



COUNTY OF YOLO

Health and Human Services Agency

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Local Mental Health Board Meeting Minutes

Monday, December 7, 2015, 7:00 PM – 9:00 PM

Arthur F. Turner Community Library Meeting Room
1212 Merkley Avenue, West Sacramento, CA 95691

Members Present: Brad Anderson; Bret Bandley; Richard Bellows; Robert Canning, Vice-Chair; Martha Guerrero; June Forbes; James Glica-Hernandez; Nicki King; Sally Mandujan; Robert Schelen, Chair; Janlee Wong; Tawny Yambrovich

Members Excused: Davis Campbell; Josh Pozun; Supervisor Jim Provenza; Tom Waltz;

Staff Present: Karen Larsen, Mental Health Director / Alcohol and Drug Administrator
Makayle Neuvert, LMHB Administrative Support
Jennifer Perez, Assistant Deputy to Supervisor Villegas
Sandra Rodriguez, Assistant Deputy to Supervisor Provenza

Community Members: Lisa Cherubini

CALL TO ORDER

1. Welcome and Introductions: The December 7, 2015 meeting of the Local Mental Health Board was called to order at 7:04 PM.
2. Public Comment: None
3. Approval of Agenda:
Motion: Robert Canning, **Second:** Brett Bandley, **Discussion:** None, **Vote:** Unanimous
4. Approval of Minutes from October 26, 2015
Motion: James Glica-Hernandez, **Second:** Brett Bandley, **Discussion:** None, **Vote:** Unanimous
5. Member Announcements:
 - June encouraged all to attend the NAMI-Yolo Holiday Party on December 9th at 6:30 PM in the Leakey Room of the Woodland Public Library.
 - Robert Canning announced that he is resigning from the LMHB. Appointments were discussed and the roster reviewed. Reappointments were discussed and Sandra Rodriguez offered to support the BOS updates.
 - Janlee referenced Congressman Tim Murphy of Pennsylvania and his legislation related to those with mental illness and the ease at which they obtain weapons. Discussion continued about the stigma associated with the relationship between mental illness and shootings and the general consensus that these two qualities are always correlated. Janlee shared additional sentiments and concern that this legislation could be shaming and stigmatizing for the mental health community. Further discussion was tabled until January with the Legislative Subcommittee asked to return with a recommendation.

6. Correspondence:

- California Association of Local Behavioral Health Boards/Commissions: Membership Dues for July 2015 through June 2016. Karen Larsen submitted this invoice to the Board for review and approval for payment. Brief discussion was followed by a motion of support.

Motion: June Forbes, **Second:** Martha Guerrero, **Discussion:** Members considered what benefit this association offers and agreed to re-review the benefit when the next renewal is due. **Vote:** Unanimous

CONSENT AGENDA

7. Mental Health Director's Report: The following items were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.

- UCD Student Mental Health: Member Richard Bellows pulled this item for further discussion, sharing that as part of his association with a NAMI-Yolo committee, he had tried to meet with the UCD Chief of Police regarding Crisis Intervention Training (CIT) and Community Intervention Program (CIP). He noted that though he had from the Chief a verbal commitment to attend this meeting, only public relations personnel attended and seemed to have a limited understanding/interest in the topics presented. Karen added that she has reached out to UCD with no significant success but, per her report, it appears the UCD students are mobilizing and may have greater impact. Additionally, there does seem to be some positive movement on campus as she has fielded recent calls from former Senator Steinberg's and Congresswoman Matsui's offices regarding how to support mental health services for students. Further discussion among members regarding the UCD Counseling and Psychological Services (CAPS) program yielded concern about session limits and anger on campus over suicides. Karen reiterated that the County offers the CIT and CIP services free of charge as well as treatment to students as applicable. Clarification was made that UCD officers do participate in the 8 hour CIT. Janlee Wong suggested that the LMHB consider approaching the UCD Chancellor or Vice-Chancellor via our BOS members to see if more traction can be gained, Also, Janlee noted that in his opinion, just because students receive mental health services and supports, it doesn't mean they are not potentially dangerous.

Motion: Tawny Yambrovich moved that the LMHB write a letter to the BOS asking them to contact the UCD about utilizing CIT and CIP services.

Second: Nicki King, **Discussion:** A proposal was made to include in the letter specific language promoting the use of CIT inclusion the First Episode Psychosis (FEP) program details. Brad Anderson shared concerns over the potential of CIP interactions in dorms being isolating to individuals. Further, Brad noted the potentially high number of FEP cases among college students and cautioned that this might result in a huge undertaking. Martha Guerrero and Nicki agreed that the County is and should be reaching out to the school to provide services. Further, the school's focus is likely on education over student health which is provided at a limited level. Long term illness is not the responsibility of UCD Health Services and the County should take this lead. Bob Schelen disagreed with the approach and shared concern that a formal letter might increase defensiveness and limit success. He followed with a suggestion to have Supervisor Provenza or Supervisor Saylor informally approach UCD leadership about the LMHB concerns. **Motion Amendment:** The Chair of the LMHB will contact BOS, Supervisor Provenza and/or Supervisor Saylor, and ask them to informally contact their counterparts at UCD to discuss the LMHB's concerns and the CIT and CIP services the County can offer. **Vote:** Passes Unanimously

- Housing Project: Karen confirmed that the Bridge to Housing Project received \$200,000 for future efforts.

