

# Yolo County MCAH Advisory Board

April 20, 2016

Minutes

STEPHEN NOWICKI, CHAIR

CAROLYN CAMPOS, VICE-CHAIR

## **YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

GONZALEZ BUILDING

25 NORTH COTTONWOOD STREET,

#177 CLARKSBURG ROOM

WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 20<sup>th</sup> Day of April 2016 in the Clarksburg room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

**VOTING MEMBERS PRESENT:** Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology;  
Katy King-Goldberg, Yolo County Children’s Alliance; John McKean, MD;  
Kathleen Middings, RN, Woodland Joint Unified School District;  
Stephen Nowicki, MD, PhD, FAAP; Dignity Health Woodland Health Care;

**VOTING MEMBERS ABSENT:** Barbara Boehler, CNM, CommuniCare Health Centers; Carolyn Campos RN, Sutter Davis Hospital;  
Jenifer Newell, RN, Sutter Davis Hospital; Tia Will, MD, Kaiser Permanente

**STAFF & GUESTS PRESENT:** Jan Babb, MSN, RN, PNP, HHSA Branch Director, Community Health; Sarah Edson, First 5 Yolo;  
Ronald Greenwood, Elica Health Center; Jessica Hackwell, Partnership HealthPlans of California;  
Ramy Hussein, HHSA, Community Health Branch; Ashley Logins-Miller, Secretary, HHSA;  
Laura Martinez-Chavez, Community Medical Center; Jaime Ordonez, HHSA, Child Youth and Family Branch;  
Sandra Rodriguez, Assistant Deputy to Supervisor Provenza; Laurie Somerhausen, HHSA, Community Health Branch;  
Anna Sutton, RN, PHN, MSN, HHSA, Community Health; Jennifer Travis, Help Me Grow;

**8:30 A.M. CALL TO ORDER**

1. **WELCOME AND INTRODUCTIONS** – *Stephen Nowicki, Chair*  
The April 20, 2016 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Stephen Nowicki, Chair*  
The Advisory Board did not achieve quorum.
3. **APPROVE THE [MARCH 16, 2016 MINUTES](#)** – *Stephen Nowicki, Chair*  
The Advisory Board did not achieve quorum.
4. **PUBLIC COMMENT**  
None at this time.

**PRESENTATIONS**

5. **MCAH DIRECTOR’S REPORT** – *Jan Babb*  
**HANDOUTS**  
[MCAH Director’s Report](#)
  - Jan Babb also shared that Joan Planell, the Director of the Health and Human Services Agency, recently resigned. Jill Cook, the previous Deputy Director, who had recently been assigned to the CAO office, will be stepping in on an interim basis.
  - Laurie Somerhausen shared that she just returned from San Diego where she was attending the California WIC Association Conference. At the conference, there was a great data presentation from WIC and MCAH on why pregnant women are not enrolling in WIC. Some highlights of the information:
    - Eligible non-participants were 11% of all the women with a live birth.
    - More likely to White, Asian Pacific Islander
    - More likely to speak English
    - Less likely to have Medi-Cal before pregnancy and also less likely to have Medi-Cal or CalFresh during pregnancy
    - More likely to have private insurance during pregnancy
    - When asked the reason for not enrolling during pregnancy where: didn’t think they would qualify, and a perceived lack of need.

- Close to reaching a data sharing agreement between WIC, CalFresh, and Medi-Cal. If a participant is on Medi-Cal, no further screening is needed for WIC.
- Statewide and locally, WIC has been on a downward trend for the last three years. California is still serving the highest percentage as a State.
- There is a proposal out to extend WIC until a child starts Kindergarten (age 6), in addition, extending postpartum participation to two years.
- Public Comment is currently open on WIC Food packages. Laurie will provide the information to MCAH Advisory Board.

**6. CHILD, YOUTH AND FAMILY BRANCH REPORT – Alissa Sykes**

- Jaime Ordonez shared that CHDP has a full hearing training for providers on Friday. In addition, there will be a vision training for providers next month.

