questions, please contact Anna Sutton, SupPHN at anna.sutton@yolocounty.org
- Since September 2015, we have received 3 possible SUID/SIDS cases. If your agency is interested in resources to address Safe Sleep, please contact the MCAH Program by emailing Anna Sutton - anna.sutton@yolocounty.org

IMMUNIZATION PROGRAM

- Community flu clinics and flu vaccine loan-out program have provided 1726 doses of flu vaccine to the community thus far this season
- Upcoming flu clinics scheduled for:
 - Thursday, Nov. 19, from 3 to 6 p.m., at the Health & Human Services office, 111 E. Grant Ave. in Winters;
 - Thursday, Dec. 3, from 4 to 8 p.m. at West Sacramento City Hall, 1110 W. Capitol Ave.;
 - Saturday, Dec. 5, from 2 to 5 p.m. at the Health & Human Services office, 111 E. Grant Ave. in Winters.

INJURY PREVENTION

- Car Seat Safety Program certified child passenger safety technicians can help you with installing your car seat in your car. Appointments are conducted one-on-one at the Yolo County Health Department. This service is free of charge for residents of Yolo County. Call 530-666-8561 to schedule an appointment. We also provide car seat recycling drop off.

MCAH LOCAL PROGRAM

Adolescent Sexual Health (ASH)- no updates at this time

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NOVEMBER 18, 2015

- **[Moving Beyond Depression™](#)** - We anticipate program launch Spring 2016. Participating home visiting programs during the first two years of the demonstration phase will include Step by Step/Paso y Paso, Nurse Home Visitation and AFLP. Contact: Anna Sutton, SupPHN
- **Perinatal Mental Health Collaborative** – Steering committee members meet monthly on the first Friday of every month at Yolo County HHS from 1230pm – 2pm. For more information about Blue Dot 2.0, Butte – Yolo Provider Mapping Project, Resource Development, outreach and training, please contact co-chairs Anna Sutton, SupPHN (anna.sutton@yolocounty.org) or Tegwin Millard, Perinatal & Family Treatment Supervisor (TegwinM@communicarehc.org)
- **ACEs and Trauma Informed Practices:** the Yolo ACEs group has changed its name to Yolo Resilience Network. On October 6th and 7th, YRN hosted showings of Paper Tigers, a movie about how a school turned around the trajectory of the community's "throw away" kids by adopting trauma informed practices. Nearly 600 people saw the film which was shown in Davis and Woodland. Anna Sutton, SupPHN and Ramy Hussein, MCAH OSII serve on the steering committee as healthcare and adolescent health sector reps.

COMPREHENSIVE PERINATAL SERVICES PROGRAM (CPSP)

- If providing OB clinical services/CPSP services, be sure sign up for the [OB Medi-Cal Bulletins](#). As early as mid-November or early December 2015, changes related to *one of the CPSP "Z code" and # of routine prenatal visits* will be announced. Anticipated **implementation date for these changes is January 1, 2016**. Anna Sutton is following this closely and will provide info to providers as soon as it is available.
- On Oct 22, 2015, CPSP hosted a **Fall Roundtable** that featured Dr. Robert Felix, president of [Mother To Baby California](#) (formerly the CTIS Pregnancy Health information line) who spoke about the resources and services that they can provide to support providers, community agencies and mothers around exposures during pregnancy and breastfeeding. The next roundtable is scheduled for May
- **Maternal Mortality** across the US is on the rise. California is lower than the nation, but there is still a lot we can do to prevent maternal deaths related to cardiovascular disease. Cardiovascular disease is the leading cause of death in women who die in the first 6 weeks after the birth of a child. CMQCC, based out of Stanford will be releasing a toolkit soon for medical providers. In the meantime, an [infographic](#) has been developed for public use and can be found on their website. There is both a "CVD Lifetime Risk" and "CVD Signs and Symptoms" infographic.
- SB407 was signed into law making "**licensed midwives eligible to be "comprehensive perinatal provider"**" as used in the CPSP program when regulations have been adopted by the Medical Board.
- **Current CPSP Providers** include: CommuniCare Health Centers (Salud, Davis and Hansen), Esparto Family Practice, Dignity Health/Woodland HealthCare.
- **Guide to Prenatal Care Providers** for Yolo County Residents is available on the [Yolo County Prenatal Care Guidance Website](#).

NURSE HOME VISITING

- PHN Current caseload = 72; CSUS Nursing Intern case load = 16
- Recruiting for two more PHNs
- Diane S. training for HOME Screening 11/5/15
- Tyra F. last day was 11/16/15
- 2014-2015 referrals for both NHV and AFLP=75
- Fall Semester-CSUS Nursing students are case-managing NHV referred clients that are on the NHV waiting list. Cases are supervised by the CSUS Community Health Professor and the NHV Program Supervisor
- PHN consultation is available for Step by Step program

MCAH Director's Report

NOVEMBER 18, 2015

NUTRITION PROGRAMS

- Yolo Community Breastfeeding Coalition is working to engage more participants. Contact Lizeth.betancourt@yolocounty.org for more info on meeting times and location.
- WIC in West Sacramento is now co-located with the Service Center eligibility programs in Building A. The hope is that this will provide a more comprehensive one-stop shop for families that may be eligible for more than one program.

TOBACCO CONTROL/PREVENTION/AOD PREVENTION

- Friday Night Live now working with Cesar Chavez High School to provide job experience internships with senior students
- Tobacco Program will be presenting secondhand e-cigarette policy proposal on use in public places to West Sacramento City Council and is developing policy language to present to Yolo County Board of Supervisors on regulating flavored tobacco including e-cigarettes
- Red Ribbon Week October 23-31 was recognized with a Board of Supervisors Resolution and activities at area schools