

# Please Join Us!



## Yolo County Maternal Wellness Summit

Thursday, May 12, 2016  
4:00-6:30pm

**Yolo County Health & Human Services Agency**  
Thomson-Walker Conference Rooms  
137 N. Cottonwood Street  
Woodland, CA 95695

**Please join for a series of brief presentations** that will **inform & inspire** you to understand why **maternal wellness** is critical for **communities to thrive**. Leave with information, tools and partnerships that will enable your agency, clinic and teams to feel empowered to begin to address maternal mental health in whatever setting you work.

**Who should attend:** Anyone serving or advocating families, those involved in policy & QA activities, clinicians/clinical staff, community based organizations, community leaders, researchers and those passionate about maternal/infant health and behavioral health.

### Agenda

- 4:00- 4:15 Networking & Welcome
- 4:15-4:30 A Mother's Story
  
- 4:30-4:45 Maternal Mental Health in Yolo County
- 4:45-5:00 The [Blue Dot](#) – the symbol, our campaign and the outcomes
  
- 5:00-5:15 C.A.R.E.S. Toolkit Preview  
(Training for community organizations)
  
- 5:15-5:20 [Maternal Mental Health Safety Bundle](#)
- 5:20-5:30 MD/Clinic Champion Recognition
- 5:30-5:45 Provider Mapping Project Results
  
- 5:45-6:00 Maternal Wellness Resource guide – a 211-PMHC Pilot
  
- 6:00-6:30 Closing Remarks & Opportunities for Blue Dot photos

RESERVE A SEAT BY TUESDAY 5/10/16

[CLICK HERE](#)

### Questions?

Contact Anna Sutton | [anna.sutton@yolocounty.org](mailto:anna.sutton@yolocounty.org) | (530) 681-0409

### Yolo County Perinatal Mental Health Collaborative Mission Statement

"Promote maternal wellness by developing & maintaining a system of care for Yolo County mothers at risk for or experiencing maternal mental health disorders"