**7. HHS SUGAR SWEETENED BEVERAGES CONSUMPTION REDUCTION – Laurie Somerhausen**

**HANDOUTS**

PowerPoint: [Sugar-Sweetened Beverage \(SSB\) Reduction Efforts as the HHS](#)

**8. MCAH Annual Report to Board of Supervisors Follow Up – Stephen Nowicki & Kathleen Middings**

[Video of Presentation](#) (select item 27 from the drop down)

- Stephen Nowicki and Kathleen Middings presented the MCAH Advisory Board Annual Report to the Board of Supervisors on April 5<sup>th</sup>. The whole morning of the Board of Supervisor’s meeting was a discussion on Child Welfare Issues, Public Health Hero, and access to public land, which all lead right into the maternal, child, adolescent health.
- Jan thanked Stephen and Kathleen for their patience and fantastic presentation. It is very important to have subject matter experts share their perspective on these issues.
- Stephen Nowicki offered up MCAH Advisory Board as subject matter experts and invited the Board of Supervisors to utilize that expertise.
- It is important to have the discussion about the upstream efforts when talking about the health and safety of the community.
- The presentation shared the priority areas that MCAH Advisory board has developed, including the Five Protective Factors, and ACEs and it was asked to consider those while making policy decisions.
- Yolo County Children’s Alliance is the Child Abuse Prevention Council. The Child Abuse Prevention Committee has been working for several years to have all agencies that work with families utilize the Five Protective Factors.
- The CAO office just completed a strategic plan with a priority area of Thriving Residents. The County will provide leadership in using evidence informed programs in the work that is done. Jan suggested a future presentation on the County Strategic Plan.
- Yolo County Resiliency Network has been focusing on updating internal work to be trauma informed and are now starting to reach out to the medical organizations.

**9. MEMBER ANNOUNCEMENTS/SHARING**

- **Katy King-Goldberg:** shared the [Right Start Commission: Rebuilding the California Dream report](#), which can be found here. It is a great example of a common language being utilized and much more holistic in address those five protective factors and trauma informed care.
- **Katy King-Goldberg:** If you are interested and will use them, Katy has a few English and Spanish printed Talk+Play=Connect tool kits. The toolkit is also found [online](#), where it is available in English, Spanish and Russian. If you would like more printed materials, such as postcards, please contact YCCA. In a couple of months, a follow up survey will be sent out on the utilization of the toolkits.
- **Laura Martinez-Chavez:** Community Medical Centers in Esparto has increased their hours to 30 hours a week.
- **Jessica Hackwell:** Partnership HealthPlans of California hosted a conference on PMAD conference over 250 participants from all 14 counties.

- **Jessica Hackwell:** SB2311, Bringing Postpartum Depression Out of the Shadows Act, is coming up for vote. The bill concerns creating a grant to provide funding to States to establish, expand or maintain programs to increase screening and referral of depression for women who have given birth in the prior 12 months. If you are interested in supporting, a template email and more information can be found [HERE](#). Anna shared that the Perinatal Mental Health Collaborative is also watching this bill, as well as others.
- **Sandra Rodriguez** shared that the 13<sup>th</sup> Annual Dia de los Ninos will be taking place on April 29<sup>th</sup> from 3:00 – 6:00 at Ferns Park. There will be over 25 agencies participating. The focus of the event is literacy and providing books to children.
- **Anna Sutton** shared that on May 12 from 4:00 – 6:30 will be the Maternal Wellness Summit. Results from the County wide mapping project will be shared there. In addition, Santa Clara and Humboldt counties have also created a Blue Dot modeled after the Yolo County one.
- **Jennifer Travis:** In alignment with the Perinatal mental Health Collaborative work, Help Me Grow is working on a short resource guide on 5 Protective Factors. In addition, the Help Me Grow call center will be starting next month.
- **Stephen Nowicki:** Woodland Health Care will have a child adolescent psychiatrist starting in June. In addition, there is approval to hire two PHD psychologists for diagnostic psychological assessments. Another big goal is to develop an in home early autism behavioral program based on Early Start Denver model. The program should be moving into a new space in the next few months. In addition, Stephen Nowicki has been reestablished with Beacon.
- **Early Start Denver Model Training Grant at Northern California’s Children’s Therapy Center.** May 15<sup>th</sup> will be the introductory training. The full advanced training will be in June. There are already five children identified to start therapy once the training is completed.

**ADJOURNMENT**

**Potential agenda items for May 18<sup>th</sup>**

- Perinatal Mental Health Collaborative Annual Report
- Community Health Improvement Plan Update and Dashboard
- Continued discussion about BOS report

**10:06 A.M. ADJOURNMENT**

Respectfully submitted by:



Ashley Logins-Miller, Secretary  
Yolo County MCAH Advisory Board