



COUNTY OF YOLO

Health and Human Services Agency

Joan Planell
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 661-2750 • www.yolocounty.org

Local Mental Health Board Meeting Minutes

Monday, October 26, 2015, 7:00 PM – 9:00 PM

600 A Street, Davis, CA, 95616 – Conference Room

Members Present:

Brad Anderson; Bret Bandley; Richard Bellows; Davis Campbell;
Robert Canning, Vice-Chair; Martha Guerrero; June Forbes;
James Glica-Hernandez; Nicki King; Sally Mandujan; Josh Pozun;
Robert Schelen, Chair; Tom Waltz; Tawny Yambrovich

Members Excused:

Supervisor Jim Provenza; Janlee Wong

Staff Present:

Karen Larsen, Mental Health Director / Alcohol and Drug Administrator
Makayle Neuvert, Secretary, LMHB Administrative Support
Jennifer Perez, Assistant Deputy to Supervisor Villegas
Sandra Rodriguez, Assistant Deputy to Supervisor Provenza

Community Members:

Nancy Schaezlein-Zipse, NAMI-Yolo
Roman Rivilis, Associated Students, UC Davis

7:00 PM - 7:10 PM CALL TO ORDER

1. Welcome and Introductions: The October 26, 2015 meeting of the Local Mental Health Board was called to order at 7:03 PM. Chair Bob Schelen welcomed the group and voluntary introductions were made.
2. Public Comment:
 - Roman Rivilis, Senator, Associated Students, University of California, Davis (ASUCD), addressed the LMHB with his interest in improving the mental health services among the undergraduates at UC Davis. He noted long wait times and other accessibility issues for student seeking counseling and other mental health services. He asked for support in addressing the social needs of the students including the hiring new counselors and psychologists that can speak to the variety of diverse backgrounds represented in the student body. He is interested in learning about the county-wide perspective on the services available.
3. Approval of Agenda: **Motion:** Richard Bellows, **Second:** Robert Canning, **Discussion:** None, **Vote:** Unanimous
4. Approval of Minutes from August 31, 2015, September 28, 2015 (unofficial due to lack of quorum), and October 15, 2015: **Motion:** Sally Mandujan, **Second:** Robert Canning, **Discussion:** None, **Vote:** Passes with 3 Abstentions
5. Member Announcements:
 - Josh Pozun announced that NAMI-Yolo Connections, a consumer run support group for consumers in beginning in January.
 - Richard Bellows announced the success of the Bikes for Wellness Program which has had more than 100 bikes donated.

- June Forbes shared that the NAMI-Yolo Holiday Party will be on December 9, in basement of the Woodland Library and will include food and live entertainment by James Glica-Hernandez
- Nicki King reminded all that the Office of Health Equity is accepting applications (due in November) for the [Reducing Disparities Demonstration Project](#). This year's target populations are American Indian, Asian American, African American, Latino, and LGBTQ.
- June Forbes reminded the group that a special meeting of the Davis City Council will be held tomorrow and will discuss the 5th Street housing project.
- Bob Schelen shared that he recently talked to former Senator Darryl Steinberg who lauded Karen Larsen and her strengthening of the County and the LMHB. Additionally, Bob relayed that former Senator Steinberg is focusing on homelessness; the Housing First model, regional housing issues, and the homeless mental ill. He is looking at using \$23 billion in MHSA funding for this effort. Further, Bob encouraged all to access the Sacramento Bee website on October 27 to listen to former Senator Steinberg's hour long special report on homelessness.
- Richard Bellows initiated discussion about the schizophrenia articles shared ([article 1](#), [article 2](#)) among the board members. Richard requested that Karen's feedback on medication compliance rates and related reasons. Karen shared immediately that studies tend to show that only 10% of outcomes are related to medications over other items like talk therapy, connections, activities, etc. Additional interpretations of the article's intent including discontinuation of only portions of the medication arrays was noted. Karen will review the article and look into the potential of running reports for compliance rates.

7:10 PM - 7:30 PM TIME SET AGENDA

6. TED Talk – "[Everything You Think you Know about Addiction is Wrong](http://www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong)" by Johann Hari:
http://www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong
After the viewing of this TED Talk, the group discussed impressions, shared comments, and opinions.

7:30 PM - 7:40 PM CONSENT AGENDA

7. Mental Health Director's Report: The following items were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.
- Housing Project: A brief discussion on the pros and cons of designated mental health housing units being integrated among mainstream family units was broached. While concern was voiced over the potential for creating stigma and opportunities for misunderstanding from integrating consumers among families, others, believe that segregation would do more harm and diversity in housing programs are an opportunity to reduce stigma as long as there is support for those with mental health issues and education for all. Karen ensured that Yolo County would do its best to support all the residents of the housing unit
 - 1115 Medicaid Waiver Update: With only 40 % of the proposed federal funding, concern over losing current services was noted. A promising piece to this waiver was the significant amount of money that went toward house which was lost in the recent funding decrease.
 - Homeless Services: In response to an inquiry as to quality and quantity of room and board beds in Yolo County, Karen shared that internal to the HHSA, a sub-committee will be organized soon and all will be invited. Concern was shared by June over a room and board in Esparto that is no longer offering meals and well as the licensing status of these housing options. It was mentioned that Senator Steinberg's MHSA funding for housing is supposedly going to be discussed as early as the next legislative hearing sessions.
 - Medical Director: Karen shared that a salary survey for like sized counties was being done in conjunction with the Medical Director recruitment.

