

COUNTY OF YOLO

Health and Human Services Agency

Joan Planell
Director

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Local Mental Health Board Meeting Minutes

Local Mental Health Board

Monday, April 25, 2016

Regular Meeting: 7:00 PM – 9:00 PM

600 A Street, Davis, CA, 95616 – Conference Room

Members Present: Brad Anderson; Bret Bandley; Richard Bellows; Lisa Cherubini; June Forbes; Martha Guerrero; James Glica-Hernandez; Nicki King; Sally Mandujan; Robert Schelen; Tawny Yambrovich

Members Excused: Sarah Hahn; Supervisor Don Saylor; Tom Waltz

Staff Present: Karen Larsen, LMFT
Mental Health Director / Alcohol and Drug Administrator
Makayle Neuvert, Secretary, LMHB Administrative Support
Emily Henderson, Assistant Deputy to Don Saylor

Community Members: Lindsay Weston

CALL TO ORDER

This meeting was preceded by a public forum held from 6:00-7:00 PM where open commentary and discussion was led by the Communication and Education Committee members.

1. Welcome and Introductions: The April 25, 2016 meeting of the Local Mental Health Board (LMHB) was called to order at 7:18 PM; introductions were made.
2. Public Comment:
 - Ally Lodigiani, a sophomore at Da Vinci Charter Academy and an intern with Supervisor Saylor's office, spoke about depression and anxiety among high ~~school-ers~~ schoolers¹. She commented that severe depression and anxiety problems were frequently seen among her peers and she is working on a project for high school and junior high students to get additional support and resources upstream of the issues tackled by the board in adults.
3. Approval of Agenda: **Motion:** James Glica-Hernandez, **Second:** Martha Guerrero, **Discussion:** None, **Vote:** Unanimous
4. Approval of Minutes from March 28, 2016:
Motion: Nicki King, **Second:** Richard Bellows, **Discussion:** Several edits were noted, of note is the addition of Lisa Cherubini to attendees present and the correction of Sarah Hahn as a member of the Budget and Finance Committee; **Vote:** Unanimous
5. Member Announcements
 - June Forbes announced the line-up for the next NAMI-Yolo general meeting including Karen Larsen, Dr. Leigh Harrington, and the heads of Yolo Community Care Continuum and Turning

¹ Correction made as a result of a 05/23/16 member request.

Point Community Programs. She also shared flyers for upcoming events: [NAMI Walks Walkathon and Bingo at the Odd Fellows Hall](#).

- Karen Larsen shared [May is Mental Health Month flyers](#) and green ribbons.
- Brad Anderson shared that the Section 8 housing list may open up in May. Karen offered to check with Yolo County Housing for more information.

CONSENT AGENDA

6. Mental Health Director's Report – Karen Larsen

- HHS Director: In response to an inquiry about the reasons behind Joan's leaving the department. Karen shared that although her leaving, though a surprise was her personal choice to resign. Karen is very confident in the strong HHS executive team. An organizational chart was requested again and will be updated and shared at the next meeting.
- 2016/2017 Budget: Karen was asked to share an overview of the budget status. Fiscal year 2016 – 2017 will be the first where the Agency is trying to integrate the three original HHS departments and also working in a new financial management system, Infor. A presentation on the Behavioral Health Services portion of the budget will be shared at the next meeting. Bob Schelen asked if any additional funding will be coming for transitional housing or other types of housing. Karen noted that we are likely pursuing funding streams but not necessarily through the traditional mental health streams.
- Whole Person Care Pilot: Karen confirmed that though this pilot complements the Partnership Healthplan grant recently awarded to the HHS, it would likely be funded with IGT (Intergovernmental Transfer) money as the match for the federal financial participation. She also noted that there is significant competition for the few pilot slots and the focus populations were different (persons experiencing homelessness versus older adult).
- Jail/Juvenile Detention Facility Contract: Highlights of the positive / winning aspects of CFMG's proposal were requested. Karen shared that the behavioral health component was separated from the primary care services, allowing for more competition, greater focus and the negotiation of two separate contracts. HHS is working hard to incorporate the feedback received on prior performance. The proposals received were competitive.
- MHS Plan Update: Karen clarified this is a one year plan update, with the new three-year plan coming next year. Challenges to the budget and needed financial clean-up have caused a minor delay which may necessitate an additional stakeholder meeting.
- June noted that the draft MHS update has been shared and the relationship to access to services as highlighted in the 2014 grand jury report is of importance. She requested that the plan components be listed in more specific language. Rather than "recommendations" and "reviews" the desire is to have a deliverable or action associated with it. Karen acknowledged what June was saying but noted that this level of work may need to wait until the three year plan where bigger projects and changes are tackled.
- Woodland Homelessness: Karen reiterated her excitement over the Woodland City Council's support of the Bridge to Housing 2.0 efforts. A property is still to be identified but there are new project ideas but several ideas are in progress. City funds are expected to fund a portion of an outreach worker and potentially a property manager. Advocacy in West Sacramento is appreciated and encouraged to keep the momentum going.

