

# Are you Prepared?

Nearly half of U.S. adults do **NOT** have the resources and plans in place in the event of an emergency.

Store a **3-day supply** of water: one gallon per person, per day.

Store at least a **3-day supply** of non perishable, easy to prepare food.

**44%** of Americans do **NOT** have first aid kits.

**48%** of Americans do **NOT** have emergency supplies.

**20%** of Americans get emergency info from mobile apps. Keep a charger handy in an emergency.

**20%** of Americans use social media for alerts and warnings. Make sure to keep a charger handy in an emergency.

**52%** of Americans do **NOT** have copies of crucial personal documents.

Don't forget your pets! You need a **3-day supply** of food and water per pet.

Prepare supplies for home, work, and vehicles. Emergencies can happen anywhere.

For more information visit: [emergency.cdc.gov](http://emergency.cdc.gov)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention