

What is *Help Me Grow*?

Help Me Grow is a system that connects at-risk children with the services they need

Children at risk for developmental and behavioral problems are too often eluding early detection

Experts agree: Early detection and connection to services lead to the best outcomes for children with developmental or behavioral challenges.

However, families, child health care, early care and education, and human service providers often have difficulty recognizing early signs of developmental or behavioral concerns. Even when needs are identified, finding programs designed to address those needs can be confusing and time-consuming.



Help Me Grow (HMG) is a simple solution that builds on existing resources

HMG is an efficient and effective system – with a proven track record – that assists states in identifying at-risk children, then helps families find community-based programs and services.

HMG does not provide direct services. Rather, it is a system for improving access to existing resources and services for children through age five.

How *Help Me Grow* works

Help Me Grow is a system that builds collaboration across sectors, including child health care, early care and education, and family support.

Through **comprehensive physician and community outreach** and **centralized information and referral centers**, families are linked with needed programs and services. **Ongoing data collection and analysis** helps identify gaps in and barriers to the system.

Help Me Grow Core Components

1

Child health care provider outreach to support early detection and intervention.

2

Community outreach to promote use of *Help Me Grow* and to provide networking opportunities among families and service providers.

3

Centralized telephone access point for connecting children and their families to services and care coordination.

4

Data collection and analysis to understand all aspects of the *Help Me Grow* system, including the identification of gaps and barriers.

Together, we can create a future of better outcomes for at-risk children



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