TIME SET AGENDA

No Place Like Home Resolution: Bob Schelen facilitated this discussion and shared a handout titled: [Senate Announces “No Place Like Home” Initiative To Tackle Homelessness in California - California Senate Legislative Package to Prevent and Address Homelessness in our Local Communities](#) which proposes to reconfigure funding from proposition 63 – giving funding to a housing first proposal at the State level. Bob and the LMHB acknowledged that as a body, they cannot take a position but considered asking the BOS take a position. Bob proposed a position of support. A sense of the board was requested then the topic was proposed for additional review and action at the next meeting. Following this, Martha Guerrero noted the LA example that has created a set of guiding principles on how to approach this topic and manage this funding. Per Karen, CBHDA has created a similar set of principles. Karen continued that there are pros and cons, with some concern from the County perception that there is risk associated with giving up money and then competing for it. The mid-May revise may offer more information.

Motion: Martha made a motion to develop a set of guiding principles to direct how funding is spent and to make this a more effective legislation when presented to the public. **Second:** Richard Bellows; **Discussion:** June asked for a comparison of the CBHDA principles and the LA principles noted by Martha. Martha shared an overview of the legislation’s proposal related to SSI payment, start dates and processing. Karen suggested that the SSI component would not impact Yolo County because we have a standing program where homeless people applying for SSI received expedited checks in 60 days and free legal support. Additional questions were raised about the connection of this legislation to MHSA funding and CalWorks and also the Assembly versus Senate versions. Action on this item was recommended for the May meeting. The motion was amended as follows: **The LMHB asks that the Board of Supervisors support HHSA in working with a set of guiding principles to make the No Place Like Home Resolution initiative as friendly as possible to Yolo County.**
Vote: Unanimous

REGULAR AGENDA

7. Board of Supervisors Report : None
8. Chair Report – Bob Schelen
 - a. Member Resignations, Appointments, and Re-Appointments: The following member resignations were acknowledged: Joshua Pozun and Davis Campbell.
 - b. LMHB Officer Election: A call for Chair, Vice Chair and Secretary nominations was made as May is the annual election of LMHB officers.
 - Chair: James was nominated by Tawny Yambrovich. James accepted the nomination and shared that as Chair he would focus on improvements in housing and stigma reduction. He is interested in participating with legislators and community leaders and is a firm believer that a Chair person is in services to the board.
 - Vice-Chair: Nicki Kings was nominated by James: Nicki accepted the nomination and spoke briefly to the critical service of the Vice Chair in supporting the Chair.
 - Secretary: Sally Mandujan was nominated by James. Sally accepted the nomination and spoke about her struggles with understanding some of the mental health content. She said this position would afford her the opportunity to learn and teach.
 - Secretary: Brad was nominated by Martha. Brad thanked Martha for the nomination but declined.
 - c. Legislative Ad Hoc Committee Report: See earlier comments regarding No Place Like Home Resolution.

d. Board Committee Reports

- Communication and Education Committee: The committee report was accepted and no comments were made.
- Program Committee: The committee report was accepted but noted to be lacking input from Linda Wight which is ([included here](#)).
- Budget and Finance Committee: The committee report was accepted and no comments were made.

