



COUNTY OF YOLO

Office of the County Administrator

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FOR IMMEDIATE RELEASE

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Active Older Adults Invited to Join Wisdom Circle at the Davis Library

(Woodland, CA) – The Mary L. Stephens Davis Branch Library, located at 315 E. 14th Street in Davis, welcomes elders to join the ongoing group Active Older Adult Wisdom Circle on Thursday, April 14 from 11:00 a.m. to 12:30 p.m. in the Blanchard Room.

This free discussion group meets regularly on the second Thursday of each month to explore aspects of the conscious aging movement, share the accumulated wisdom of long lives and find effective ways to share and pass on legacies. Rabbi Zalman Schacter-Shalomi and Ronald Miller's book, *From Age-ing to Sage-ing* serves as a guide for discussion and activities.

No reservations are required, all programs are free to attend and new members are welcome to join. The Blanchard Room of the Mary L. Stephens Davis Branch Library is accessible for persons with disabilities.

For more information about the Active Older Adult Wisdom Circle, contact Joan Tuss at: (530) 757-5588 or joan.tuss@yolocounty.org. For more information about the Yolo County Library, visit: www.yolocountylibrary.org or connect with the Library on Facebook at: www.facebook.com/yolocountylibrary.org.

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