



Yolo County Health & Human Services Agency Community Health Branch

Chronic Disease Prevention Work Group Minutes

Date: Tuesday, January 26, 2016 **Time:** 2:00 – 3:30 pm
Location: Bauer Building, Thomson Room

Attendees: Robert Bides, Partnership HealthPlans of California; Craig Blomberg, Sutter Health; Haydee Dabritz, HHS – Community Health; Marcel Horowitz, UC Cooperative Extension; Steve Jensen, HHS – Community Health; Taryn Kurth, Sutter Davis Hospital; Lisa Larsen, Dairy Council of CA; Ashley Logins-Miller, HHS – Community Health; Lisa Musser, HHS – Adult & Aging; Dawn Myers Purkey, Dignity Health, Yolo Adult Day; Rhea Napeek, HHS – Community Health Branch; George Pennebaker, Capay Valley Vision; Karen Strach, Yolo Food Bank; Emily Vaden, HHS – Community Health

1. Welcome & Introductions

- Emily welcomed the group and around the table introductions were performed.
- Emily reviewed the CHIP process, which included six months of meeting and writing the CHIP. In December, the CHIP was finalized and emailed out. To view the entire Community Health Improvement Plan, please see www.HealthyYolo.org. We are now in the data monitoring and implementation portion of the plan.
- The CHIP is a prerequisite for Public Health Accreditation, along with the Community Health Assessment (CHA) and a strategic plan. The Community Health Branch applied for Public Health Accreditation in December.
- The CHIP is a five year document, which will be updated as needed.

2. Community Health Strategic Map Sharing

HANDOUTS

[Community Health Branch 2016-2019 Strategic Map](#)
[Yolo County 2016-2019 Strategic Plan Summary](#)

- In October, 18 Community Health Branch staff developed a three year strategic plan with the help of a facilitator. This Strategic map is a visual representation of that plan. The circle is the identified critical challenge; boxes A-D are the strategic priorities with boxes 1-6 the strategic objectives that relate to the priority. Boxes E and F are cross cutting priorities that will be infused in all the work completed.
- The highlighted boxes are the areas that staff identified as the first year priorities. The Branch is currently setting up teams to achieve these goals.
- As you see, the CHIP spans multiple priority areas and is well supported by the Branch.
- In addition, the County has also been working on a strategic plan. The County plan has four priority areas. As you can see, implementing the CHIP also shows up in the Thriving Residents priority area.



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Yolo County Health & Human Services Agency Community Health Branch

3. Data Sharing

GOAL, STRATEGY	RESPONSIBLE PERSON	MEASURES	FREQUENCY	BASELINE	JANUARY 26, 2016 DATA
1b	Dawn Myers Purkey	# of slots available for adult day services	Quarterly	2015: 59	Oct-Dec 2015: 59
1b	Dawn Myers Purkey	# on waiting list	Quarterly	2015: 65	Currently: 53 <i>Waiting list was scrubbed just last week to remove individuals who have passed away, gone into a skilled nursing facility, etc.</i>
2b	Rebecca Tryon	# of pounds of produce distributed # of bags distributed	Annually	FY2015: 570 lbs FY2015: 320 bags	2015: 1000 lbs 2015: 333 bags distributed to WIC
2b	Rebecca Tryon	# of people who attended a garden class	Annually	FFY2015: 75 adults 208 youth	2015: 80 participants Need youth attendance
3a	Rebecca Tryon	# of CNAP partners who utilize Sugar Sweetened Beverage Consumption Reduction P	Annually		Presumed it was 3 – UCCE, Dairy Council & NEOP.
3a	Rebecca Tryon	# of NEOP activities that include Rethink Your Drink messaging	Annually	2015: 6	It will be in at least 6 activities – more information at the end of October.
6a	Steve Jensen	# of cities with TRL policies	Annually	2015: 3 cities	January 2016: 4 cities and unincorporated area.