ADJOURNMENT

9. Future Meeting Planning and Adjournment

- The next meeting will be held on Monday, May 23, 2016, 7:00 – 9:00 PM in the Arthur F. Turner Community Library Meeting Room at 1212 Merkley Avenue, West Sacramento, CA 95691. The next meeting will include a Public Forum from 6:00 – 7:00 PM, followed by a regular meeting from 7:00 – 9:00 PM.
- All members were encouraged to prepare for lengthy meetings in May and June. May's meeting is planned to include LMHB officer nominations, a HHSA behavioral health services budget presentation, a MHSA plan update presentation, and potentially an MHSA public hearing to precede the LMHB public forum.
- The meeting was adjourned at 8:30 PM



Northern California NAMI-Walks

When? Saturday, May 7, 2016, rain or shine

Check-in 8 AM followed by family-friendly warm-up
Entertainment at 9 and step-off for the 5K walk at 10 AM

Where? Village Green, Land Park, Sacramento

Why? NAMIWalks raises funds for free local Northern California NAMI programs including Helplines, Family to Family and Peer to Peer mental health education classes, Support Groups and presentations that educate a wide range of audiences about mental illness.

If NAMI has helped you or someone you know, here's your chance to pay it forward by walking with us or supporting us on line now!

To REGISTER or DONATE on line go to www.namiwalks.org/northerncalifornia. Search for these NAMI-Yolo teams - **Family and Friends Walkers** or **Yolo Walk for Recovery** - and continue with registration or donation.

**Davis
Odd Fellows**



Benefiting the Davis Community



**Mothers' Day Bingo
Davis
Odd Fellows Hall
Sunday, May 8, 2016**



415 – 2nd Street in Downtown Davis

Doors open at 12pm, play begins at 1pm

**Make this your special
outing on Mothers' Day.**

Bring that special someone, family or friend, for Bingo fun.

Benefitting



**THANK YOU Davis Odd Fellows for selecting NAMI-Yolo to be
the recipients for the May BINGO event.**



Yolo County Department of Health Services

May is Mental Health Month 2016

MAY 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Mental Health Month

Since 1949, Mental Health Month has been observed in May. The purpose is to raise awareness about mental illnesses, such as depression, schizophrenia and bipolar disorder. Additionally, we aim to draw attention to suicide and to educate our community about mental health disorders, while reducing the stigma that surrounds them.



HALF OF US WILL EXPERIENCE A MENTAL HEALTH CHALLENGE IN OUR LIFETIME. ALL OF US HAVE A REASON TO SPEAK UP.

CALENDAR OF EVENTS

- **05/04**, 6:30 PM – 9:00 PM: Forum NAMI First Wednesday: Key Local Mental Health Services St. Martin’s Church Community Room, 640 Hawthorn Lane, Davis
- **05/05**, 11 AM- 2:00 PM: MIMHM Kick off & Cinco de Mayo Salsa Bar, West Entrance Lobby – Bauer Building
- **05/05**: SAMHSA Children’s Mental Health Awareness Day
- **05/06**, 10:30 AM – 2:30 PM: 8th Annual Yuba Sutter Mental Health Wellness and Recovery Rally, 1965 Live Oak Blvd., Yuba City. Contact: Kristen Cline (530) 666-8630 for details
- **05/07**, 9:30 AM Registration/10:00 AM Walk: NAMI Walks 2016, William Land Park, Sacramento, Register at: www.namiwalks.org/NorthernCalifornia
- **05/08**, 12:00 PM Doors Open/Bingo 1:00 PM, Odd Fellows Bingo game benefiting NAMI Yolo, Odds Fellows Lodge 415 2nd Street Davis
- **05/12**, 12:00 PM – 1:00 PM: Brown Bag Screening of “ A New State of Mind: Ending the Stigma of Mental Illness” Video, Walker/Thomson - Bauer Building
- **05/12**, 4:00 PM – 6:30 PM, Yolo County Maternal Wellness Summit, Walker/Thomson- Bauer Building. Contact: Anna Sutton (530) 681-0409 to register.
- **05/23**, 4:30 PM: Art Submission Deadline - 5th Annual MHA Wellness Center Consumer Art Show
- **05/24**, 9:30 AM – 12:30 PM, Mental Health Matters Day, event hosted by Mental Health America of California, West Steps - State Capitol
- **05/26**, 1:00 PM – 3:30 PM: 5th Annual MHA Wellness Center Consumer Art Show, “Bright and Bold”, Thomson Room - Bauer Building. *Come cast your vote for your favorite art pieces!*
- **05/27**, 10:00 AM – 12:00 PM: 5th Annual MHA Wellness Center Consumer Art Show, “Bright and Bold”, Thomson Room - Bauer Building. *Come cast your vote for your favorite art pieces!*
- **05/27**, 3:00 PM – 3:30 PM: 5th Annual MHA Wellness Center Consumer Art Show, “Bright and Bold” People’s Choice Award Presentation, Thomson Room - Bauer Building.
- **05/30**: Memorial Day – County Offices Closed