- ACT Evaluation: Resource Development Associates (RDA) will be using the Dartmouth Model Fidelity Assessment to review several including data comparison and utilization review to see what percentage of utilization is used by ACT participants. The fidelity assessment looks at how well the participant is meeting the components of the Evidence Based Program.
- Woodland Memorial Hospital: Karen clarified some details about rates and services and that meetings continue to discuss the fiscal implications.
- Homeless Services: In response to questions, Karen shared that the Davis homeless project is beginning with 4 participants because Davis Community Meals already owns a 4 bed property that is available. The City of Davis has approved the 50% share of the funding and the County request goes to the BOS at the next meeting. The Vulnerability Index and Service Prioritization Decision Assistance Tool (VI--SPDAT) will be used to identify the 4 most vulnerable people for participation.
- Medical Director: The position was posted with a salary survey done last month and some adjustments to the class specifications. Recruitment closed on Friday and a few applications were received. Interviews are being scheduled with a panel including the Health Officer, Dr. Ron Chapman and Cass Sylvia from the Public Guardian's Office.

REGULAR AGENDA

8. Board of Supervisors Report: Sandra Rodriguez, Assistant Deputy to Supervisor Provenza, shared that Supervisor Jim Provenza sent his regrets for not being able to attend due to a schedule conflict. His plan is to clear his schedule of conflicting meetings for 2016. Sandra also reminded members that December 8th will be the last of the 2015 Board development sessions.
9. Department Report: Karen Larsen introduced and shared the 2016 MHSA calendar featuring artwork from the annual Wellness Center Art Show.
10. Chair Report – Bob Schelen
 - Approval of the 2016 Meeting Calendar: A motion of support was made.
Motion: Richard Bellows, **Second:** Robert Canning, **Discussion:** A desire to change the Davis meeting location to St. James Church meeting facility was noted. James Glica-Hernandez will follow-up on the availability. **Vote:** Unanimous
 - Proposed Amendment to LMHB Bylaws and Committee Structure Update: This topic was tabled pending a meeting with Yolo County Council and Supervisor Provenza.
 - LMHB Strategic Plan Update: A memo from the LMHB Chair listing topics for consideration was shared and reviewed. Member Davis Campbell was absent but is leading this effort and will present an update at the January meeting. Bob shared comments on Davis' behalf: The Strategic Plan ad hoc committee will be focusing on moving beyond the current plan and looking at an operational plan for the coming year. It will be a tactical plan that has roots in original plan. A request for the inclusion of S.M.A.R.T. (specific, measurable, achievable, results-focused, and time- bound) goals was shared. June noted the HHS Healthy Yolo project has a mental health component that already has measurable goal and could be related.
 - Draft LMHB Annual Report to the BOS: Members were asked to review and approve the draft report. The final report will be presented to the BOS at the January 26, 2016 meeting. All members were encouraged to attend. A motion of approval was made.
Motion: Robert Canning, **Second:** Richard Bellows, **Discussion:** Edits were discussed and captured during the meeting. Report attachments will be the LMHB/NAMI-Yolo housing letter and the Budget and Finance Committee Report shared with the BOS. **Vote:** Unanimous

- Legislative Ad Hoc Committee Update: Martha will be sharing an update at the next meeting. She asked members to let her know if they have any interest in any two year bills and she will share a write up along with details on federal legislation. James requested that the LGBTQ law be added to the list.
- Communication and Education Committee Update: This Committee met today prior to the meeting. The group is putting together the final results from the 2015 public forums and planning for the 2016 forums. Also, they are beginning to coordinate on the speakers' bureau. Areas of focus include stigma reduction, people first approach, basic training, and resource guide development.
- Program Committee Update: This committee will be meeting next month prior to the LMHB meeting. Agenda items include supportive employment and any other suggested topics. Members offered institutional services and dental care and coverage, including BOS support, as topics for consideration.
- Budget and Finance Committee Update: None.

ADJOURNMENT

11. Future Meeting Planning and Adjournment:

- Next Meeting Date and Location – Monday, January 25, 2016, 7:00 – 9:00 PM in the in the Community Conference Room at 600 A Street, Davis, CA 95616.
- CommuniCare and Turning Point Community Programs will present in February or later on co-occurring disorder / dual diagnosis treatment.
- Strategic Plan Discussion
- This meeting was adjourned at 8:42 PM.