Yolo County Health & Human Services Agency Community Health Branch

4. Program Sharing

- **Dawn Myers Purkey, Yolo Adult Day Health:**
 - Dawn shared information about Yolo Adult Day Health. Established over 30 years ago, Yolo Adult Day Health provides all the services you would find in a nursing home, such as physical therapy, nutrition services, and social worker, and is about a quarter of the cost and is largely supportive of quality of life. Yolo Adult Day does have a specialized vehicle that is used to bring individuals to the center to access this support while still staying in their community.
 - Although the daily capacity is 59, typically 63 individuals are scheduled a day and the average attendance is 55 individuals. The waiting list is over 50 people, and it takes about 7 months to move up on the waiting list. In fact, there have been four individuals who have passed away while on the waiting list.
 - This program is 80% Medi-Cal Community Based Adult Services. Partnership HealthPlan of California approves the attendants based on specific criteria. Participants have an average of six chronic diseases.
- **Rhea Napeak, Nutrition Education & Obesity Prevention (NEOP)**
 - As part of the Health and Human Services Agency Community Health Branch, NEOP provides nutrition education with links to CalFresh. In addition, NEOP coordinates the Herbert and Hanna Bauer Community Garden, which includes community plots and classes.
- **Steve Jensen, Tobacco Prevention Program**
 - As part of the Health and Human Services Agency Community Health Branch, the Tobacco Prevention Program has been working to increase Tobacco Retail Licenses (TRL). Tobacco Retail Licenses has been the focus of the State of California for about a decade. In 2001, Yolo County started collecting data around the illegal sale of tobacco to minors, broken down by city. About 34% of the time teenagers were able to purchase tobacco. That data was used to encourage law enforcement to do more decoy sales, which led to citations of the clerk who sold to the minor. This process continues for about three years with not change in behavior within the store. The State then came forward with the TRL, which works like an alcohol license; the license is bought and if there are illegal sales, the store will lose the license for a period of time. This holds the store responsible, not the clerk. Data has shown that this was more effective. In Yolo County, the Tobacco Prevention Program started working with each City Council, as well as the Board of Supervisors. In 2006, the Board of Supervisors adopted Tobacco Retail Licenses in the unincorporated areas of Yolo County, followed by the City of Davis in 2007, West Sacramento in 2009, and Woodland in 2015. The City of Winters adopted their Tobacco Retail License in 2016. Each area, except for West Sacramento, partners with the District Attorney's office to perform the decoys. The rate of sale to minors is now about 2-4% annual, with 11% being the highest.
 - Next steps for the Tobacco Prevention Program around this issues is to work with Woodland and Winters to get their enforcement rates up; incorporating flavored tobacco and e-cigarettes; and updating the West Sacramento policy.
- **Karen Strach, Yolo Food Bank**
 - Yolo Food Bank is the emergency food hub for Yolo County. Yolo Food Bank provides direct distribution of food in addition to working with 60 non-profits in the county to serve 92 different sites. Approximately 4.2 million pounds of food distributed a year, a quart of which is fresh fruits and vegetables. This is a 30% increase from last fiscal year.



Yolo County Health & Human Services Agency Community Health Branch

- **Craig Bloomberg, Sutter Health**
 - Friday, St. Johns will be hosting a case manager training. This training is for anyone who identifies as a case manager, so that the concept of client navigator continues to evolve.
- **George Pennebaker, Capay Valley Vision**
 - An early childcare center is being opened in Esparto.
- **Ashley Logins-Miller, Health & Human Services Agency**
 - The annual National Public Health Week Fair will be on April 6th. More information to come.
- **Haydee Dabritz, Health & Human Services Agency**
 - The [Mortality in Yolo County report](#) will be published online soon.

5. Questions & Next Steps

- **CHIP Sharing**
- **New Partners**
 - Please share the CHIP and meeting information with partners you know to have connections to the goals and priority areas. If you need assistance, please connect with Emily Vaden.
- **Dashboard launch in April**
 - The Community Health Branch has purchased a dashboard system. The CHIP Data will be entered into the dashboard, so that data can be shared electronically instead of just verbally. A limited number of licenses were purchased and in the future, some of those licenses may go to partners who are participating in the CHP. Additional features include the ability to customize views and data for each licensed user, strategy map visuals, graph visuals, and embedding data and other information onto websites. Emily and Ashley will unveil this system at the April Joint Work Group meeting.

6. Meeting Evaluation

Plus (+)	Delta (Δ)
<ul style="list-style-type: none"> • Spa water • Great, everything seems to be coming together. • Handouts 	<ul style="list-style-type: none"> • Fast past, could have slowed down a bit. Trouble following along. • Single sided if landscape.

2016 Chronic Disease Prevention Work Group Schedule

UPDATED 2/29/2016

Date	Time	Location
January 26, 2016	2:00 – 3:30	Bauer Building, Thomson Room
April 28, 2016*	1:30 – 3:30	Bauer Building, Thomson/Walker Rooms
August 3, 2016	1:30 – 3:00	Bauer Building, Thomson Room
October 27, 2016*	1:30 – 3:00	Bauer Building, Thomson/Walker Rooms

*joint meetings with all three workgroups.