7:40 PM - 8:55 PM REGULAR AGENDA

8. Board of Supervisors Report: Due to a meeting conflict, Sandra Rodriguez reported on behalf of Supervisor Jim Provenza. She shared that he will be meeting in the near future with Karen and other HHS representatives to learn more about aging services and will report back to the LMHB.
9. Chair Report – Bob Schelen
 - Proposed 2016 Meeting Calendar: A draft calendar was reviewed. The proposed public forums and quarterly committee workshops were supported. With the next workshop scheduled for March 2016, concern over the amount of time until the next workshop was shared. **Motion:** June Forbes moved that a committee workshop be added to the planned December 7, 2015 meeting. **Second:** Martha Guerrero, **Discussion:** The group considered the time frame and the following amendment to the motion was made. **Amendment:** The committee workshop to be added to the planned December 7, 2015 meeting would be from 6:30 PM to 7:00 PM. **Vote:** Passes with 2 No votes (Tawny Yambrovich and Richard Bellows)
 - Proposed Amendment to LMHB Bylaws and Committee Structure Update: This topic was tabled until the next meeting to allow a meeting between Chair Bob Schelen, County Counsel, and Supervisor Provenza.
 - LMHB Strategic Plan Update: Bob shared that this update will be coordinated by Davis and others. The approach will focus first on lobbying for the most effective ways to help consumers and on defining the LMHB's goals for the upcoming year with special attention toward supporting underserved communities based on color or economics. Then, the focus will shift to governance and committee structure. This will be revisited at the December 2015 meeting.
 - Draft LMHB Annual Report to the BOS: Bob shared a draft version for members to review and offer feedback. An electronic version will be shared in the near future and any feedback should be sent in to LMHB@yolocounty.org or to Bob in advance of the next meeting. The December agenda will include substantial time to finalize the annual report and the presentation to the BOS is anticipated for January. Each committee chair was asked to put together a paragraph on the committee accomplishments and plans.
 - Legislative Ad Hoc Committee Update: Martha verbally shared feedback on several mental health related bills.
 - HR 2646 (Murphy/Johnson) and SB 1945 (Cassidy/Murphy): Both of these are receiving negative feedback with Sonoma County and the National Association of County Behavioral Health & Developmental Disability Directors opposing these bills based on HIPPA privacy rights, elimination of SAMSHA, threats to legal choices, elimination of peer and non-evidence based programs, and other measures.
 - SB 11 (Beall): Support wanes on this presumably due to the time commitment required which was narrowed from 40 hours to 15 hours.
 - Homeless Issues: A number of hearings are taking place with a lot of momentum building at the Senate and Assembly level as well and in LA County.
 - Davis Housing Opportunities: June voiced concern over the City of Davis' opposition to growth and limited potential to create housing. She reiterated the request to reuse the former Families First site for special needs housing over student housing. Bob noted that the City has agreed to look into this site for mixed use and include units for special needs. Continue discussion was recommended over additional correspondence. Karen added that the 5th Street property development would enhance the City's housing inventory.

- Communication and Education Committee Update: None
- Program Committee Update: The Program Committee reviewed the shared report from the October 21 meeting.
 - Regarding integrated mental health and substance abuse treatment programs, Yolo County contracts out for these services and Karen will have providers present to the LMHB addressing the content and questions posed by the committee.
 - Regarding the information on the over-aggressive treatment of school children, questions arose about practices and Yolo County School District access to Community Intervention Program (CIP). Bob agreed to approach Yolo County Superintendent of Schools, Dr. Jesse Ortiz, to get feedback on this topic and find levers for change.
- Budget and Finance Committee Update: None
- Bob invited the group to reconsider the October 15, motion made recommending LMHB approval of the MHSA Annual Plan Updates for FY 2013-2014 and FY 2015-2016. Due to the nature and attendance at the special meeting, he supported an additional consideration and vote. Motion: Davis Campbell, Second: Robert Canning, Discussion: None, Vote: Passes with 2 abstentions

8:55 PM - 9:00 PM ADJOURNMENT

10. Future Meeting Planning and Adjournment:

- St. James Hall in Davis was proposed as the location for 2016 LMHB held in Davis. James Glica-Hernandez was asked to facilitate these arrangements.
- In observance of the holiday season, the next meeting occurrence has been adjusted to combine the November and December regular monthly meetings. The next meeting is scheduled for Monday, December 7, 2015 7:00 – 9:00 PM in the in the Arthur F. Turner Community Library Meeting Room, 1212 Merkley Avenue, West Sacramento, CA 95691. A committee workshop will be held per tonight’s decision from 6:30 – 7:00 PM at the same location.
- This meeting was adjourned at 8:56 PM.