MAY TRAININGS

- **05/04**, 1:30 PM – 3:00 PM: How Work Income Affects Social Security Benefits, Thomson Room - Bauer Building. *Participation limited to Working Consumers.*
- **05/04**, 1:30 AM – 2:45 PM SafeTALK: Administration Building – Atrium Training Room, Register by emailing: MHA-MHTrainings@yolocounty.org
- **05/05**, 8:30 AM – 10:00 AM: Question.Persuade.Refer. (QPR), Suicide Prevention Training, Walker/Thomson Conference Room – Bauer Building
- **05/13**, 9:00 AM – 4:00 PM: WISE Navigating Conflicts between Recovery and Medical Models of Care, Walker Room – Bauer Building

Questions or to Register: Contact Kellymarie Chen, MHA Office Support Specialist at (530) 666-8537



WELLNESS • RECOVERY • RESILIENCE

YOLO COUNTY MHSA INVITES YOU TO:

JOIN US FOR THE *MAY IS MENTAL HEALTH MONTH* KICK OFF

WHEN: May 5, 2016

WHERE: Bauer Building – West Entrance **In front of the Wellness Center*

WHAT:

- Visit the Salsa Bar – Happy *Cinco de Mayo!*
- Show your support for breaking stigma, Sign a green ribbon for our awareness wall and pick up a ribbon to wear!
- Support the Each Mind Matters campaign by taking a Selfie at our Selfie Station.





MAY IS MENTAL HEALTH MONTH

**BRING YOUR LUNCH AND JOIN US
FOR A NOONTIME SCREENING OF
*A NEW STATE OF MIND: ENDING THE STIGMA OF MENTAL ILLNESS***

ALL ARE WELCOME!!

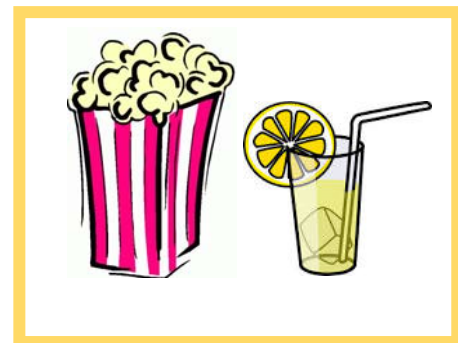
WHEN: May 12, 2016

WHERE: Walker/Thomson Conference Rooms (Bauer Building)

ABOUT THE FILM:

A New State of Mind: Ending The Stigma of Mental Illness is a documentary that was created by KVIE-TV, Sacramento's public television station, and narrated by award-winning actress and mental health advocate Glenn Close.

One in four American adults are living with a diagnosable mental illness in a given year, but many of them are afraid to reach out for the help they need. "A New State of Mind" features just a few of the millions of Californians who are refusing to stay silent while untreated mental illness takes an unnecessary toll on our families and communities. Their stories of hope, resilience and recovery will change the way you think about mental illness.



YOLO COUNTY HEALTH AND HUMAN SERVICES
ADULT AND AGING BRANCH
MAY IS MENTAL HEALTH MONTH SPECIAL EVENT

FREE TRAINING!

OPEN TO ALL INTERESTED INDIVIDUALS
YOLO COUNTY HEALTH & HUMAN SERVICES STAFF
PROVIDER STAFF AND COMMUNITY VOLUNTEERS

QUESTION—PERSUADE—REFER

“ Q-P-R ”

SUICIDE PREVENTION TRAINING

THURSDAY, MAY 5, 2016

8:30-10:00 a.m.

WALKER-THOMSON ROOM, BAUER BUILDING

137 COTTONWOOD ST., WOODLAND

To register for this free class, e-mail your contact information
to MHSA@yolocounty.org [Subject: QPR Training]

Questions? Call Kellymarie at 530-666-8537

We can all save lives.

“The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.” —www.qprinstitute.com

Linda Wight's Advocacy at Community Input Meeting

Therapeutic transitional housing

Door-to-door transportation

Support for social interaction with the community,
not just in the mental health setting

Better coordination of services between the various agencies*

More:

Local Board & Care

Supported vocational education

Supported employment

*Establish & maintain a trusting partnership between client & one primary
MH worker regardless of which other programs serve the client