

# Mental Health Services Act Prevention and Early Intervention Community Training Schedule

**ALL TRAININGS ARE PROVIDED FREE OF CHARGE TO THOSE WHO LIVE, WORK,  
ATTEND SCHOOL OR VOLUNTEER IN YOLO COUNTY.**

## PRE-REGISTRATION IS REQUIRED

Training descriptions:

<p style="text-align: center;"><b>Mental Health First Aid (Adult)</b> <b>Tuesday &amp; Wednesday March 30 &amp; 31, 2016</b> 8:30 am to 12:30pm each day (must attend both days) Gonzales Building (DESS)   Community Room 25 N. Cottonwood St. Woodland, CA 95695</p>	<p style="text-align: center;"><b>SafeTALK (Suicide Prevention)</b> <b>Tuesday April 21, 2016</b> 8:00 am to 12:00pm each day Gonzales Building (DESS)   Clarksburg Room 25 N. Cottonwood St. Woodland, CA 95695</p>
<p style="text-align: center;"><b>Mental Health First Aid (Youth)</b> <b>Tuesday &amp; Thursday April 26 &amp; 28 2016</b> 8:30 am to 12:30pm each day (must attend both days) Administration Building   Atrium Training Room 625 Court St. Woodland, CA 95695</p>	<p style="text-align: center;"><b>SafeTALK (Suicide Prevention)</b> <b>Wednesday, May 4, 2016</b> 8:30 am to 12:30pm each day Administration Building   Atrium Training Room 625 Court St. Woodland, CA 95695</p>
<p style="text-align: center;"><b>Mental Health First Aid (Youth)</b> <b>Tuesday &amp; Wednesday June 7 &amp; 8 , 2016</b> 8:30 am to 12:30pm each day (must attend both days) Gonzales Building (DESS)   Community Room 25 N. Cottonwood St. Woodland, CA 95695</p>	<p style="text-align: center;"><b>Mental Health First Aid (Adult)</b> <b>Tuesday &amp; Wednesday June 28 &amp; 29 , 2016</b> 8:30 am to 12:30pm each day (must attend both days) Administration Building   Atrium Training Room 625 Court St. Woodland, CA 95695</p>

**SafeTALK:** This 4-hour training helps prepare community members to identify persons with thoughts of suicide and connect them to suicide first aid resources. The class is open to anyone fifteen (15) years of age, or older.

**Youth Mental Health First Aid:** This is an 8-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents. This course is open to anyone age eighteen (18) or older who regularly works or interacts with youth.

**Mental Health First Aid for Adults:** This interactive 8-hour course is basic in design to help inform the **general public** about mental health concerns and offer ways to support others in our community, while helping to reduce stigma surrounding mental illness. This course is open to anyone age eighteen (18) or older.

To Register Contact us at :  
Email: [MHSA-MHTrainings@yolocounty.org](mailto:MHSA-MHTrainings@yolocounty.org)  
Phone: (530) 666-8712 (MHSA Voicemail)

All programs are provided by Yolo County Health & Human Services Agency and supported by the Mental Health Services Act (MHSA)

Updated: 03/25/2016

